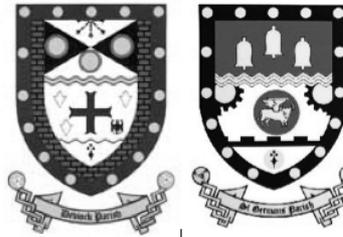


NUT TREE

November 2019 Volume 34 (8)
Magazine of St. Germans &
Deviocck Parish Councils



Please send any copy to nuttree.editor@yahoo.com
or post to 'Tremaye' Donderry by the 17th of the
preceding month. Any enquiries, email or ring 250629.

Nature . Trying to find a few sunny, calm hours in mid October seems to be rather difficult this year. The flooded green in Seaton and the river's high water level testify to the recent high rainfall. So I am quick to grab the chance when one particular afternoon offers a brighter interlude. The valley is devoid of wind compared to the coast and I anticipate that any bank of vegetation facing the sun would hold a few dragonflies. Sure enough the first I see is a Common Darter, a small, orange-red species that readily rests on paths and benches. This is a typical species of autumn and if the season continues to be mild you can still see one or two flying in November and even December. However, I am on the lookout for a larger species and on reaching one of the ponds it does not take long to note a male Common Hawker. It is dark in colour but as it flies close to me its blue and yellow spots are apparent. This large species is a powerful flier and rests low on vegetation surrounding the pond. As I watch this individual there is a noisy clash of wings as it comes across another male; seconds later it seizes a browner female. Like the darter this hawk can also be seen late in the year. One big difference, however, is that the larval development of the hawk can take three or four years compared to the single year of the darter. As I leave the scene I pick out a Red Admiral and the odd hoverfly. A Jay flies across the valley and I hear the distant call of a Great Spotted Woodpecker. Autumn still has much to reveal.

Alan Payne

From the Parishes – St. Germans

Following Consultations and Discussions. Possibilities include:

Traffic Plan excluding A38 - Progress towards a 20 mph speed limit for the villages of St Germans and Polbathic, to improve safety. Seek asset transfer of car parks in Polbathic and Tideford, to improve and retain free parking. Investigate the feasibility of

a new Legion Hall for Tideford, to allow more parking which could go towards upkeep of the facility. Continued Monitoring of - Polbathic speeds - seek other measures if needed. St Germans speeds - seek other measures if needed. Monitor visibility at St Germans junction at Polbathic. Other Future Steps - Meeting with Cormac re the Old White House, white line virtual pavement. Costing for yellow lines Plan, to ease traffic flow. Meeting with Natalie Warr, re A38. Meeting with Sheryll Murray, re A374
St Germans Parish Council Meeting, November 25 at 7pm Polbathic.

Deviock

Parish Council Meeting: 14th November 2019, 7.30pm at Dowederry Methodist Church.

Planning Committee Meeting: 28th November 2019, 6.30pm (if required).

CONSULTATION- A quick reminder that the dogs on beaches consultation will remain open until 19th November.

SEATON DEFIBRILLATOR TRAINING- South Western Ambulance Service will be running a defibrillator training session on Saturday 16th November at 11am at the Smugglers Inn pub, Seaton. Please do come along if you'd like to learn more. Many thanks to the Smugglers management team for agreeing to host the training; it is much appreciated.

DEVIOCK PARISH COUNCIL LOAN FUND The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service. The DEVIOCK PARISH OFFICE is located at: The Vestry, St. Nicolas Church, Main Road, Dowederry PL11 3LE

Tel. (01503) 250052 (Wed and Thurs afternoons) / clerk.deviockpc@btinternet.com

OPENING HOURS: Tuesdays: 1pm–2pm (Church Hall, Hessenford)

Wednesdays: 2pm–4pm (The Vestry, Dowederry) Thursdays: 1pm–3pm (The Vestry, Dowederry) See www.deviockparish.org.uk (where Agendas and Minutes are available). Karen Pugh (Clerk)

News from County Hall-Richard Pugh

Collecting your bins, repairing potholes and providing street lighting is just a fraction of the service offered by Cornwall Council. To emphasise just how diverse the services are we have produced a new “helping hand” leaflet and webpage to help people find out just how we can help. Among the services it promotes are



- 1) A handyperson service to help older people with repairs without a big bill.
- 2) Lifeline personal alarms to keep people safe in their homes.
- 3) Traveline South West to help you plan journeys by public transport.
- 4) Home choice to help find an affordable home to rent.
- 5) Access to computers for free in our libraries and free beginners IT lessons across Cornwall.

