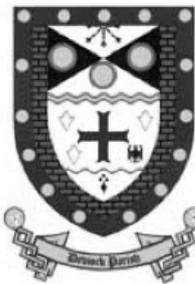


# NUT TREE

April 2019 Volume 34 (1)



Please email copy for NUT TREE to [nuttree.editor@yahoo.com](mailto:nuttree.editor@yahoo.com), or send hard copy to 'Tremaye' Donderry PL11 3LL by the 17<sup>th</sup> of the preceding month. Any enquiries email or ring 01503 250629. Please note that the Community Bus coffee morning for April is on the 19th, which is Good Friday.

**Nature** - Common frogs breed early in the year and in Cornwall spawning has been noted before Christmas. Every January I look out for frogspawn in the Seaton Valley and over two weeks this year I was able to witness the increase in clumps. At this site the water is just a few centimetres deep and can be susceptible to very cold weather or drying out. In early March, however, the tadpoles seemed to be doing well. Toads spawn later and in February I came across some spawning amongst vegetation in one of the large ponds. Their spawn is more difficult to see in its characteristic strings. At home toads have spawned too in my garden pond. I also have palmate newts and they lay eggs individually on water plants. It is often thought that the toxic skin of toad tadpoles renders them safe from predation, but diving beetles for example can suck out the internal parts and avoid the skin. Garden ponds have become a lifeline for amphibians, considering the loss of habitat and pollution elsewhere. The addition of fish to ponds for sport or ornamental reasons has not helped either. Of course much depends upon the size of your pond and toads tend not to do as well as frogs in a smaller one. On the other hand there is one disadvantage in that garden ponds, especially in towns, are by their very nature isolated from each other. There is a risk of inbreeding that can lead to amphibians being sensitive to disease. The occasional mixing of spawn between ponds is helpful. Alan Payne

## **From the Parishes- St Germans**

The most difficult thing about being a Parish Councillor is the frustration. Getting things done seems to take forever but things do eventually change. The wall at Branchcombe Cottage has been repaired, the traffic markings in Polbathic have been renewed and the fence in Treland Play Park has been replaced. We are still meeting with Port Eliot to get the lease renewed at Tideford Play Park and have now had to put some equipment out of use but we have plans to repair or replace it as soon as the lease is sorted.

Please try to get to one of the traffic consultation meetings.

1) Tideford British Legion on 1<sup>st</sup> April – 2pm to 8pm

2) Polbathic Village Hall on 4<sup>th</sup> April – 2pm – 8pm

Or 3) St Germans Eliot Hall on 1<sup>st</sup> May – 2pm – 8pm

If no one turns up we must assume all is perfect.

Spring is with us again and we are trying once more to get some wild flowers to grow in the cemetery area. Sunken areas are due to be restored as soon as the moles have gone. The hedges have been cut already. The next Council meeting is on 29<sup>th</sup> April at Eliot Hall, St Germans at 7.00pm which is the Annual Meeting.

## **Deviock**

### **Date of next meeting:**

Parish Council Meeting: 11th April 2019, 7.30 pm at Dowederry Methodist Church

Planning Committee: 25th April 2019, 6.30 pm (if required) at Dowederry Methodist Church

Annual Parish Meeting: 2nd May 2019, 7.30 pm at Dowederry Methodist Church

### **Dowederry Memorial Gardens**

A group of gardening volunteers meet once a month on Saturday mornings 10 am - 12 noon to help maintain and improve these gardens which are a great local asset.

Please come along and join in.

The list of dates for 2019 are 13th April; 11th May; 15th June; 20th July; 17th August; 14th September & 12th October

### **Deviock Parish Council Loan Fund**

The Council provides interest free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the councillors if your organisation thinks it could benefit from this service.

The Deviock Parish Office is at:- The Vestry, St. Nicolas Church, Main Road, Dowederry. PL11 3LE Tel No. 01503 250 052 [clerk.deviockpc@btinternet.com](mailto:clerk.deviockpc@btinternet.com)  
Opening hours: Wednesdays 2pm - 4pm, Thursdays: 9am - 12 noon  
Check out [www.deviockparish.org.uk](http://www.deviockparish.org.uk) (agendas and minutes are available there)

