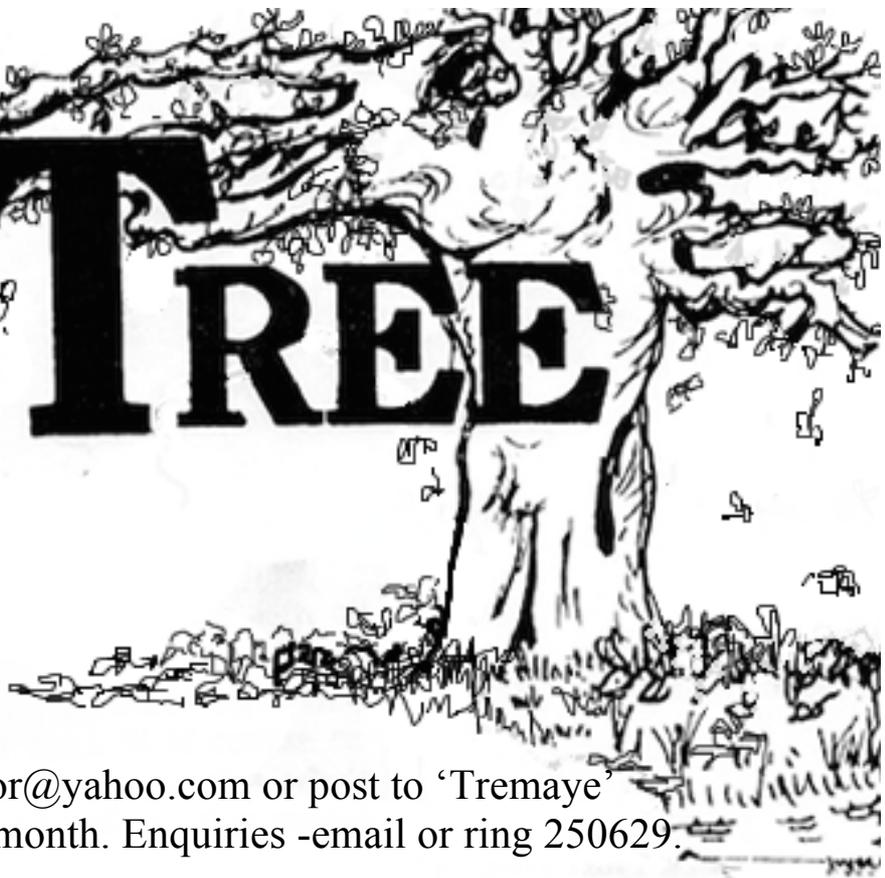
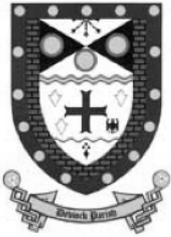


NUT TREE

October 2019 Volume 34 (7)



Please email any copy to nuttree.editor@yahoo.com or post to 'Tremaye' Downderry by the 17th of preceding month. Enquiries -email or ring 250629.

Nature. It is a cloudless dawn in mid September and I decide to take a circuitous walk before collecting the newspaper. The sun is still hidden behind the hill to the East from which direction the fresh breeze is blowing. Then a familiar twittering sound causes me to look up and there are a few Sand Martins moving East. I begin to count them – twenty, thirty, forty. They are followed by Swallows and the odd House Martin and I give up counting as I scan the sky inland and over the sea to witness this expanse of visible migration. At some stage these birds will turn South and I wonder how many of them will return next year. Passing in the opposite direction are Meadow Pipits that will spend the winter along our coast. In less than twenty-five minutes the flourish has subsided and I walk to the beach. I notice that one lucky household has a Wheatear silhouetted on its chimneypot; this bird is resting on its way to sub-Saharan Africa . Among the seaweed is a White Wagtail that has recently arrived from Iceland . Along the water's edge are five young Ringed Plovers that have stopped over here to build up fat reserves. Back in the village I can hear the soft call of Chiffchaffs and the occasional harder note of a Blackcap, all feeding vigorously before their onward journey to the Mediterranean . In the car park a nerveless Robin sings conspicuously from a fencepost within a few metres of me. In contrast to the others this individual is likely to stay. AP.