The new leaflet will be distributed across Cornwall in the next few weeks and a new web page detailing all of these services and more can be found at www.cornwall.gov.uk/helpinghand . Cornwall Council are trying to help as many

residents as it can and in the 2018/19 financial year answered 876,000 phone calls. Helping hand will make a real difference to people lives. Public transport in Cornwall has received a significant boost with the Chancellor's promise of a £23.5m funding package over the next 4 years for a "reduced Bus Fares" pilot to support the Councils ongoing commitment to improving bus and rail fares for its residents. Due to begin in May 2020, Cornwall is the first rural area to be given the opportunity to run and fund a pilot scheme like this one to bring down the cost of travelling by bus. Last year 19.2 million journeys were made on public transport in Cornwall. On behalf of Cornwall Residents the Council has welcomed a promise from the **government to replace EU funding in Cornwall with a like-for-like dedicated fund that could be worth up to 600 million over the next decade.** **If I can help anybody with Council related issues please contact me on 01503 220768 or richard.pugh@cornwallcouncillors.org.uk**

Whitsand Harmony The choir has started its new season under the Direction of Trish Rogan and accompanied by Beth Worth. We are so happy and appreciative to have them both. We have a good programme of concerts and appearances up to Christmas, starting with a wonderful evening with the National Coastguard Institution Rame Head on Saturday, November 9th at Donderry and Seaton Village Hall, following on last year's huge success. Next we 'Kick Off Christmas' on Sunday, 1st December, also at the same venue, a light-hearted concert to get everybody in the Christmas mood. We have been invited to sing under the prestigious Christmas Garland at Cotehele on Wednesday, 4th December at 1pm and also at 2pm. Again, another wonderful setting at Mount Edgcumbe, when we sing on the main staircase on Saturday, 7th December during the afternoon. Finally, we join our friends at Donderry at The Zone, to sing at their annual afternoon Carol service.

Charity Halloween Party, 2nd November. Tickets are available for a Halloween Night with Rocksea Band and scary dance special featuring Grace's Ghouls. Costumes required and prize for the scariest! The Donderry and Seaton Village Hall doors open at 7.00pm when you can try a glass of spooky punch cocktail, if you dare! Tickets cost £10 (Age 16+) which includes a finger buffet. There will be a bar available but bring your own spirits and mixers. The Charity raffle is in aid of the RLNI. Raffle prizes welcome. Reserve tickets @ www.eddystoneview.co.uk or buy them from Summink Different in Donderry.



Eliot Hall, St Germans - Table Top Sale

Saturday 9th November 10 am to 2 pm. Visit our Autumn table top sale to seek out some bargains and pick up some early Christmas presents. Pasties and refreshments served. Some tables still available - contact Peter Daw 01503 230505

Cancer Research UK - the final total for my birthday is £503.30. Thanks again to all who donated. Mike H.

Simple ways to save the planet – Dream big



Most of you will have seen the news about the Extinction Rebellion actions in London and beyond during October, and there may be many of you who have wondered what it is all about. Perhaps you were angry about the disruption, or looked for ways in which the protestors might be considered hypocritical. This is a natural response. None of us want to feel our lifestyles are challenged. The reason for the rebellion is simple; many of us have campaigned on environmental issues for years and the problems are now reaching a climax with more carbon entering the atmosphere than ever. The twelve years we had to divert a climate disaster has now become eleven. The government is very good at saying it's doing things, but it is placing trust in carbon capturing technology that is yet to be developed. So what do we want? Now is the time to dream big and believe! When in Amsterdam we saw a society that uses the bike as a primary transport. Why? There were cycleways everywhere, so it was safe to cycle. In Morocco and Turkey they have cheap taxi sharing systems. In Switzerland there was no litter, but there were public recycling bins everywhere. So what can be done better? Here's a few things that spring to mind. Stop investing in oil and put more into renewables. Insist on all new buildings being carbon neutral. Introduce flying rationing and aviation fuel tax. Create community composting bins. Invest money from energy intensive schemes such as HS2 into local railway infrastructure. Add footpaths and cycleways to new roads as standard and work on cycleways to connect A to B. These are just my ideas, but what do you think? Our train and bus services in Cornwall have improved exponentially as a result of lobbying and speaking to sympathetic councillors. There's never been a time when it's been so necessary to put pen to paper and lobby. If enough of us do so, then change can happen. Lizzy S.