## News from Cornwall Council

Cornwall Council has obtained grant funding to develop schemes that use technology to combat a range of issues such as social isolation, falls and frailty. People who are at risk of being socially isolated, for example after a spell in hospital, could soon have an Echo Spot installed in their home to allow them to communicate with a loved one more easily. Age UK put forward the bid for the Cornwall Council led project which will allow people to use technology in a variety of ways such as making video calls, setting reminders and accessing Cornwall link, the Age UK information portal, as well as others resources at home. In another successful bid from Plymouth University Echo Spots will also be used in care homes to improve the well-being of hundreds of residents, for example, to play music from different eras to enhance the lives of people living with dementia. Such devices can also stimulate and help with reminiscence through music. Cornwall Council aim to get these installed in the majority of care homes across the county. This then provides a large “user base” for small companies to develop apps to meet the needs of care homes. For more information—[www.cornwall.gov.uk/tecgrants](http://www.cornwall.gov.uk/tecgrants) or [www.ageuk.org.uk/cornwall](http://www.ageuk.org.uk/cornwall) What a good news story. Liskeard Library is due to undergo a major renovation as part of an innovative partnership between Cornwall Council and the local community group, the Real Ideas Organisation (RIO) The current library at Barras Street will close at 1 pm on Saturday 30<sup>th</sup> March 2019 to allow for the planned refurbishment to take place. From April 1<sup>st</sup> a library service will be provided by Cornwall Council at Luxstowe House in Liskeard for the duration of the works. The temporary library will be open Mondays to Fridays from 9am to 5 pm and parking will be available. Customers will have access to 1,600 fiction, non-fiction and childrens books and use the click and collect service to reserve books, DVDs and music CDs free online for collection from the temporary library. There will also be free access to Wi-Fi and computers and staff will be on hand to answer questions, provide a referral service and show customers how to access library and council services on line. I hope this news about the temporary closure will help local residents who may wish to use the main library. If I can help with any Council related issues please contact me on 01503 220768 or [richard.pugh@cornwallcouncillors.org.uk](mailto:richard.pugh@cornwallcouncillors.org.uk)



## Seaton Butterfly Garden

We have had work done on cutting back a lot of the overgrown shrubs/trees, thank you to the Parish Council and Oak, which means you can see the garden from the countryside park now, and the primroses and daffodils are looking delightful. As always at this time of year, the grass and weeds will start to take off, so we are having a working party on the second Monday in April - the 8th, please come along 10-12.30ish, and do what you can, even just pulling up the "stick stuff" weeds would be a great help. We saw our first caterpillar on the nettles, so things are on the move, Hope to see many of you on 8th April Heather 25029

## Memory Cafe

There are vacancies for volunteers at Downterry Memory Café. The Café invites people with some memory loss, or who are at risk of memory loss, to be guests. People with memory loss can become isolated and bored; they and their carers can feel undervalued and frustrated. The Café aims to be a place where individuals are able to be themselves and have stimulation and friendship and enjoyment. The Café meets fortnightly in Downterry Methodist Church, the ZONE, from 2.30-4.30. Each meeting concludes with a good tea. The Café is overseen by the Cornwall Memory Forum, based at Truro. Volunteers are the key to the Café's success. We have quite a number, but need more.



Vacancies for 2 people to join the back up team; people who don't necessarily come to the meetings but can guide the administration of money, programming, following legislation, keeping adequate records. Vacancies for 3 people to join the team of those who prepare for meetings, make a welcoming atmosphere, are focussed on the people attending, both guests and carers. We need people who will share their views and suggestions in order to keep us responding as well as can be to the needs of the guests and carers. Please contact Margaret Sylvester-Thorne, (*phone number or email address, Margaret?*) or Heather Blacker 01503250381 [hrblacker82@gmail.com](mailto:hrblacker82@gmail.com) to find out more and hear about how to start. Support and training will be given.

## Downterry and District Community Bus



We are changing chairman of the Bus organising committee. A big vote of thanks is due to Steve Liddicoat, who has chaired the association for the last three-and-a-half years and has kept us in good shape. Many thanks too to Fiona Liddicoat, who has been both driver and duty officer for several years, both vital functions in the organisation. I am taking over as chairman (Kevin Done, 01503 250911 or 07770 472375, and [kevindone@hotmail.com](mailto:kevindone@hotmail.com)), so please get in touch with any bright ideas and suggestions for how we can improve and expand the operation. And any brickbats, please throw them gently. In addition Jem Hall (01503 250147) has joined the committee and will replace me as vice chairman. Please contact either of us on community bus business. A big thank you to all our loyal passengers. You are our best ambassadors, so please do all you can to persuade friends and neighbours and visitors of the joys of using the community bus. Never has the old cliché been more true, we use it or we lose it. Can I remind you, that we have started up a service to Looe on the first Monday of each month. It leaves Downterry at 11.30, allowing good time for a stroll, some shopping and a long lunch, and returns from Looe at 3pm. On April 26 the excursion will be to Porthleven and takes in the food festival, while on May 17 the excursion will be to Fowey and includes the Daphne du Maurier festival. Finally from April 1 we are making a modest increase in fares roughly in line with inflation. (Kevin Done).

DATE		DESTINATION	DEPART	LENGTH STAY	FARES SINGLE	RETURN
<b>April</b>						
Monday	1	Looe	11.30am	4 Hours	£1.50	£2.10
Tuesday	2	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	4	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Tuesday	9	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	11	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	12	TOTNES	9.30 am	4 Hours	£4.10	£5.70
Saturday	13	Trago Mills	2.00 pm	2.25 Hours	£3.00	£3.40
Tuesday	16	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Wednesday	17	TRURO	9.30 am	4 Hours	£4.60	£6.20
Thursday	18	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	19	Coffee Morning + 300 club, Village Hall, 10.30-12.00 noon £1.00				
Tuesday	23	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	25	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	26	Porthleven Food Festival	9.30 am	4 Hours		£9.00
Tuesday	30	Plymouth	9.30 am	4 Hours	£2.70	£3.90
<b>May</b>						
Thursday	2	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Monday	6	Looe	11.30am	4 Hours	£1.50	£2.10
Tuesday	7	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	9	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	10	Tavistock	9.30 am	4 Hours	£3.60	£5.15
Saturday	11	Trago Mills	2.00 pm	2.25 Hours	£3.00	£3.40
Tuesday	14	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Wednesday	15	TRURO	9.30 am	4 Hours	£4.60	£6.20
Thursday	16	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	17	Fowey - Daphne du Maurier Festival	9.30 am	4 Hours		TBA
Friday	17	Coffee Morning + 300 club, Village Hall, 10.30-12.00 noon £1.00				
Tuesday	21	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	23	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Tuesday	28	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	30	Liskeard	9.30 am	2 Hours	£1.90	£2.60
TO BOOK SEATS TELEPHONE DOWNDERRY (01503) <b>250611</b> Mon-Fri 9.00am-5.00pm						
<b>Under 5's to be accompanied by a responsible adult.</b>						