Cornwall Council Website

The Cornwall Council website homepage is www.cornwall.gov.uk It's very clear, easy to navigate, and very informative. Usefully there are clear links to allow you to directly report things that you notice that need flagging up to the right team. These include any problems with the roads, full litter bins, fly tipping, planning concerns (but the list is huge, so DO have a look...)

From the Parishes - St Germans Parish Council has agreement to renew the leases for Millennium Garden and Tideford Play Park. This means that renovations at Tideford will take place. If you have any ideas for new equipment please let us know via the website or any other method. We are going to take over the red phone box by the bridge in St Germans. Current suggestions for a defibrillator and book exchange look favourite unless you have a better idea. The Council has £5,500 of cash from the Solar Farm at Trequite to spend locally. If you have any suggestions let us know. We now have a representative on the Plastic Reduction Group to bring ideas forward as to how the Parish can help reduce plastic use. The Parish website now has a link directly to Cornwall Council's website for reporting issues like fly tipping, dog fouling, missed bin collections etc. We can all agree that villages were not designed for big articulated vehicles. We also know that population is increasing and car ownership is increasing even faster than house building. The Parish Council has taken all of the comments and suggestions made forward and we have had discussions with Highways England, Cornwall Highways and Cormac. Some of the suggestions have already been actioned, like white line and road markings renewed. Some are already paid for and awaiting installation before the end of the year, like the vehicle activated signs for Polbathic. Some are to be further investigated by experts, like how to make the shop/pub exit safer in St Germans. Some are technically not possible like expanding the crossing reservation in Polbathic which was ruled out as the road is not wide enough to permit it. Residents parking permits are considered uneconomic in smaller villages and Cornwall Council will not support them. At the next St Germans Parish Council meeting a small number of possibilities for further investigation will be agreed. It is likely that a lower speed limit for the whole village of St Germans will be investigated as it seems to provide a safer environment for all users and can be done with a minimal intrusion so the phrase "20 is plenty" may become familiar to you all. The reasoning behind this is better explained on the website, but you are four times likely to die as a pedestrian when hit by a car at 30 mph than a car at 20 mph. That is hard to argue against. The next meeting is 30th September at 7.00pm at the Eliot Hall, St Germans

Deviock Parish Council Meeting: 10th October 2019, 7.30pm at Donderry Methodist Church. Planning Committee Meeting: 24th October 2019, 6.30pm (if required).

Finance & General Purposes Committee Meeting: 24th October 2019, immediately after the Planning Committee meeting.

DONDERRY MEMORIAL GARDENS -A group of gardening volunteers meet once a month on Saturday mornings 10am–12 noon to help maintain and improve these gardens, which are a great local asset. Please come along and join the last gardening morning in 2019 on 12th October.

DEVIOCK PARISH COUNCIL LOAN FUND - The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service. The DEVIOCK PARISH OFFICE is located at: The Vestry, St. Nicolas Church, Main Road, Donderry PL11 3LE Tel. (01503) 250052

(Wed and Thurs afternoons) / Email: clerk.deviockpc@btinternet.com (Mon-Fri)
OPENING HOURS: Tuesdays: 1pm–2pm (Church Hall, Hessenford) Wednesdays:
2pm–4pm (The Vestry, Dowederry) Thursdays: 1pm–3pm (The Vestry, Dowederry)
www.deviockparish.org.uk (Agendas and Minutes are available). Karen Pugh (Clerk)

Deviock Parish Neighbourhood Plan Update

Don't forget that the public consultation on the draft plan is open until the 7th October. You can download the plan online at www.deviockneighbourhoodplan.co.uk or come and read a hard copy at the parish office during opening hours in either Hessenford or Dowederry. We also have our last open meeting for this consultation in the Zone, Dowederry on October 3rd at 7.30. Thank you to the many people who have already downloaded the plan, the comments received so far and your interest and questions at the open events in September at Dowederry and Hessenford. After the consultation period closes, all comments will be discussed and considered by the steering team, and the draft plan altered accordingly, so your points of view really do matter! When changes have been made, you will have ample opportunity to look at the final version. We will be holding more public events during this time - so please watch this space!