Polbathic Pantomime. Is it a bird? Is it a plane?....No! It's a magic carpet! This January let us whisk you away for the adventure of a lifetime! Polbathic Players presents.... *'Aladdin'* at the Polbathic village hall. January 24, 25, 30, 31 and Feb 1, 2020. Further details in the December edition of your one and only Nut Tree

The Zone a Fresh Expression of The Methodist Church in Donderry

The Chapel by the Sea. The service for November will be Sunday 10th November At 5.00pm. The service will be taken by The Rev Iris Bray

There will be tea and coffee after the service We welcome everyone to join us.

St Germans and District Twinning Association



Please come along on November 23rd for our curry night for great food and music by the Cornwall Groove Collective. Tickets just £12.50 for full meal with accompaniments and dessert. Donderry and Seaton Village Hall. All welcome. See posters for details on booking your tickets. Doors open at 7.30pm. AGM precedes at 6.30pm for members and anyone interested in finding out more

Downderry and Seaton Village Hall

Coffee Morning - Pop in to the Downderry and Seaton Village Hall for a chat and enjoy tea or coffee and a Toasted Teacake at our regular Coffee Morning on **Tuesday 5th November**. Doors open at **10.00am until 12 noon** and it only costs £1 each. There will be a Bric-a-Brac and Book Stall and Raffle Tickets for that mornings draw. All are welcome at this event, including well behaved dogs on leads who will also get a little treat. All proceeds goes to the Village Hall. **Camp Theatre Company - Woman in Mind** - Susan is a celebrated novelist who lives on her country estate with her adoring husband. She is a dissatisfied suburban housewife trapped in a loveless marriage to her vicar husband, sharing her home with her culinarily challenged sister-in-law and estranged from her son who has sworn a vow of silence to his religious sect. Susan is one person yet, in her head, she inhabits two worlds one real, one imaginary. Don't miss this production at the Downderry and Seaton Village Hall on **Friday 15th November**. Doors open at **7pm for 7.30pm start**. There will be a bar and a raffle during the evening. Tickets cost £10 each and are available from Summink Different in Downderry and the Village Hall website (www.downderryandseatonvillagehall.co.uk). **Christmas Bazaar** - Come and support local charities and non-profit making organisations at the Downderry and Seaton Village Hall annual Christmas Bazaar on **Saturday 30th November**. There will be lots of items to purchase and raffles, with amazing prizes, to enter. Doors are open **10am to 3pm** when refreshments will be available and include Home Made Soup, Mince Pies and Mulled Wine. The raffles will be draw by a Committee Member at approx 2.30pm. **Christmas Quiz** - It's time to get your thinking caps on and enjoy a fun night with friends at the Village Hall Christmas Quiz on **Friday 6th December**. Teams can only have up to 6 people and the price is £5 per person which includes a Mince Pie and Nibbles. Tickets go on sale on Monday 4th November from Summink Different in Downderry and the Village Hall website. Doors open **7pm for 7.30pm start** and there will be a bar and raffle during the evening.

Hessenford WI President Jackie welcomed everyone, including two visitors, to our meeting. Miriam told us about the Centenary Memorial Service at Truro Cathedral which she attended with Yvonne. She took part in the Banner parade into the Cathedral where they were met by the Lord Lieutenant. The Dean then gave an interesting address about the history of "Jerusalem" before the congregation sang it with much pride. Marie, Miriam, Angela B and Jean thoroughly enjoyed Duloe W.I.'s Tea Party which was in support of cancer research, dementia and coeliac disease. Jackie then demonstrated making Christmas cards using a die cutting machine. She had provided all the materials necessary and we all thoroughly enjoyed creating our own very attractive cards. I wonder who the lucky recipients will be? Our next meeting at Widegates Hall is on Tuesday 5th November at 7p.m. It is an Open Meeting with Andy Bristow giving a talk and slide presentation entitled "Sailing in the Arctic". So please do come and join us. Rose Gething

Mobile Library Tuesdays 19th November and 17 Dec visits of the Mobile Library 09:45-10:05 at the Alms Houses - St Germans, 10:15-10:50 at Quay Road. - St Germans 12:10-12:30 Bus Stop - Crafhole, 13:55-14:25 the Inn - Downderry 14:40-15:00. Car Park - Seaton

Cornwall Hospice Care.