## Downderry and District Community Bus 300 Club

The community bus held its March coffee morning and the draw was made for the 300 Club. The winners were:- 1st. No. 110 Sylvia Hammond, 2nd. No.79 R&M Louvelle, 3rd. No. 4 Veronica Hirst. However 16 people did not renew their number in time for the draw!! sorry folks, you have to be paid up-to-date to win!! The next coffee morning will be held in Downderry and Seaton Village hall on Friday 19th. April, GOOD FRIDAY. JO WOODLEY (01503250489)

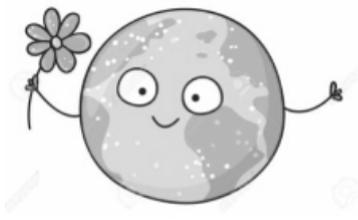
## Eliot Hall, St Germans

Table Top Sale Saturday 13th April 10 am to 2 pm

Visit our Spring table top sale to seek out some bargains. Pasties and refreshments served. Some tables for sellers still available - contact Peter Daw 01503 230505



## Simple Ways to Help Protect our Planet.....



Last article I extolled the joys of planting trees. This month is a great time to get pollinator friendly seeds to germinate; try calendula, cosmos, foxgloves or poppies. Look out for the bee friendly sign on the packet, and try to choose simple, non double varieties, which are easier for pollinators to access. This month my focus is on local. Buying local is one of the easiest and most effective ways to reduce your carbon footprint. One of the biggest problems is that we live in a system where success is measured by economic growth, and it's almost impossible to spend money without impacting on the environment . However we as consumers do have power to drive change. By buying local you can support local farmers, encourage food production that is beneficial and give a better quality of employment. By using local labour you are likely to have a network of tradespeople to call when you have a crisis. We are very lucky in our parish to have a number of shops. This was especially handy in early February when the snow came. However in order to stay viable, they do need to be supported. Although the bottom line price may seem cheaper, supermarkets are cleverly designed to assist us to part with our money. You may only intend to buy a pint of milk, but suddenly you find ten other things in the basket. A supermarket will employ one hour of staff time for every £200 spent. For a local shop it is £40. It is easy not to count the cost of time and fuel in getting to a supermarket. Shopping locally is social. You will meet people, and people will be glad to see you. You can start to have a say in what is stocked, and if some exotic ingredient is required, then usually it can be sourced as a special order. There's also the opportunity to volunteer in St Germans and Crafhole. I volunteer in St Germans shop on Sunday and it's great fun to play shopkeeper, which can involve giving tips on local practicalities, or the best recipe for soups and cakes, as well as catching up with friends old and new. Tips for plastic free shopping: Take your own tupperware containers for meat and fish, net bags for vegetables and fruit. Choose unwrapped vegetables or order a weekly organic veg box from Keveral. Keep foldaway bags in your handbag and car, buy a reusable water bottle and a reusable mug for hot drinks. Have a litter bag to hand when you go to the beach or for a walk in the country. If you're on Twitter use the hash tag #TwoMinuteBeachClean. Finally don't forget: switch to 100% renewable energy if you haven't already done so. Good Energy and Octopus Energy are worth a look. L.S.

## Scottish Dancing at the Eliot Hall, St Germans

Scottish Dancing is happening every Thursday in the Eliot Hall from 7pm – 9 pm and only costs £2.50 a session which is payable only for each session attended. There is no joining fee or advanced payment. It is for all ages and genders and is an excellent way to get active and use your brain as well as being great fun. You don't have to live in St Germans to join so just come along for a taster session and you will soon be hooked!

## St Germans & District Garden Club

This month we welcome back John Price on Wednesday 17<sup>th</sup> April at 7.30pm in the Eliot Hall to talk to us on 'Everything is somebody's wild flower'. Come and join us for what promises to be an interesting subject. Visitors always welcome.

## Messy Church at St Germans Methodist Chapel

Easter Saturday, 20<sup>th</sup> April, 2019



Messy Church in St Germans begins again at the Methodist Chapel on Saturday 20<sup>th</sup> April (Easter Saturday) from 10.30am – 12 noon.