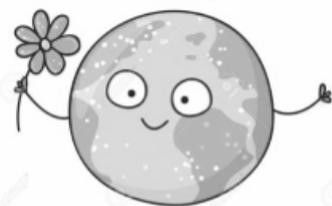
From Cornwall - Jesse Foot

At last month's Full Council meeting, I proposed a motion calling on central government to consider Cornwall as a pilot area for the use of Remote Voting for Councillors. This would encourage inclusion, reduce costs, reduce environmental impact, and provide another way to engage in local democracy. Unfortunately, the motion was lost by one vote. However, more than a third of Councillors were no longer in the chamber as they had already left the meeting. This absence of elected officials at required meetings is disheartening and reminds me of another situation where elected officials should be attending but are not - also very disheartening - especially considering our current state of political affairs. The trick or treat of Halloween 2019 will soon be revealed and while I feel a trick awaits, I am hoping for a treat. Whatever happens on 31st October, may I encourage one and all to remember that we are not separate from one another but interdependent beings whose very existence is deeply rooted with everyone and everything around us. And we need to better connect with our community and environment to help develop our mostly lost and much needed sense of compassion, understanding, respect and interconnectedness. Why not connect at Kalan Gwav our Cornish Halloween celebration? Kalan Gwav or St Allan's Day, dates back to the 6th Century in Kernow and marked the beginning of winter. Apples, fireworks, scarecrows, and community fun awaits at Warfelton Terrace in Saltash on November 2nd this year. Interact with and enjoy the community around you. Beware of tricks, be thankful for treats, remember that you are an essential, valuable part of it all, and yes...every vote counts! Gwella, Jesse Foot - eMail: jesse.foot@cornwallcouncillors.org.uk - Tel: 07449372274"



Simple ways to save the planet

As the evenings are drawing in, it seems the perfect time to do creative indoor things. It also is a time of contemplation. I used to slightly dread the Christmas season; so much waste and expense seems to be generated in the desire to be generous and have a perfect time. I've now realised there is a positive way of approaching the gifting season, that is fun and creative. We now put a limit on spend and either make presents or buy almost exclusively second hand. This might seem a tall order, which is why this article comes in the October issue, as now is the time to start looking in charity shops. We gave and received some fabulous gifts; homemade truffles in cut glass dishes, handmade cushions, and a particular favourite - the somewhat cut throat game of Exploding Kittens. (Now that was a fine charity shop find!). Another favourite gift has been seeds. Simply put your dried seed heads in a paper bag and let the seeds work their way out. Honesty, Sweet William, wallflowers and poppies are all good for pollinators and easy to grow from seed. It's also time to plant yellow rattle seed in grassy patches to create a wildflower meadow next year. Yellow rattle weakens the grasses to allow native wildflower species to flourish. This time of mellowness is also the best for eating local. The apple harvest is excellent this year, and marrows and squashes all grow well in this country. A good use of marrow is to stuff it with vegetables and couscous, flavoured with herbs and a stock cube, then bake it in a moderate oven. Delicious.



St Germans Priory

ST GERMANS PRIORY TRUST A.G.M.at ST GERMANS PRIORY CHURCH. MONDAY 14th OCTOBER 2019. 7.00pm.

The Trust is responsible for the repair and maintenance of this beautiful building, ensuring it remains open for visitors, events and services. This is an open meeting, everyone is invited to come along CHAIRMAN. DR RICHARD LAUGHARNE will give a short talk about the progress the Trust has made and outline plans for the future. There will be an opportunity to put forward ideas for events and use of the Priory. Light refreshments will be served.



CHURCH GROUNDS COMMUNITY CLEAR UP. SATURDAY 19th OCT

9.00am -12.30pm. The Church grounds in St. Germans are becoming overgrown and in need of a tidy up. Please come along with your family, friends and garden tools to help tidy the Church grounds. Hot drinks and other refreshments will be provided in the Church during the morning. If you can help at any other time please ring 07967507258.

Polbathic Hall

We are having an evening with the Reflections Choir on November 2nd, 7 for 7.30,. Tickets £6. Includes a light supper with Tea and Coffee or Bring your own tipple. Tickets on sale at St. Germans Community Shop and from members of the Committee or you can ring Dawn on 230 412. Come and have an enjoyable evening. See you there!

Cornwall Hospice Care

Our next Baked Potato Lunch will take place on
THURSDAY 10TH OCTOBER. 11.30am-1pm £5
Hope to see you all there.