Dates for your diary: Saturday November 30th We will have a stall at the Christmas Bazaar in the Village Hall. Next **BAKED POTATO LUNCH** Thursday 5th December 11.30am-1pm £5. Christmas Cards, Calendars & Diaries will be on sale at these events & are available from Tina.



Remembrance 10 November and Armistice Day 11 November at RBL Tideford and St Germans

Remembrance Sunday 10th November 2019

10:30 Meet at Tideford Royal British Legion. **10:45** Act of Remembrance conducted by the Reverend Canon Lynn Parker. Prayers at War Memorial, Roll of Honour, Wreaths laid and Crosses planted. Exhortation. **11:00** Bugler plays Last post. Two minutes silence ~ Reveille. Kohima Epitaph. Final prayer and Grace (Chairs available for those who do not wish to stand) On completion the Standard will be paraded to St Luke's Church for a Service of Remembrance. Refreshments provided afterwards at the Royal British Legion Club **EVERYONE IS WELCOME**

Armistice Day At Tideford Royal British Legion

MONDAY 11th November 2019 The 2 minute silence will be observed at 11 o'clock
TEA/COFFEE/CAKES/CHAT from 10-12.00am All are welcome, do come and support us, proceeds in aid of the **POPPY APPEAL**

St Nicolas Church Soup and Pud and Community Lunches

Sat Nov 9th Soup and Pud lunch and charity stalls 10.30- 1.30

Another lovely chance to meet friends and support charities as Christmas approaches at this ever popular event . Come and meet friends over hearty home made soup and puds . No fee , donations welcome . Yummy cakes, Christmas gifts, cards and much more are on offer .

Community lunches at St Nicolas 12 noon every Wednesday Each week a 3 course homely meal is provided. All are welcome. These are simply a lovely opportunity to come and have hearty food and conversation and meet new and old friends. No fee, donations welcome . Note the date : Christmas lunch is 18 December .

St Germans & District Garden Club

Our AGM was well attended last month and the business meeting was swiftly executed to allow more time for a very enjoyable social gathering with wine and cheese. Many thanks to Rob Jubb for his delicious bread! Our meeting this month is on Wednesday 20th November at 7.30pm in the Eliot Hall when a new speaker to us, Caroline Stone, is going to talk to us about 'The work of Plant Heritage' which should be very interesting. Tickets will be on sale for the Christmas Dinner on December 18th. Please remember to support us at the Table Top Sale on Saturday 9th November from 10am to 2pm and bring along any plants, seeds, cuttings etc.



St Germans Methodist Church Christmas Craft Afternoon

We are holding our Christmas Crafts Afternoon on Saturday 30th November from 2.30 to 5.00pm. There will be the opportunity to try out different crafts and make a gift, card or decoration to take home with you. No skill required, all materials provided and craft activities for young and old. Light buffet served. There is no charge but donations towards costs will be gratefully received.

Come and join us for a festive afternoon of fun and creativity. Geoff Williams

St Germans Thursday Club

The October day-trip to Wadebridge and the Trelawney Garden Centre went well. We had a full bus. We're pleased to say that a few more members have discovered the small but interesting and free Wadebridge Museum, run by volunteers. The Country Market in the Town Hall is popular, too. Our next Thursday Club outing on the 28th November will be an all-day trip to Truro for Christmas shopping (or museum/library/or tea-shop). We will be leaving from the Triangle St Germans (top of Quay Road), at 9:30 am, and from other points as requested. This is a popular trip, so book soon if you haven't already. Priority to members, of course. Bookings - Trish Gregory at 230697. Keep thinking up ideas for next year's programme - the draft programme will be discussed by the Club within the next few meetings, and speakers, outings and activities will be selected. We'd love to have you join us. New members and visitors welcome. Membership still only £10 a year. Chairperson - Brenda Crago 01752- 851199
Report by Sue Cousins - 01503-230106

CHANGE AT THE ZONE- A PLEA FOR VOLUNTEERS

We are seeking to recruit individuals who would like to join the small existing team to become involved in the day to day running of the building & contribute to the further development of the programme of activities for the community. Anyone who is specifically interested in the financial aspects of the Zone, and who has some accounting knowledge and/or experience, is very welcome to contact Jenny Mellor for information about the current systems in use.

