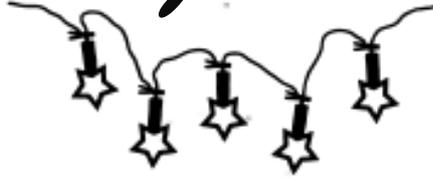
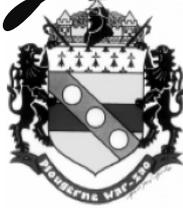




December 2019 Volume 34 (9)

Seasons Greetings to all



And wishing you all a very Happy New Year. There will be no Nut Tree in January, but February as usual so please email copy to nuttree.editor@yahoo.com or post to 'Tremaye' Donderry by the 17th of January. Merry Christmas and thank you to our team of deliverers who so faithfully ensure that your Nut Tree reaches you every month, rain or shine. Enjoy your month off. Special thanks to those who have recently handed over to someone else after many years' service, including Paula, Margaret, Celia and Betty. Any enquiries, email or ring 250629.

Nature Another early morning walk in autumn and I am searching for three small birds, all winter visitors. Over the years I know where to look for them, almost the exact tree, bush or rooftop. Sure enough among some overgrown, roadside buddleia a tiny, restless bird comes into view. About the size of a Wren and with black and white stripes across its head, this attractive Firecrest quickly distinguishes itself from its commoner cousin, the Goldcrest. Moving on I am surprised to see the white berry-like fruits of the cabbage palm in someone's garden. I have a specimen in my garden and normally associate the fruits with December when they are attractive to some wintering birds. Sure enough there are a couple of Blackbirds, but I am looking for smaller bird, a warbler, and right on cue a female Blackcap comes in to feed. The tree is a native of New Zealand and is not a palm. Neither has it anything to do with cabbages. The long leaves do get tatty, but despite this it is a common ornamental tree and adds an exotic touch to Cornish gardens. As a source of food in winter it is worth its place. I draw a blank with the third bird, the Black Redstart. In winter it prefers cliffs or tall buildings and one year one appeared on the roof of my house. In the past a walk along the coast could reveal four or five individuals, but last winter I was disappointed to see just one and that was in Seaton. I hope for better prospects this winter.

Alan Payne

Housing Needs Survey 2020 Deviock Parish Council has commissioned a Housing Needs Survey, which will be available for all residents within the Parish to complete online from 27th January 2020. Residents will receive a letter providing further information (including the purpose of the survey and how to access it online) during the week prior to the survey going live.

Parish News - St Germans

St Germans Parish Council voted in its October meeting to support Cornwall Council's initiative to become carbon neutral by 2030. The council also, in that meeting, signed the contract to accept ownership of the phone box at the top of Quay Lane; the Council will now be responsible for its maintenance and the electricity supply to the box will continue. Please submit any ideas you have for the use of the phone box to our parish clerk. Ideas so far include a place for exchange of books and board games, and the housing of a defibrillator.

Sadly, there has been more ugly graffiti on the bus shelter by Lynher House, St Germans. While it is arguable that spray-can graffiti may enhance the appearance of a disused warehouse on an urban industrial estate, the badly-executed graffiti on our rural bus shelter does not fit that description, so yet again we ask that this stops.

Deviock - Please note there is no Parish Council Meeting in December.

December Planning Committee Meeting: 19th December 2019, 6.30pm (if required).

January Parish Council Meeting: 9th January 2020, 7.30pm.

January Planning Meeting: 23rd January 2020, 6.30pm (if required).

All meetings take place at The Zone, Donderry Methodist Church.

DEVIOCK PARISH COUNCIL LOAN FUND The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

The DEVIOCK PARISH OFFICE is located at: The Vestry, St. Nicolas Church, Main Road, Donderry PL11 3LE Tel. (01503) 250052 (Wed and Thurs afternoons) / Email: clerk.deviockpc@btinternet.com (Mon-Fri) **OPENING HOURS:** Tuesdays: 1pm–2pm (Church Hall, Hessenford) Wednesdays: 2pm–4pm (The Vestry, Donderry) Thursdays: 1pm–3pm (The Vestry, Donderry) *Please note the office will be closed between Christmas and New Year, reopening on Thursday 2nd January at 1pm.*