It will then be held on the third Saturday of each month at the same time. Messy Church is for all the family and involves fun crafts and activities based around a Bible theme, a story, music and concludes with everyone sitting together to share a meal. Everyone is welcome whether a member of any church or no church. This is about the community coming together to have fun. Do please join us and of course, being Easter, activities will all revolve around that theme including an Easter Egg hunt. For further information ring 01503230449 or email [reed.evelyn@gmail.com](mailto:reed.evelyn@gmail.com)

## Bus and Train News

**Buses:** some advance news about the timetables scheduled to start on Tuesday 28<sup>th</sup> May. A new **71 service** will run between Liskeard, Menheniot, Polbathic, St Germans and Saltash. There will be 3 buses a day from St Germans to Saltash, and 5 a day in the other direction. The first bus to Liskeard will be at about 10.20, and the first to Saltash at 9.40. The last buses back from Saltash will be at 4.40 and 5.40 in the afternoon. There will be a meeting to talk about the new 71 timetable and other bus matters on **Tuesday 21<sup>st</sup> May, 11 a.m.**, in Eliot Hall: put a note in your diary. James Church from Plymouth CityBus will be there. The **75 service** will revert to its former route and timetable. Thus, there will be 5 buses a day, each way, and journey time from Donderry to Liskeard will be about 25 minutes. Once the timetables have been confirmed we'll publish the full details of both the 71 and the 75 services.

**Trains:** The summer timetable starts on 19<sup>th</sup> May. As ever, there will be a High Summer timetable in July and August - so watch for further changes then. There will be various **additional trains** in the period starting in May, compared with previous years. Monday to Friday probable **additions** down through Cornwall at 7.50, 9.17, 10.51, 15.52, 17.01; and additional trains up to Plymouth at 11.54 and 18.49. Saturday changes probably include additional down trains through Cornwall at 08.00, 10.08, 12.02, and 15.02; up to Plymouth at 14.24, and the last train going through later at 22.51. As last year, there will be a Public Transport Group meeting in June when you can discuss trains AND buses. Finally a big THANK YOU to those putting money in the collecting box in St Germans Community Shop in February. Your contributions will help us publicise services and continue to press for improvements. Alan Cousins. 230106

## Downderry and Seaton Village Hall

Current membership of the Village Hall runs from our AGM, which was held on 1 March 2019, to the end of February 2020.



Please support us by becoming a member or renewing your membership this month. The annual membership fee is £7.00 per person and juniors (14-15 years old) £3.50. You can now join or renew your membership via our website ([www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk)), speak to a Committee Member and as usual, collectors will also be visiting current members to collect your subscription. Would you like to make a difference to our amazing community? Do you have some spare time to help organise and run events in the village? If the answer is yes, then please consider joining the Downderry and Seaton Village Hall Committee which has three vacancies. For more information please contact Susan Slyfield on 01503 250811, Val Glastonbury on 01503 250536 or any Committee Member.

If you are organising an event this year and need somewhere to hold it, the Downderry and Seaton Village Hall could be just the place you are looking for. It costs £8 per hour and this includes the use of table, chairs, kitchen utensils and tea and coffee making facilities, for the serving of light refreshments. Check out [www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk) for details of our facilities and availability via the online calendar or contact the Booking Secretaries, Keith and Mandy Smith on 01503 250412.

**Downderry and Seaton Village Hall Events** Our next **COFFEE MORNING** is on **Tuesday 2nd April 10am to 12 noon**. Enjoy tea or coffee and a Hot Cross Bun. There will be a Bric-a-Brac and Book Stall and raffle tickets will be on sale for the morning draw. All are welcome, including well behaved dogs.

Date for your diary, **Friday 12th April, SHEER INDULGENCE CONCERT**. Doors open 7pm for 7.30pm start. Tickets cost £5 and there will be a licensed bar. Go to our website for more information ([www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk)) or see posters around the villages.

Eye's down it's **BINGO** time. Join us **every Thursday in April** for a fun evening. Doors open at 6.30pm for a 7.30pm start. Drinks and snacks can be purchased and there's always a great raffle. And one definitely not to miss is our **Easter Bingo** on **Thursday 18th April**, when there will be even more for you to win.

Join us at our **BIG BREAKFAST** on **Saturday 20th April, 10am to 1pm**. Enjoy a hearty breakfast and pick up a bargain on the Bric-a-Brac and Book Stall.

As a result of popular demand we will be opening our second **POP UP PUB and SNACK BAR** on **Easter Monday, 22 April, 11am to 4pm**. Why not try our delicious bacon and egg butties, There will also be other snacks, teas, coffees and soft drinks and a license bar selling, wine, beer, lager and cider.

**ART & CRAFT SHOW 2019, 27th July to 4th Aug**. If you'd like to book a table at this annual and very popular event, go to [www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk) where you will find details and a booking form, or contact Keith or Mandy Smith on 01503 250412. Closing date for booking tables is Friday 17th May.

## **Downderry and Seaton Carnival July 2019**

This year's Carnival has something for everyone and without your support and involvement we won't be able to keep up the tradition of the Carnival and Parade.

Nominations are now open for the **Carnival Monarch 2019** which can be a boy or girl, under the age of 16, live in the Deviock Parish and be available from 29th June to Sunday 14th July to open appropriate events, say a few words and present prizes. An online nomination form is available on [www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk) Closing date for nominations is **Monday 27th May 2019**.