Elsa Guilfoyle emguilfoyle@btinternet.com 250118

Jenny Mellor jennymellor2004@gmail.com 250392

Viv Parker parkerviv@aol.com 250519

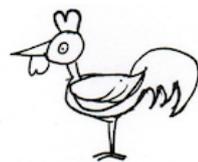
Community First Responder Group - Claire Croft

I have been in touch with South Western Ambulance Service to find out if they would consider a Community First Responder Group being set up in the Deviock and St Germans Parish Council areas. Providing there are enough people interested, they are prepared to look at the feasibility of starting a new group. Please look at the South Western Ambulance Service website under 'Community First Responders - Information', and if you would like to register your interest - please contact me via the Quay Lane Surgery Patient Participation Group email: quaylaneppg@gmail.com

News from Downterry & Seaton Residents Association - DaSRA

DaSRA is currently engaged with the following issues of interest to residents, so here is an update as of 17th of October, the deadline for copy to Nut Tree. **Seaton Play Area:** Cornwall Council's (CC's) first Consultation inviting preferences for the proposed regeneration of the Play Area has now been completed. A DaSRA Working Group involving parents and a Deviock Parish Councillor (DPC) is meeting CC in late October to consider proposals for the next stage of design and for equipment. CC is planning for the new site to be completed by March 2020. **CC's Consultation on Restriction of Dogs on Beaches** continues until **19 November**, so a gentle reminder to residents to respond to the Consultation, online at www.cornwall.gov.uk/dogsonbeaches. **Inn on the Shore ANPR Cameras in Car Park:** the appearance of Automatic Number Plate Recognition cameras in the pub's car park in early October came as a surprise. The Parish Council, alongside DaSRA and residents directly affected by the camera, are liaising together on this topic. DaSRA has asked Punch Tavern who own the site for a statement explaining this move which, once received, will be on the DaSRA website. Also, DaSRA is supporting local residents in raising awareness of the need to protect **Looe Hill** from the severe risk of coastal erosion. On a celebratory note, DaSRA's published **Calendar 2020 celebrating Local Artists** is available for sale, at £6.50, in Downterry from the Shop, Blue Plate and Summink Different, and in Seaton from The Beach Cafe and The Beach House. These are fast moving agendas so do keep an eye on DaSRA's website for updates. www.dasra.co.uk. This is an active agenda for your Residents Association and its five Committee Members. We would benefit from greater input from residents so if you have an interest in, or have skills and knowledge to offer that would be of benefit to your fellow residents, thus improving the quality of life in our lovely villages, please do contact me by email at info@dasra.co.uk Laura Done, Chair, 01503 250911.

Downterry and District Community Bus 300 club A great turn out for the bus coffee morning which was held in the village hall on Friday 18th. October, in fact I think most of you were blown to the hall!! The 300 club held its draw, the winners being 1st. No. 154 Roz Humphreys 2nd. No. 19 Jan Broad 3rd. No. 103 Simon Mather, however 13 members were not paid, please make every effort to pay in order to enter into the next draw to be held in November. JO WOODLEY



Hessenford News No doubt many of you have been thinking you should be planting rice with the deluge of rain we've been inundated with just recently but at least as I write this the sun is shining and we have just beaten the Australians at rugby, which I expect will have pleased many of you! Dave's pleased to say that all errant ducks are now back in their pen, thanks to Mark & Petra's dog Killian and the efforts of Philip when clearing downstream in Seaton Country Park. Our Harvest Festival donations were greatly appreciated by the Food Bank so thank you to everyone who contributed both to this and the enjoyable and tasty shared lunch that took place after the service. We would love as many of you as possible to join in our **Remembrance Service** at the War Memorial on **Monday, 11th November starting at 10.45am** to show our respect for those individuals who gave their lives. It would be lovely to have a large crowd and stop the traffic! I hope you've all seen that Bethany is hosting an **Art Exhibition** at the Copley Arms on **Saturday, 2nd**