Seaton Butterfly Garden,

Our next working party is Monday 14th October, anyone who can turn up and lend a hand will be warmly welcomed. The railings at the front have been repaired by Cormac, so it's not looking so unloved from the countryside park, The garden itself, is looking better than it has for a long time, and we have planted some more shrubs, plants, and also have a "bug hotel" in the corner. We have great plans, but need a few more willing hands to help us on our way. If you want to give me a call, 250293 Heather.

Eliot Hall - CARMEN & MIMI - SMILE

ELIOT HALL, ST GERMAN'S, PL12 5NL, SATURDAY OCTOBER 5TH 7.30pm
(doors and bar open at 7pm) Carmen & Mimi are singing duo Simone Hellier and Jenny Oldfield, supported by performer Ben Oldfield (Cube Theatre) and musician Peter Thomson. Smile is a poignant Chaplinesque comedy set in a somewhere and nowhere world, looking at various stages of life, romance, parenthood and mortality. It blends charming physical comedy with sublime singing – you can expect to hear Puccini, Verdi and Mozart, alongside jazz standards and popular songs from the twentieth century. Tickets available from the Carn to Cove Box Office 01726 879500 Online at www.carntocove.co.uk And from St Germans Community Shop PL12 5NR

Adults £9 Child £7 Family £25 Please buy your tickets in advance to avoid disappointment - the hall has a limited capacity!



Hessenford WI

Vice President Marie welcomed Jane Butcher who had come to talk to us about spinning. She has brought pieces of washed wool for us to handle and draw out the fibres. We also had the opportunity to use a drop spindle and some members also tried their hand at the spinning wheel. As an aside it was interesting to chat with Jane as she had lived in Hessenford as a child and some members could remember her family back to her grandparents. A fascinating evening. In August many of us had enjoyed a walk in Cardinham Woods, so much so we have decided to make a walk a regular extra activity. Our next meeting on 1st October is a members' meeting with President Jackie Holland showing us how to make cards. Rose Gething

Downderry WI Our Wine tasting Evening is on Saturday 12th Oct at Downderry and Seaton Village Hall. Doors open at 7pm for 7.30 start, Tickets are £8 and available from Summick Different or Martine Dummett, Talvan, Brenton Road, Downderry. Please bring 2 wine glasses per person.

Halloween Party, 2nd November

Tickets are available for a Halloween Night with Rocksea Band and scary dance special featuring Grace's Ghouls. Costumes required and prize for the scariest! The Donderry and Seaton Village Hall doors open at 7.00pm when you can try a glass of spooky punch cocktail, if you dare! Tickets cost £10 (Age 16+) which includes a finger buffet. There will be a bar available but bring your own spirits and mixers. The Charity raffle is in aid of the RLNI and donated raffle prizes are welcome. You can reserve your tickets @ www.eddystoneview.co.uk or buy them from Summink Different in Donderry.

St Germans Thursday Club

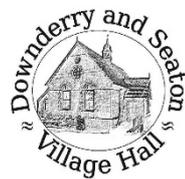
The flower-arranging demonstration on 12th Sept was well attended. Many thanks to Marie Bersey for the capodimonte porcelain flowers, which looked very real and alive, until we saw them up close. She also made a beautiful floral arrangement in a basket, which amazingly started as a colourful armful of varied flowers gathered from her garden, then transformed into the most harmonious and balanced display. Apologies from a few members who are ill, and we gained two new members. On 10th October we will have our annual day-trip to Wadebridge and the Trelawney Garden Centre. We will be using the Saltash Hopper Bus, leaving from the triangle (and other points as requested) at 9:30 am. It's a popular outing, but we may have a few seats available. Priority to members, of course. Bookings - Trish Gregory at 230697. On Oct 24th we will have a musical afternoon with Tony Bowditch, in the Eliot Hall - 2:30 pm onwards, with refreshments and raffle available. Always enjoyed! At this point in the year, we ask all members, and those thinking of joining us, to consider what outings, speakers and activities they would like on our programme for 2020. We will be discussing this during the forthcoming meetings. Chairperson - Brenda Crago 01752- 851199
Report by Sue Cousins - 01503-230106



St Germans & District Garden Club

We got off to a very successful Autumn in September with a talk from Christopher Bailes on 'Hardy Orchids'. He has worked at Kew and at RHS Rosemoor and gave a beautifully illustrated and knowledgeable talk with many handy tips on the sorts of orchids we could grow outside in our gardens for a wonderful display. Our meeting this month is the AGM on Wednesday 16th October at 7.30pm in the Eliot Hall which will be followed as usual by wine and cheese. A gentle reminder to members that the Table Top Sale is coming up in November so start looking out plants etc to contribute to our table please.