**Carnival Golf Event** - The Golf event will take place on **Friday 12th July** at Whitsand Bay Golf Club. Stableford rules will apply. For more information and to reserve a place, please contact Keith Smith on 01503 250412.

Other dates for your diary - Picking of the Carnival Monarch (**1st June**), Crowning of the Carnival Monarch followed by children's entertainer (**29th June**), Children's Bingo and Disco (**5th July**), Family Treasure Hunt (**6th July**), Carnival Day Parade followed by BBQ, Bar, refreshments, stalls, bouncy castle and face painting (**7th July**), Quiz (**12th July**), Beach BBQ following the Raft Race (**13th July**) and to end it all the Seaton Family Fun Day (**14th July**). As details are finalised, they will be added to [www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk), so please keep checking it for more details and follow us on Facebook. All proceeds for the above events go to the Village Hall.

## **St Germans THURSDAY CLUB**

Our 14th March Sampler Session was lively. Joplin ragtime tunes played in the background as we set out tables and chairs, sort of keep-fit! We hope to include 5-15 minutes of exercises, adjusted for all levels, during future Thursdays in the Hall.

Our new chairperson Brenda Crago welcomed members new and old. Absent friends were mentioned, and a get well card for one of our members was circulated and signed. The new programmes were given out and we had a very constructive discussion about the TBA (to be arranged) outing on July 11th. We have booked the bus, and the where-to will shortly be shared here. The buses we hire are the Maker with Rame community bus, the Downderry community bus (half-day trips), and the Saltash Hopper. Many thanks to these three volunteer organisations for being so efficient, helpful and friendly.

April 11th - our speaker is Philip Stansfield, founder of the Cornish Cheese Company; he will bring samples to try, and cheeses to purchase. Eliot Hall at 2:30 pm. Raffle and refreshments. Visitors welcome. April 25th - our first outing of 2019. We will be visiting Tartendown Nursery in Landrake; leaving St Germans at 2 pm.

Watch this space for Club outings - enquiries/bookings to Trish Gregory 01503-230697 Non-members welcome on outings; priority to members, of course. Membership only £10 a year. Report by Sue Cousins 01503-230106

## Jazz Rock Cafe



St Germans Priory welcomes you to the Jazz Rock Cafe on Friday 5<sup>th</sup> April at 7.30pm with music from 'Miss Marlene'. This is an informal evening to enjoy smooth jazz-rock music in a relaxed atmosphere. Small savouries will be available and wine and fruit juice will be on sale. Everyone is welcome to come along and enjoy the music of 'Miss Marlene'. The musicians are: Tricia Rogan - Vocals, Geoff Clark- Keyboard, Felicity Clark - Tenor Saxophone and Flute, Mark Flack - Bass Guitar, David Ball - Drums.

We look forward to seeing you. All Donations to the Priory Trust.

## News from Donderry & Seaton Residents Association – DaSRA

The Beach Clean day on 9th March did not disappoint. Starting with the sumptuous 'Soup and Pud' lunch in St. Nicolas' Church which also gave village local groups - Save the Children, St. Germans and Donderry Patient Participation Group, St. Nicolas Pastoral Team and the Women's Institute an opportunity to sell their wares and explain to locals what their activities entail. As lunch time approached some of the beach cleaning folk arrived, including the Looe Marine Conservation Group organiser, Amelia and The Yellow Fish representatives John and Steve. After a hearty lunch they were off down to the beach and while at first it looked like the cleanest beach in Cornwall because dog walkers and beach visitors litter pick every day, 60Kgs of rubbish including ghost fishing gear in the rock armour, polystyrene balls in the strandline and tens of plastic bottles scattered around were taken out of circulation. The army of over 60 volunteers donned high-vis tabards and worked tirelessly through the cold wind to collect it all - total legends! But it wasn't over then, the wonderful Village Hall Committee members hosted a Pop up Pub which was really rocking until about 5.30 p.m. So well done Donderry and Seaton folks, what a wonderful place to live! The next beach clean will be at **Seaton on 14th April** from 11.00am to 1pm. More details from [looevmca@gmail.com](mailto:looevmca@gmail.com) or [www.looemarineconservation.org](http://www.looemarineconservation.org). By the time you read this, construction work should be underway at Inn on the Shore. Punch Taverns have informed DaSRA that, with works beginning on 18 March, their plan is to open the Bar and the Dining Room in mid May and Letting Rooms later in June. A number of people have asked what is happening about Cornwall Rural Housing Association's plans to build affordable homes on the hillside adjacent to Donderry's Broads Yard car park. The latest feedback from CRHA is that it is still their intent to submit a planning application but this has been delayed by 'complications' they have encountered. We will, of course, keep residents updated on the situation and any news will be posted on our website, so do visit [www.dasra.co.uk](http://www.dasra.co.uk) to keep up-to-date on this, and on other activities in Donderry and Seaton. Laura Done, Chair. email:[info@dasra.co.uk](mailto:info@dasra.co.uk)

## Hessenford WI

This month we held our AGM. All matters proceeded smoothly, reports were given, cups and trophies presented and everyone felt we had had a very successful year. We were especially pleased to welcome three more members onto the Committee.