See the website at: www.deviockparish.org.uk (where Agendas and Minutes are available). Karen Pugh (Clerk)

Handyman support required

Deviock Parish Council is looking for regular handyman support that can be called on as required for the following types of small job: repairs of noticeboards and benches, repairing roof tiles on public toilets and shelters (heights no higher than this), and other ad hoc repairs. If you would like to put your name forward, please contact the Parish Clerk with further information, or drop in to the Parish Office during opening hours KP

News from Cornwall - Jesse Foot

Around the world there are many different national days of celebration and awareness. These 'National Days Of' are slightly different from other national or religious holidays like Easter or Christmas as they celebrate things including doughnuts, bacon, Roald Dahl, or being left-handed. Many of the days raise awareness around certain issues like stress, tolerance, and thinking. Wouldn't it be lovely to have a December with less stress, more tolerance, and more thinking? Each one of us has true freedom in deciding how we respond to situations or what our attitudes will be. One can choose less stress, greater tolerance, and deeper thinking, preferably about others and their happiness instead of self, or one can choose otherwise. But ultimately each one of us is personally responsible for our attitudes towards situations and other humans. December is also Human Rights Month when we are reminded of a day in 1948 when the UN codified the basic human rights of every single person on this planet. Everyone has the same rights whatever one's background, race, nationality, gender, bank balance, age, religion, eye colour, pasty preference, clotted cream placement or any other system humans use to define, diminish or put people into the other category. I often remind myself that every single person I meet or interact with deserves to be treated with respect, courtesy, and love. This isn't always easy to do but I am trying. We are all in this together and need to work together for the greater good of all on the planet. Democracy needs honest and hard-working people, like you, to get involved by not only by voting or holding elected representatives accountable but also getting involved personally in our democratic system. That could be at a parish, town, local or national level or by forming a lobby group or engaging with young people or starting a no political violence or intimidation day! This December there are many days vying for my attention: Gingerbread House Day, Ambrosia Day, Poinsettia Day and Ding-a-Ling day all fall on 12/12. In the UK, we go to the polls once again. Many are feeling fed up and are filled with apathy around politics. I get it, I'm feeling the same way but I will vote on 12/12 and encourage everyone eligible to vote too, remembering that "Every election is determined by the people who show up." Try to breathe deeply and choose a respectful attitude whatever happens. Nadelik lowen ha blydhen nowydh da onen hag oll! Merry Christmas and a Happy New Year to One and All! Please get in touch if I may assist with anything Cornwall Council related - Gwella, Jesse - 07449372274 or jesse.foot@cornwallcouncillors.org.uk

Grant Applications Invited

St Germans Community Shop is very pleased to announce that there will be funds available for grant applications. Groups and organisations operating within St Germans Parish and including Polbathic will be eligible to apply for a grant. Applications must be in writing stating how much the bid is for and its purpose. Grants will only be awarded for a specific project or items and not for day to day running costs. Please address your sealed bid for the attention of The Secretary, St Germans Community Shop marking the envelope Grant Application. Bids should be received no later than 31st December 2019 and successful applications will be notified by 31st January 2020.

Simple Ways to Save the Planet at Christmas

I have to admit I often feel torn at Christmas time. I love the family gatherings, the shared meals, the community social events. On the flip side I find the pressure to spend difficult. Christmas with friends and family can be wonderful, but it can also be isolating for some, especially older people, who do not have family close, or a place to go. What can we do to make Christmas special and meaningful, without the pain of spending too much or inducing isolation? Much of our life is spent in the pursuit of money. We need money to buy presents. But if we reduce how much we buy we need less money. Less money means less time spent working and more time to do things that make us human. And this is the magical thing. It is virtually impossible to spend money without having some impact on the environment. But the same is not true of time. In fact to the contrary. A key component to mending our environment is to build local connections, so travel is no longer a necessity and self sufficiency starts to become an attainable dream. I have to say our Christmases have been much more fun since we put a limit to present buying and focused on homemade chocolates and crafts. Your time could make a neighbour happy by paying a visit or inviting them around for a meal. You could turn those slightly over ripe apples into chutney, or an old pair of curtains into bags. You could spend time making your garden a haven for wildlife. Or simply go for a walk as a reminder of how lucky we are to live in such a beautiful place. And if you do still want to give a present, then there are some excellent charities offering gift options that won't clutter up your friend's houses, but that give a glow in the gifting. Merry Christmas to you all. And thank you for all you are doing to make the world a better place. Lizzy S.