Thanks from Mike - Special thank you to Mick Crutchley and Richard Broad for the sterling job doing the bar and food at my party. Thanks also to everybody who attended and contributed, and helped raise 467.30 for cancer research.



Dowderry and Seaton Village Hall

Coffee Morning Tuesday 1st October: Pop in for a chat and enjoy tea or coffee and a Croissant at our next regular Coffee Morning. Doors open at 10.00am until 12 noon and it only costs £1 each. There will be a Bric-a-Brac and Book Stall and Raffle Tickets for that mornings draw. - **Autumn Plant Sale & Coffee Morning Saturday 5th October:** It's time to start planning your garden so it will be full of colour during the Autumn and Winter. There will be lots to choose from at our Autumn Plant Sale from 10am to 12 noon. You can also enjoy a biscuit with a drink of tea or coffee while you decide what to buy. - **Indoor Car Boot Sale Sunday 6th October:** Now is your chance to have a tidy out and make some money in time for Christmas. To book a table please go to our website (www.dowderryandseatonvillagehall.co.uk), telephone Keith Smith on 01503 25041, or just turn up on the day from 9.00am. Doors will open for buyers from 10.00am to 2.30pm. There will be Bacon and Egg Butties and drinks on sale. - **Craft Fair Sunday 20th October:** Summer is nearly over, so you know what that means - it's time to start planning for Christmas and pressie buying to avoid a last minute rush. So what better place to start than at the Dowderry and Seaton Village Hall Craft Fair with doors open from 10am to 2.30pm. There will be a wide range of crafts for you to buy and certainly something for everyone. There will be Bacon and Egg Butties and drinks on sale.

No rules pumpkin competition 2019

Hi to you all and thanks for supporting this rather intriguing endeavour. For all of you who haven't been able to take part or are new to the area. Each year as a fun item you can buy seeds to grow the biggest pumpkin no rules! You can feed, it, hypnotise it , drug it or just get it to outgrow your garden. The winner of the competition donates the seeds of the biggest pumpkin for the following year. The winner last year was Lisa with a whopping 25 kg specimen. This year looks as if it might be just as spectacular. Entrants are reminded that your self declaration should be registered with the organiser by, at the latest, 23 October 2019. Best of growing luck. Entry fees have been donated to the collection tin at the Quay Surgery, thank you all . Martin Reed

St Nicolas School PTA

Dowderry and Seaton village Firework Display

The PTA at st Nicolas Primary School Dowderry invite the community to a fireworks display on Friday 1st November at the school field. Gates open at 5.30 and there will be authentic Indian Food and wood fired Pizza for sale, plus beer and wine! Children can also get their face painted and Dance IN XS will perform a Diwali dance. The fireworks begin at 7pm. Please do not bring your own sparklers. Tickets are £5 and under 16s are free. Thanks go to our sponsors Castle Motors, C W electrical services, Doyle and Whitley Construction, Ideal Homes, KWRS roofing services, Scott Parry, S R Dean Property Maintenance, Swim 4, Whites Chimney Sweep.



Polbathic Players presents.....Aladdin 2020

Friends, Romans and village folk! Lend me your ears.... September sees the commencement of rehearsals for our 2020 pantomime 'Aladdin'.

Putting on a pantomime is a lot of fun and we are always looking for new people to join our friendly group. Not only do we need cast members (large and small roles, speaking and non-speaking parts), we also have a lot of non-acting roles to fill for those who enjoy being creative. Costume and prop makers, scenery painters, stage crew, etc. No experience is required, just enthusiasm. If you are interested, please contact Sam 07952 947254 or Kim 07803 125235 for more information. REHEARSALS start 12th September and are every Monday and Thursday at 7.30pm in the Polbathic Village Hall. Those with non-acting roles do not need to attend all rehearsals. Performance dates are at the end of January 2020. Why not come along, make new friends and join the fun!