So we look forward to another year and our April meeting is going to be an excellent start. The title of our talk is “Medical Aid Dogs”. As always visitors are always very welcome. Tuesday 2nd April, 7p.m. at Widegates Village Hall

## Downderry and Seaton Women’s Institute

March brought the first meeting with our newly elected President Maura Swabey and committee members Ann Dollard, Martine Dunnett and Pat Paxton, It cannot go without mention though, our grateful thanks to the outgoing president Pat Paxton and her committee who has led this organisation for the past 5 years setting it in good order to continue to provide educational opportunities for women through the medium of fun and friendship. Maura has a background of running successful women’s groups and her vision for Downderry and Seaton WI, as we go towards our Centenary year is to try to ensure that all members have fun. Those of you who have attended the newly established Singing Group will have experienced this and the ethos of learning in a safe environment should spread through all that we do in the WI. Learning is about stepping outside your comfort zone and achieving things you never thought possible. Apart from main stream Adult Education and expensive one off course centres, the WI is one of the few organisations that has the infrastructure to provide this opportunity. From zip wiring over the Eden Project, Spring Willow basket making to public speaking, painting and writing, to photography, astronomy and chemistry. We even have our own College called Denman to which once a year a member from each WI can win a £150 bursary towards a residential course. So, new to Downderry or Seaton? Want to make new friends? Any woman over the age of 18 yrs. can become a member. We meet on the 2<sup>nd</sup> Tuesday of every month (except August) from 1.00 to 3.30 p.m. at The Coastal Zone and following lunch (provided as part of your membership) have a packed programme of event opportunities, speakers, competitions and friendship making. We have affiliated groups: Craft - 16<sup>th</sup> April 2.00 to 4.00 p.m. in the Coastal Zone: A patchwork wall hanging using The Foundation Paper Piece method or you can bring along any project you are currently working on. Cost £2. Gardening Group – 27<sup>th</sup> April 10.00 to 12.00 a.m. – Creating a Community Herb Garden meet at Broads Yard WI Garden. Bring suitable tools and money for Coffee. Walking Group – 25<sup>th</sup> April 10.00 a.m. meet at Broads Yard for car share. See community boards for more information. Singing Group - 30<sup>th</sup> April 1.00 to 3.00 p.m. - continuing with our repertoire of songs in The Coastal Zone. Cost £3. Contact Maura Swabey on 01503250322 to find out more.

**Polbathic Hall** Easter Bingo on Friday 5th April, 7.00 for 7.30 pm start. Lots of Easter eggs and a money prize. Come and have fun - free Tea/Coffee.



## Hessenford News

What a wonderful display of daffodils and primroses we have had around the village and the parish this year, they do bring some welcome colour on those dreary, wet and windy days we've had to suffer from just recently. Soon they'll be overtaken by the bluebells, so make a plan to take a walk in the woods. If you go up through the churchyard you can see all the hard work clearing overgrown trees that's been done - a big job - and the unearthing of a hitherto unknown grave which can now be recorded, so thank you Philip for that since it's outside the remit of Cormac who just cut the grass. Have you been enjoying the different species of birds visiting your garden throughout the winter months? We've had two male pheasants, with stunning plumage, visiting us regularly who have now been joined by a hen pheasant. This year we've also recently been visited by three yellowhammers and we've never had these in the garden before. We do enjoy taking part in the RSPB Bird Count, do you? Don't forget to keep an eye out for other less well known species. Keep your bird feeders clean so you don't spread disease and make sure your peanuts don't get mouldy! It's good to know we're still doing our bit for the planet as David & Angela have been spotted picking up litter on the main road and the Seaton Beach clean was well supported by families and children from the village. The Trelawney Shout in the Copley Arms was lovely with the Halfway Harmony group giving us plenty of vocal support whilst those attending gave it welly whilst enjoying a pint & a delicious pasty! We also had good music at the Open Mic night, don't forget to put the date in your diary – first Wednesday in the month. The village would like to say a big THANK YOU to the Parish Council for funding the removal of the sick pine tree in the Hall grounds which had to come down to ground level as the lower boughs which we had hoped to keep were destroying the walls. You've probably noticed that there's a SOLD sign on No. 2 St Annes View, so don't forget to look out for the new owners & say hello. Hopefully we'll get some new residents in Peel Cottage too. Have a lovely time over Easter and have some fun while supporting the Institute event in some way. **Gardening tips of the month:** Keep weeds under control, protect fruit blossom from late frosts, tie in climbing & rambling roses & feed them, sow hardy annuals, herbs & wild flower seed outdoors, start to feed citrus plants, increase the water given to houseplants, feed hungry shrubs and roses, sow new lawns or repair bare patches, prune fig trees & divide bamboos and waterlilies. **Thought for the Month:** The early bird may get the worm, but the second mouse gets the cheese! **Dates for your diary/calendar: Village Fun Day [contact Sarah Wright] Saturday, 20th April.**

## Cornwall Hospice Care

The last Baked Potato Lunch of the season will be held on Thursday 4th April 11.30 a m - 1 pm £5. We look forward to seeing you there.