November to raise funds for Mind mental health charity and if you can't attend the event you can always donate on-line. Of course if you've got tickets booked you'll be welcomed with a glass of Prosecco and be entertained during the evening with live music from Rachel and Michael. Don't forget the place to be on **Sunday, 24th between 3.30 & 6.00pm** is the Annual **Christmas Gift and Craft Fair** at The Copley, so come & spend some pennies and enjoy the festive atmosphere. And finally don't forget to contact me, Fran, if there's anything going on that needs a mention, I'm always glad of a bit of news from the grapevine. **Gardening tips of the month:** Remember to check out Alison's table. Clear up fallen leaves. Raise containers onto pot feet to prevent water logging. Plant those bulbs – tulips, daffodils, hyacinth and don't forget the garlic - for a spring display next year. Prune roses to prevent wind-rock. Plant out winter bedding. Cover brassicas with netting if pigeons are a problem. Insulate outdoor containers from frost. Stop winter moth damage to fruit trees using grease bands around the trunks. Put out bird food to encourage winter birds into the garden. Use a seasonal bonfire to dispose of excess debris unfit for composting. **Thought for the Month:** If you see someone without a smile give them one of yours. **Dates for your diary/calendar: Port Eliot Firework Display, Tuesday 5th Nov; St Germans; Open Mic Night, Wednesday 6th Nov for all you budding musicians, the Copley Arms Hessenford; Glass Shack Christmas Decoration Workshops, various dates in November, Downton. St Germans Priory Christmas Market, Thursday 21st to Saturday 23rd Nov.**

St Germans Priory Christmas Market

Thurs, 21st November 6.30pm – 9.00 pm, Fri, 22nd November 10.00 am – 4.00 pm
Saturday, 23rd November 10.00 am - 4.00 pm. We are pleased to announce the return of the St Germans Priory Christmas Market opening at 6.30 pm. On Thursday, 21st November.. Once again there will be a variety of stalls including knitting crafts, pottery, skin care products. Christmas crafts, Cornish products and home-made cakes amongst many others. . There is a wonderful atmosphere in this beautiful old building in the evening which will be enhanced by music being played on the organ throughout the evening. Mulled wine, hot drinks and mince pies will be available. On Friday, 22nd November there's a chance to wander around and look for all those special Christmas presents with a difference. Hot soup, rolls, crepes, sandwiches and cakes will be on sale. The market is again open on Saturday 23rd November from 10am – 4pm and there will be children's craft activities at different times throughout the day. Look out for posters. As always there will be a grand raffle which will be drawn at 3.30. Our grateful thanks to all local traders who have donated prizes including Paul Bray, Scholars, The Halfway House, Tarten Down Nursery, Waitrose and Morrisons. Entry to the market is £1. Hang on to your programme and come back as many times as you like.



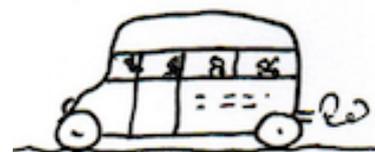
STC Christmas Jumper Day Friday December 13th

Save the Children's festive Christmas Jumper day is coming soon, so shake out your woolies, tie on some tinsel and bling it up with baubles. Keep your eyes peeled for local events and if you/school/office /family would like to have a CJD you can get a pack from [Register | Christmas Jumper Day 2019 | Save the Children](#). No CJD is too small and you can have lots of fun.

Community Bus News.

TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250055 Mon-Fri 9.00am-5.00pm							
No Weekends, and no chasing Bev down at the pub to make a booking - Bev might bite!							
Nov							
Monday	4	Looe	11.30am	4 Hours	£1.50	£2.10	
Tuesday	5	Plymouth	9.30 am	4 Hours	£2.70	£3.90	
Thursday	7	Liskeard	9.30 am	2 Hours	£1.90	£2.60	
Friday	8	Tavistock	9.30 am	4 Hours	£3.60	£5.15	
Saturday	9	Trago Mills	2.00 pm	2.25 Hours	£3.00	£3.40	
Tuesday	12	Plymouth	9.30 am	4 Hours	£2.70	£3.90	
Thursday	14	Liskeard	9.30 am	2 Hours	£1.90	£2.60	
Tuesday	19	Plymouth	9.30 am	4 Hours	£2.70	£3.90	
Wednesday	20	TRURO	9.30 am	4 Hours	£4.60	£6.20	
Thursday	21	Liskeard	9.30 am	2 Hours	£1.90	£2.60	
Tuesday	26	Plymouth	9.30 am	4 Hours	£2.70	£3.90	
Thursday	28	Liskeard	9.30 am	2 Hours	£1.90	£2.60	
Saturday	30	See us at our stall at the D+S Village Hall Bazaar - 10.00am-2.30pm					
Dec							
Monday	2	Looe	11.30am	4 Hours	£1.50	£2.10	
Wednesday	4	EXETER	9.30 am	4 Hours	£5.60	£7.20	
Friday	6	Tavistock Dickensian Evening, Depart 4.00pm			£3.50	£5.15	
Wednesday	11	TRURO Victorian Mkt	4.00pm	3 Hours	£4.60	£6.20	
Wednesday	18	TRURO	9.30 am	4 Hours	£4.60	£6.20	
Thursday	26	Bank Holiday - No Service					

Quite simply we need your help. We need more drivers so that we can sustain our community bus service. We have a great team, but none of us are getting any younger and we need new recruits.



It is not onerous volunteering. One day a month would make all

the difference. Please contact me at the tel. no. below to discuss how to get started.

In the next few weeks we have a very busy schedule including several trips designed to help out with the joys of Christmas shopping in addition to our regular services.

During November we will be visiting both Tavistock on Friday November 8 and Truro on Wednesday November 20. There will also be a trip to Trago Mills on Saturday November 9. During December in addition to the regular weekly services to Plymouth (Tuesdays) and to Liskeard (Thursdays) and to Looe (the first Monday of the month), you will be able to travel to Exeter, Tavistock and twice to Truro. So let the community bus take the strain. Avoid the stress and cost of parking and we will bring your Christmas shopping back safe and sound. In December we will visit Exeter on Wednesday 4, Tavistock for the town's Dickensian evening on Friday 6 departing from Donderry at 4pm, Truro for the Victorian market on Wednesday 11 departing from Donderry at 4pm, with a daytime trip too to Truro on Wednesday 18. We also have a trip to Trago Mills on Saturday, December 14, but unfortunately this will be the last of our monthly services on this route, as demand has been very weak all year, and the route is no longer economic to operate. We have left it in the programme for December, however, to help hopefully with the Christmas shopping.

Kevin Done, Community Bus chairman, 01503 250911.

Cry for Tom

I'd like to update local folk about the #CRY4TOM fundraising efforts. We are rapidly approaching the 4/5th December when our first screening sessions are happening at Bodmin College. You can express your interest for screening at <https://c-r-y.us9.list-manage.com/subscribe?u=bb9eea4e8db4652e04e295506&id=007655e445> We will also be delivering training in CPR to all the students in the College over those 2 days and plan to do the same when we book the next dates. Since we last wrote there has been a great deal of activity for #CRY4TOM and our huge thanks go out to all those who have helped.

- ♥ Cornwall RFU made us their good cause for the year and we were able to collect just short of £1000 by raising funds and awareness and various county matches
- ♥ Lucy Demaine and friends raised £1000 by running the Bath half Marathon
- ♥ Oliver Demaine and Emily Thomson raised £2000 running the Plymouth 1/2marathon
- ♥ Lesley Taphouse and Julie Gregory ran the London Marathon and raised over £1000
- ♥ Polperro Wreckers sang for Tom at the Old Sardine Factory Looe which raised £400
- ♥ Bodmin Rotary donated £200
- ♥ Helen Ralph and friends from Landrake, Dowlunderry, Saltash and Bodmin did the **Cycle4Tom** and raised over £5000 cycling from Bristol to Land's End on the hottest weekend of the year!
- ♥ Tamar Trotters **MAG7** run raised a further £500 in July
- ♥ Looe Rowing Club set up a new '**Round the Island Race**' in memory of Tom and raised another £1000 for the screening fund
- ♥ Mia Vitkovik raised almost £300 from her Plymouth 5K run in October
- ♥ A further £10,000 will be donated for screening in Cornwall from the **TESCO Centenary Community Fund** and we hope that half of that will come to the East of the County
- ♥ **Saltash Co-op** have just finished their collection for chosen charities and we will hear soon just how much local people wanted to donate to us!
- ♥ The Plymouth and Exeter RFC's annual Medical students' v Alumni match raised £150 and many others have donated at smaller events in the last 6 months.