Bus and Train - Improved Rail Timetable from December

We hope you have found, during the summer, that the new train and bus times and routes have been useful. The improved train frequencies (and better trains) appear to have been popular. There will be considerable increases in frequency on the railway from mid-December:

Mondays to Fridays :

- westbound to Penzance - generally a half-hourly service at St Germans from 0632 till 1853
- then an hourly service until 2354, including the 1604 from Paddington, calling at St Germans at 1945 (we have been requesting this mid-evening service for a long time)
- eastbound trains with a similar frequency to the present in peak times
- then a largely hourly service, including trains to Plymouth or Exeter at 1028 and 1133 (at last that mid-morning gap is being filled)

Saturdays:

- westbound services largely hourly from 0740 till 2042. We are hopeful that at a future date we'll get a final Saturday train an hour later, at 2140
- eastbound services will vary between half-hourly and hourly, and will include two mid-morning trains to Exeter or Plymouth as on weekdays
- last train to Plymouth at 2251 (this one starts at Newquay).

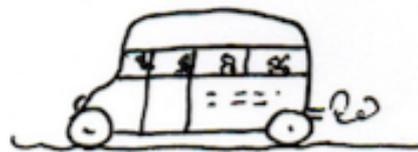
Sunday services:

- not much changed, though the first train to Plymouth will be at 1031.

On weekdays and Saturdays there will be a number of direct trains to and from Cardiff. One of the disappointing features of the December timetable is that there are fewer weekday direct services to London - though the number of direct services from London will increase! Don't forget to let us know what sorts of changes you'd like to see either with buses or trains (email: sgrug@railholiday.co.uk). And look out for the new train timetable, probably with the December Nut Tree.

Alan Cousins, St Germans & Area Public Transport Group, 01503 230106

Downderry and Seaton Community Bus



TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250055 Mon-Fri 9.00am-5.00pm						
No Weekends, and no chasing Bev down at the pub to make a booking - Bev might bite!						
DATE		DESTINATION	DEPART	LENGTH OF STAY	FARES SINGLE	RETURN
Oct						
Tuesday	1	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Wednesday	2	EXETER	9.30 am	4 Hours	£5.60	£7.20
Monday	7	Looe	11.30am	4 Hours	£1.50	£2.10
Tuesday	8	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Wednesday	9	Tavistock Goosey Fair	9.30 am	return 3.00pm from Tavi		£5.50
Thursday	10	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Saturday	12	Trago Mills	2.00 pm	2.25 Hours	£3.00	£3.40
Tuesday	15	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Wednesday	16	TRURO	9.30 am	4 Hours	£4.60	£6.20
Thursday	17	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	18	Coffee Morning + 300 club, Village Hall, 10.30-12.00 noon £1.00				
Tuesday	22	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	24	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	25	TOTNES	9.30 am	4 Hours	£4.10	£5.70
Monday	28	AGM, 7.30pm, D+S Village Hall, nibbles afterwards				
Tuesday	29	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	31	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Nov						
Monday	4	Looe	11.30am	4 Hours	£1.50	£2.10
Friday	8	Tavistock	9.30 am	4 Hours	£3.60	£5.15
Saturday	9	Trago Mills	2.00 pm	2.25 Hours	£3.00	£3.40
Wednesday	20	TRURO	9.30 am	4 Hours	£4.60	£6.20
Under 5's to be accompanied by a responsible adult.						

Downderry Bus 300 Club It was lovely to see so many jolly people at our SEPTEMBER coffee morning held on Friday 20th. September. Two draws took place for both August and September months. August winners= 1st. No. 146 Val Bulpitt, 2nd. No. 37 Margaret Walters, 3rd. No. 56 John Batten and the September winners= 1st. No. 20 Downderry Village Hall, 2nd. No. 162 Tess Peck, 3rd. No. 61 Yvonne Byles. However, 11 members did not renew their number in time for the draw-sorry-you have to be paid to date to win, better luck next time!!! The OCTOBER coffee morning will be held in the village hall on FRIDAY 18th. at 10.30 a.m. Thank you JO WOODLEY.

TOUR DE MOOR 2019 - Sunday 13th October

A charity cycling event on Dartmoor in aid of St Luke's Hospice, Plymouth.