## **St Germans Priory Market 21<sup>st</sup>, 22<sup>nd</sup> and 23<sup>rd</sup> November 2019**

We are extremely pleased to announce the return of St Germans Priory Christmas Market for 2019. The market will be open from 6.30pm – 9 pm on Thursday, 21<sup>st</sup> November and from 10am – 4 pm on Friday, 22<sup>nd</sup> and Saturday 23<sup>rd</sup> November. Craft stalls will cost £10 a session with a special reduced price of £25 for booking all three sessions. To make a booking visit the Priory website [www.stgermanspriory.info](http://www.stgermanspriory.info) or email [reed.evelyn@gmail.com](mailto:reed.evelyn@gmail.com) Early booking is essential to ensure a table as space is limited even in this huge building! We know from previous markets that many crafters have been disappointed. Further information as the dates get nearer will be on the website or visit our Facebook page.

## **Eliot Masonic Lodge**

The Masonic Lodge in St Germans was consecrated on 12<sup>th</sup> June 1867 and the first Worshipful Master, or chairman, was Lord Eliot. The Hon MC Eliot also became a member of the Lodge and was Worshipful Master in 1926. The most recent member of the family to have participated was the Hon MRV Eliot, who also rose through the ranks to become Worshipful Master in 1967. There are currently 80 Lodges meeting throughout Cornwall, the oldest being Love and Honour No. 75, formed in May 1751, and still meeting in Falmouth. The Grand Master, or head, of English Freemasonry is HRH the Duke of Kent. What is Freemasonry? There are three main principles, **Brotherly Love** (caring for others), **Relief** (donating and raising funds to assist those in need, not just Freemasons), and **Truth** (which in this context means aiming to achieve high moral standards in life). Apart from any general business, a Masonic meeting may include a ceremony (or small play) which is designed to encourage the three principles explained above. Eliot Lodge meets on the second Thursday of each month throughout the year. The current Worshipful Master is Chris Redgrove.

## **The Zone a Fresh Expression of the Methodist Church in Donderry**

**The Chapel by the Sea** The service for May is Sunday April 21st at 3pm. This is our Easter Sunday service and will be taken by our superintendent The Reverend Jonathan Budd. There will be Holy Communion. There will be refreshments after the service. We welcome everyone to join us. Also on the 28th April, the Chapel will have a joint service with the Anglicans at St Nicolas at 11.00 am with Rev. Iris Bray.

## **Easter beach Clean - Looe Marine Conservation group**

When: Sunday 14th April, 11:00 – 13:00. Where: Seaton Beach

Want to play your part in cleaning up the oceans? Well there's no better place to start than at your local beach clean! The kit is provided, all we ask is that you come along in suitable clothing and footwear. Under 18s must be accompanied by an adult. For any more information, please contact [looevmca@gmail.com](mailto:looevmca@gmail.com).

# St. Germans Community Centre 48<sup>th</sup> Open Flower and Vegetable Show – Eliot Hall Saturday 3rd August

2019 2.30 – 4.30 pm

Can we hope for some sunshine after the rain, wind and storms of March? I hope so. April is usually the perfect time to be out in the garden or pottering on plots and here in St Germans we have already dug in our manure, raked and hoed ready for the show season ahead. Of course the St. Germans Community Centre 48<sup>th</sup>



Open Flower and Vegetable Show isn't just about flowers and vegetables we must not forget the array of classes for other hobbies and interests. This year's handicrafts section has classes including a peg bag made from any medium, a piece of hand or machine embroidery, a fabric doorstep and an item made from paper or card – including decoupage. Our new look photography section has the topics "Garden Landscape" "Unusual perspective" and "Celebration" to be presented on photographic paper alongside "Garden scene" "Surprise surprise" and "Let's party" which are to be on non-photographic paper. These are ideal topics to have your camera poised ready to capture the perfect moment over the next few months. For 2019 our children's section is well represented with under 5s encouraged to create a picture of a "Butterfly" using any medium. Children aged 4 to 16 could you design a picture depicting "our village" again using any medium of your choice? Or perhaps local children aged up to 16 may prefer to craft a piece of handicraft in any medium – we will leave the ideas up to you! Our Flower section has a wide range of classes to tempt any gardener from beginner to expert. Are you a dab hand with your Dahlias? Or sweet on Sweet Peas? Do you fancy your chance with your fabulous Fuschias or are you simply potty about your pot plants? Why not plan this years beds and borders with our show classes in mind and see if you can win one of our many cups and trophies. Perhaps vegetable growing is more your forte? In which case we are looking for perfect 3s and 6s – 3 Beetroot, 3 carrots, 3 onions and 6 shallots, 6 beans, or 6 peas to name but a few of the classes we are challenging local grows to enter in 2019. Whatever you decide to try you will receive a warm welcome and be invited to join us for refreshments, enter "a bidding war" in our produce auction and perhaps win a prize or two in our raffle.