The **CRY Awareness week** is coming up 18th – 24th November and we have a fantastic Concert for Tom given free by the internationally renowned Shanty group **Kimber's Men**. At Lanivet Parish Community Centre. Tickets will only be **£8** and there will be a bar, pasties and a raffle on the night. Tickets are now available from St Germans Community Shop or from Ann Demaine 07984 543986. There will also be CRY Cake Sales taking place – if you want to hold one yourself for **#CRY4TOM** please let me know on anndemaine2015@btinternet.com or 07984 543986 or 01503 230292 and I can arrange for a pack to be sent to you.

We have now booked up screening dates for Saltash on 27/28th November 2020 at China Fleet Country Club which be advertised much nearer the time, but out the dates in your diary NOW and express your interest (as above). We hope that there will be sessions in Liskeard/Looe area next as well as in Plymouth. We will keep you posted! With best wishes, **Ann**

Bethany Post Box

I would like to say a thank you to all who sign my petition for getting the Post Box back to where it belongs in Bethany. Kind Regards, Pauline Chilton NHW.

Rita's Rota

2019 Dates

1 10.00 CM CZ; 5.30 for 7.00 Fireworks DSC

2 7.00 Halloween party DSVH; Art Show CA

3 11.00 Eucharist SNCh; 5.00 All souls service TC

4 11.30 CB to Looe

5 9.30 CB Plymouth; 10.00 Eucharist TC; 10.00 CM DSVH; Port Eliot

Fireworks; 7.00 Hessenford WI WVH

7 9.30 CB Liskeard;

8 9.30 CB Tavistock

9 10.00 Table top sale EHSG; 10.30 Soup, pud and table top SNCH; 2.30 CB Trago; 7ish Whitsand Harmony DSVH

10 REMEMBRANCE SUNDAY 9.30

Morning Prayer HC; 10.45

Remembrance TRBL & TC, SGMC; 5.00 Communion CZ

11 ARMISTICE DAY 10.00 CM TRBL;
10.15 Butterfly garden gang SCP; 10.45 Hessenford, Donderry and Tideford War Memorials

12 9.30 CB Plymouth; 10.00 Eucharist TC

14 9.30 CB Liskeard; 7.30 Deviock P Council CZ

15 7.00 Women in Mind Camp Theatre DSVH

16 11.00 Defibrillator Training Smugglers Seaton

17 9.30 Eucharist SNCh; 11.00

Eucharist SGPC

19 9.30 CB Plymouth; 10.00 Eucharist TC; Mobile Library 9.45 St G

Almshouses, 10.15 Quay Rd, 12.10

Crafthole; 1.55 IOS; 2.10 Seaton

20 9.30 CB Truro; 7.30 St G Garden Club EHSG

21 9.30 CB Liskeard; 0.00 Christmas Market SGPC;

22 10.00 Christmas Market SGPC;

23 10.00 Christmas Market SGPC;

24 11.00 Eucharist + lunch SNCh; 3.30 Gift Fair CA

26 9.30 CB Plymouth; 10.00 Eucharist TC

28 9.30 Thursday Club to Truro; 9.30 CB Liskeard;

30 10.00 Christmas ?? 2.30 Christmas Crafts SGMC

CZ Donderry Coastal

Zone/Methodist Chapel; CA Copley Arms; DSC D'derry School; DSVH Dderry & Seaton VH; EHSG Eliot Hall St G; HC H'ford Church; IOS Inn on the Shore; SGMC St G Methodist Ch; SGPC St G Priory Church; SCP Seaton Country Park; SNCh St Nicolas' Church; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall and CB Community bus; CM coffee morning

Copy for Rita's Rota should be sent to ritasrota@yahoo.co.uk by 15th of the preceding month.

Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.