For the fifth year running Chris & Gail Brett will be taking part and hope to collect as many sponsors as possible. By kind permission of Kim & Richard we will put a sponsor form in the shop in Downderry or alternatively you can sponsor us using the following link;- <https://www.justgiving.com/fundraising/C-GBrett> Thank you in advance.

Save the Children



COFFEE MORNING SAT 19TH OCTOBER, 10.30-1.00 DOWNDERRY & SEATON VILLAGE HALL. ENJOY a tea/coffee and cake or delicious home made soups; also on sale, home made jams, chutney and marmalade, cakes, toys, plants and gardening bits. In the UK Save the Children is working to improve the chances of the millions of children living in poverty. It's well known that children from poor families tend to do less well than those from wealthier backgrounds, both in school and at work. So we're focusing on the most deprived areas in the UK. We are setting up partnerships between key agencies and individuals, including parents, headteachers, GPs, Sure Start centre managers, health visitors, youth workers, housing managers and family support workers. Another programme called FAMILIES CONNECT supports parents and children to learn together through an 8 week course, which increases parents' skills and confidence to support their child's learning. Only a small fraction of children's learning takes place at school, so the better the home environment, the better the child's learning can be. The programme provides a series of activities, techniques and games that parents and carers can do with their children at home. Each activity encourages parents and children to spend quality time together by talking about specific topics improving their literacy language, numeracy and emotional development. We'll continue to stand up for children here at home who are facing poverty through our campaign work. At the highest levels of government we press for significant policy change. Right now, we're asking leaders to ensure all children get the support they need in their early years to start school able to talk and ready to learn.

Thanks for Supporting Big Saturday

We all know someone who has been touched by cancer. Over the past few years, I have known friends, colleagues and family who have all suffered because of it. Even those who beat it off are changed forever: it can leave you, and those close to you, feeling vulnerable and fearful. Thankfully, Cancer Research UK has been successful at improving the life chances of those affected by cancer and aims to, one day, find a cure. Therefore, I felt inspired to organise an event to raise funds for them and give us a last hurrah for summer at the same time: Big Saturday.

I would like to thank everyone who supported the Big Saturday at Seaton Beach Café on 31st August: those who played- Claire Croft, Mike Hartland, Zoe Millar, Charlie Harris, The DerryAirs, Rocksea, Mark Cornwall, Phil Hoose and Kenoby; Roland Monger for the disco and expertise, David Ball for his technical and performance skill, Louise Baines from Something Snazzy for the face painting; Gemma Casey's Yoga (whose group stretched out in the rain), Mark Cornwall for the brilliant posters, The Local Directory for advertising, Becky and Simon Wainwright for crafting with the kids (and several adults with crown envy), Barbara for her cakes, The Candy's for their expertise and support, DOWNDERRY STORES for selling tickets (and Sharon Broad for her constant reassurance when zero tickets sold made me freak out), whoever provided boxes of cupcakes, Salli Barnes for the lighting, KWRS roofing for all the tarpaulin, Gemma, John, Chloe and my family for support on the day and especially Nicky and

Jemima for providing the location, food and staff free of charge. Jack and James, chefs at the Beach Café, were terrific as well as Becky who ran the bar; Di, Cheryl and the many other staff who were rushed off their feet yet chirpy the whole day. Raffle prizes were also donated by Windy Ridge, Halfway House – Polbathic, The Beauty Studio – Seaton, St Nicolas Primary, and many, various and gorgeous people from our village who donated wine, chocolate, artwork and CDs.

The list of people deserving of thanks is enormous – I sincerely hope I haven't forgotten anyone. It just goes to show what a fantastic place we live in, and I think you're brilliant. We all raised £1833.70 for Cancer Research and had fun in the process. Thanks again – for coming and for all the moral support! Shelley

The Zone a Fresh Expression of The Methodist Church in Donderry The Chapel by the Sea

The services for October are- Sunday 6th at 3pm. This is our Harvest Festival Service and will be taken by Mr Geoff Williams. There will be refreshments after the service. Anyone wishing to donate anything at this service, would they please bring along items that can be given to the Food Bank. We welcome everyone to join us. We also have Holy Communion On Sunday 13th October at 6.00pm With The Revd Iris Bray.