Show schedules will be available soon and further details will be added in future editions of The Nut Tree. **We look forward to seeing you there!**

## Tideford and St Germans Easter Egg Hunt 20 April 2019

Tideford & St Germans Royal British Legion - Sat 20 April 2019 10.30 – 12.30. Please register children for the egg hunt at 11.00am – 11.30am. No entry fee Bring your family and friends. Enjoy lovely Hot Cross Buns with tea, coffee or hot chocolate while children search for Eggs. Sweetie jar comp - Children's Quiz. Prize for best Easter Bonnet. Cake Stall – Colouring tables - Raffle 12.15pm. Bar open

## St Germans and District Twinning Association



Our biennial visit to our twinned town, Plougeurneau, is coming up in early May this year, and over 50 of our members are raring to go. It's not too late to join in the fun. Membership is just £20 per year per adult (under 18s are free). Members pay for and organise their own passage across to Brittany, and then are warmly hosted in the home of a twinning member from Plougeurneau. The weekend comprises a heady mixture of organised events, some formal - others less so, and time with our host families. It's a wonderful opportunity to have a great new cultural experience, and to make new and lasting friendships both across the channel and with other members alike. For more info please email me on [bidy\\_daniel@yahoo.co.uk](mailto:bidy_daniel@yahoo.co.uk). For our last fundraising event before our trip, we are holding a Cornish evening, with a pasty and a pint, on march 30th at the Eliot Hall in St Germans. Expect a quiz, and hopefully some singing too. Just £7.50 - but please book in advance so that we can make sure we have enough pasties! Members and visitors both very welcome. Please phone Hilary on 230305 or Ann on 232932 to book.

## Save the Children and Cyclone Idai

Over 900,000 children have been affected in Mozambique, Zimbabwe and Malawi - a number likely to rise in the coming days - and it's a race against time to help families fighting for survival. Tens of thousands of children will have experienced unimaginable trauma and may have been separated from their parents.



There are people living without water, food, shelter and healthcare – and a risk of an outbreak of potentially fatal diseases like cholera.

Our teams are already on the ground in Mozambique, Zimbabwe and Malawi, fighting to protect children as the full scale of the disaster unfolds. We are providing ropes, tarpaulins, tents, blankets, buckets, water purification tablets and hygiene kits as well as setting up child protection areas and helping to reunite lost children with family members.

Huge thanks to the generous donations at the Jazz Lunch last Saturday, £57 in the bucket and The Swing band donated £150; on Monday 23<sup>rd</sup> we had a lunch at Waves in Seaton (lovely meal and epic service from Mat and team) and raised a further £172. Thanks all, and we look forward to seeing many of you on Wednesday 10<sup>th</sup> April in Downterry & Seaton Village Hall for coffee/soup -lunch/ book and plant sale. 11-1.00. See you there!

**Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.**

# Rita's Rota

## APRIL 2019

1 11.30 CB Looe; 2.00 Deviock traffic consultation TRBL  
2 9.30 CB Plymouth; 10.00 CM DSVH; 7.00 Hess WI WVH  
4 9.30 CB Liskeard; 11.30 Baked potato lunch DSVH; 2.00 Deviock traffic consultation PolH; 7.00 Scottish Dancing EHSg  
5 7.00 Easter Bingo PolH; 7.30 Jazz Rock Café SGPC  
6 11.30 CB Looe;  
7 9.30 CB Plymouth; 11.00 Eucharist SNCh  
8 10.00 garden gang SCP; 1.00 D&S WI CZ  
9 9.30 CB Plymouth;  
10 9.30 CB Tavistock. Save the Children coffee morning DSVH 11am  
11 9.30 CB Liskeard; 2.30 Thursday Club EHSg; 2.30 Memory café CZ; 7.00 Scottish Dancing EHSg ; 7.30 Deviock PC CZ  
12 9.30 CB Totnes; 7.30 Sheer Indulgence DSVH  
13 10.00 Table top /coffee/lunch EHSg; 10.00 Gardening D Meml Gardens; 3.00 CB Trago  
14 11.00 Eucharist TC ; Seaton Beach clean 11am  
16 9.30 CB Plymouth  
17 7.30 Garden Club EHSg  
18 9.30 CB Liskeard; 11.00 Eucharist SNCh; 6.30 Easter bingo DSVH; 7.00 Scottish Dancing EHSg

19 Summer train time table begins.  
10.00 CM CB DSVH; 3.00 Meditation HC  
20 HESSENFORD FUN DAY; 10.00 Big breakfast DSVH; 10.30 easter egg hunt TRBL; 10.30 Messy Church SGMC; 3.00 Easter vigil TC

**21 EASTER SUNDAY** 7.00am Eucharist DSC; 11.00 Eucharist SGPC; 3.00 Easter Service CZ;

22 11.00 Pop up pub DSVH

23 9.30 CB Plymouth;

25 9.30 CB Liskeard; 2.00 Thursday Club trip; 2.30 Memory café CZ; 6.30 Deviock PC Planning; 7.00 Scottish Dancing EHSg

26 9.30 CB Porthleven

28 9.30 CB Plymouth; 9.30 Joint service SNCH; 11.00 Joint service SGMC

29 7.00 St Germans PC EHSg

30 9.30 CB Plymouth;

**May 1** 2.00 St. Germans PC traffic consultation EHSg

2 7.30 Deviock PC AGM CZ

**CZ Donderry Coastal Zone; DSC D'derry School; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EHSg Eliot Hall St G; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SCP Seaton Country Park; SNCh St Nicolas' Church; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall**

Copy for Rita's Rota should be sent to [ritasrota@yahoo.co.uk](mailto:ritasrota@yahoo.co.uk) by 15<sup>th</sup> of the preceding month.