Downderry Carols

The Downderry Street Carols around the village Christmas Tree outside Blue plate will be on Sunday 22nd December. The event will start at 4.30pm with Mulled Wine, Hot Beef Pasties, Sausage Rolls plus Veggie option and for the Children Hot Blackcurrant Apple Juice & Caramel Toffee Apples. All are on offer for a small donation to a local charity, The Liskeard & Looe Food bank. So pop along with your torch and sing along to your favourite Christmas Carols and have some joyous fun supporting a local charity. Carol Sheets will be provided. There will also be a Christmas Prize Draw with all proceeds going to the Food bank. And to carry on the festive joy and songs, Blue plate will be open until late offering a Cocktail Evening, Happy Hour Bar, great Sourdough Pizza's and Light bites. Food bank's will be located at St Nicholas Church and at Blue plate from December through to 20th January, please donate at either location. Some ideas: Non Perishable Food - Treats/Snacks - Tinned Food - Meat Veg or Puddings that they would benefit from. See you here at Blue plate what ever the weather so please Remember to Bring a Torch, Waterproofs & Wrap up Warm.. If you would like to assist or donate in any way please contact Sam on 01503 250308

Seaton Butterfly Garden Things are coming along well in the garden, Chris has been down with his brush cutter and strimmer, and has done a sterling job of trimming back a lot of the paths, and clearing old dead wood, for fresh shoots in the spring, We are still tackling the river reed wild strawberry, and Ivy, that is choking everything if we don't keep on top of it. We want to clear a swathe at the front, behind the primroses, so if anyone can come down on Mon 9th Dec, or Mon 13th Jan morning, around 10.00am. any help will be much appreciated. If you want to give me a call, I'm on 250293, Merry Christmas and a Happy New Year to All - Heather

St Germans Chapel News

At our chapel on Sunday December 8th at 4 we have our well loved Carols by Candlelight service. It's led this year by Helen Burke. We can't promise choirs of angels but there will be songs from Caenwen's Christmas Choir as well as readings and reflections and of course an opportunity for you to sing your favourite Carols. Why not take a short break from the mad dash of it all on Christmas Eve at 4 for a short relaxed informal Family meeting with an especial children time and of course mince pies and cakes. Even if you're not a shepherd nor an angel you are welcome to come and celebrate the season with us (but you would be a wiseman to say yes!) So come on all ye faithful, travel across field and fountain moor and mountain to the little town to celebrate with us that Jesus is the reason for the season.

St Germans Thursday Club

In December, Thursday Club meets only once - in the Methodist Chapel on 12th Dec. at 2:30 pm, for mince pies and festive music with a chamber choir from Looe. Visitors and new members very welcome. Our meetings in January 2020 will be in the Eliot Hall on the 9th and 23rd, both at 2:30 pm, with raffles and refreshments. On the 9th for Subscriptions (still only £10 a year) and Nominations and on the 23rd at 2:30 pm in the Eliot Hall for our AGM. Perhaps there will be volunteers eager to join the committee. As publicity person, I have enjoyed the challenge of designing posters and writing a short monthly article for the Nut Tree. Others might have a go and do it differently?! And we will consider:- How did the year 2019 go? Which outings were popular, and which speakers and activities went well? What of the year ahead? and What do our members, both old and new, want?

Chairperson: Brenda Crago 01752-851199; Report by Sue Cousins 01503-230106

Christmas community lunch - Wednesday 18th December !!

We hope to see you for this lovely community celebration and that old and new attendees will come and join us. **Please do sign the sheet in St.Nicolas Church porch by Wed Dec 11th so we can plan numbers** (or call Sandra on 250798)

This is a lovely shared meal celebrating Christmas, so your presence is the most important thing that you can bring . There is no charge, donations are welcome .