Open Hearts Open Borders

The winter appeal has started for essential aid for refugees in Greece and France. Please only donate the following items as they are desperately needed. **Tinned food** - pulses and beans, chick peas, sardines and tuna, veg soups/fruit/veg. **Other household** - Long life milk, cooking oil, washing up liquid, detergent. **Clothing** - men women and children. New socks and underwear, hats scarves and gloves. Adult clothing in small and medium sizes only. No large sizes, and in good clean condition without rips or stains. **Baby care items** - Nappies, wetwipes, baby shampoo/bath wash. Buggies and pushchairs. **Shelter and warmth** - Tents, sleeping bags, blankets, towels, rucksacks and backpacks. **Hygiene** - Shower gel, soap, shampoo, conditioner, shaving foam, razors, deodorant, sanitary towels, adult nappies/pads nail cutters/files hairbrushes. **Other** - Mobile phones and charging cables, power banks, AAA batteries, torches, trainers in good clean condition sizes 39 - 42. Pans, frying pans, camping kettles. If you are able to donate any of these items then please pass to Lizzy in St Germans (Haparanda) or Bidy in Donderry (Coombe Park). Thanks in advance.

St Germans and District Twinning Association

Come and join us for a full evening of great food and music. November 23rd is the date for our next Curry Evening. Tickets are £12.50 per head which includes a main course, dessert and accompaniments. We will have live music from the Cornish Groove Collective following the meal. Open to all - members, supporters and the wider community - anyone who fancies a fun night out! Please book your tickets in advance from Ann 232932, Bidy 250010 or Jeff 250928.

Rita's Rota

October 2019

1 9.30 Comm bus Plymouth; 10.00 CM DSVH; 7.00 Hess WI WVH
2 9.30 Comm bus Exeter
4 10.00 CM CZ
5 10.00 Autumn Plant sale DSVH; 7.00 Carmen Mini EHS
6 10.00 Indoor car boot DSVH; 11.00 Eucharist SNCh; 3.00 Harvest Festival CZ; 5.00 Healing Service TC
7 11.30 Comm bus Looe
8 9.30 Comm bus Plymouth;
9 9.30 Comm bus Tavistock/Goosey Fair; 10.30 Eucharist TC
10 9.30 Thursday Club to Wadebridge; 9.30 Comm bus Liskeard; 11.30 Hospice baked potato lunch DSVH; 7.30 Deviock PC CZ
11 10.00 CM CZ;
12 10.00 Garden Gang DMG; 2.30 Comm bus Trago; 7.00 WI Wine tasting DSVH
13 10.30 Joint Service SMSk; 6.00 Holy Communion CZ
14 10.00 Butterfly garden gang SCP; 7.00 St Germans Priory Trust AGM SGPC
15 9.30 Comm bus Plymouth;
16 9.30 Comm bus Truro; 10.30 Eucharist TC; 7.30 AGM St Germans garden Club EHS
17 9.30 Comm bus Liskeard;
18 10.30 comm bus CM DSVH
19 9.00 Community clear up SGPC; 10.30 Save the Children CM/Soup DSVH;

10.30 Messy Church SGMC
20 9.30 Eucharist SNCh; 10.00 Craft Fair DSVH; 11.00 Eucharist SGPC
22 9.30 Comm bus Plymouth;
10.30 Eucharist TC
24 9.30 Comm bus Liskeard; 2.30 St Germans WI EHS; 6.30 Deviock Planning CZ
25 9.30 Comm bus Totnes; 10.00 CM CZ;
27 9.30 Morning Prayer SNCh; 11.00 Morning Prayer TC
28 7.30 Community bus AGM DSVH
29 9.30 Comm bus Plymouth; 10.30 Eucharist TC
31 9.30 Comm bus Liskeard;

November 1 Choir evening Pol H;
2 7.00 Halloween bash DSVH

CZ Donderry Methodist Church; CA Copley Arms; DSC D'derry School; DMG Dderry Memorial Gdns; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EHS Eliot Hall St G; HC H'ford Church; HCH H'ford Church Hall; IOS Inn on the Shore; PolH Polbathic Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SkMH Sheviock Mem Hall; SCP Seaton Country Park; SMSk St Marys Sheviock; SNCh St Nicolas' Church; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall

Copy for Rita's Rota should be sent to ritasrota@yahoo.co.uk by 15th of the preceding month.

Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.