Last year we had fabulous support and great company . There were many offers of help . IF you would like to bring something along, or want to help prepare /dish or set up please write in the comment column or contact Sandra, then we can plan . Anything from a pint of milk , some butter or peeling parsnips, wiping up , setting the table helps make the day a joint effort but is not obligatory . Most importantly we simply want you contribute yourself and join us in this celebration of Christmas . **If you know of an infirm member of the community who may need a lift to attend the meal or take away organised please also let Sandra know .**

There will be NO community Lunch Wed 25th December or 1st January 2020.

Results of `No Rules Pumpkin Comp 2019

Hi to all of you out there in pumpkin land. The results from all the competitors in the 2019 pumpkin comp have now all been received. It has been a very challenging year with the late frost and then a very hot dry summer. You will all be delighted to know that there have been some very heartening results in spite of a the unexpected extreme weather . The best result nurtured by liquid feed and comforting words was from Alison with another whopping pumpkin of 19 kg with a girth of 123 cm. Kevin was also near a winner by producing a 16.6 kg pumpkin with a girth of 133 cm. Best supporting effort was by Debs and Brian with a 12.2 kg specimen with a girth of 112 cm. A very respectable novice entry was from Pauline with 8.86 kg and last with a very commendable pumpkin was Helen with 2.46 kg and a girth of 53cm. Many thanks to all who took part in the fun, we look forward to another chance at glory in 2020. Martin Reed

St Germans & District Garden Club

This month we are holding our Christmas dinner on Wednesday 18th December in the Eliot Hall starting with mulled wine at 7pm.

If you haven't bought your tickets yet then there are still some available - £12.50 from David on 01503 230305.

The Zone a Fresh Expression of the Methodist Church in Donderry

The Chapel by the Sea

The services for December are Sunday 8th at 5pm which is Holy Communion and Sunday 15th at 3pm. This is our carol service and will be taken by Reverend Chris Tomlinson from St. Dominic. We also have Whitsand Harmony Choir joining us as in other years. There will be refreshments after the service.

Polbathic Players

The Polbathic Players are promising a magical evening at their 2020 pantomime 'Aladdin' with rings, lamps, genies and carpets set to amaze and mystify! From an original script by Tony Bowditch and Willie Balfour with additions by director Kim Byles, the show will premiere at the end of January and stars Sam Hunt and Samantha Ennor as Aladdin and the Princess So Posh. Also Adrian Ward as Widow Twankey, Andy Langford as the villainous Abanazer and Tony Bowditch as the Emperor of China. Come and see us at the Polbathic Village Hall on January 24,25,30,31 and Feb 1, 2020. Tickets on sale 1st January from St. German's shop, Tredinnick Farm Shop at Widegates and The Copley Arms at Hessenford. Like us on our facebook page 'Polbathic players drama group' for regular updates, rehearsal photos and more.

Cornwall Hospice Care

The last **BAKED POTATO LUNCH** of 2019 will be on **Thursday 5th December** & the first of 2020 on **Thursday 9th January** 11.30am - 1pm £5

Best wishes for Christmas & the New Year to all our supporters.

TOUR DE MOOR 2019 Chris & Gail Brett would like to thank all of you who sponsored us in aid of St Luke's Hospice. We are pleased to say that we completed the 23km and have raised over £180 this year. Thank you to Kim & Richard along with staff members at the shop in Donderry for helping with the sponsor form & monies. 1341 cyclists took part in this annual off road bike challenge from Harrowbeer Airfield, Yelverton across Dartmoor and back. It was very muddy and wet on the day but that did not deter anybody. We hope to be able to take part again next year.

Donderry and Seaton Village Hall Cornwall Christmas Box Appeal The Donderry and Seaton Village Hall is supporting the Cornwall Christmas Boxes appeal which aims to provide a Christmas Dinner in a box for the poorest families in Cornwall. There is a Christmas Box shopping list on www.donderryandseatonvillagehall.co.uk, copies in the Village Hall and on Notice Boards around the villages. Due to storage and distribution limitations they can't accept fresh food but there are plenty of good things on the list and your welcome to add other Christmas treats to your box (please don't include alcohol, cigarettes or vouchers or any perishable food). You could also share the cost by getting together with friends, neighbours and colleagues to fill a box together. Please then place the items in a decorated closeable cardboard box and take to the Village Hall **Tuesdays 3pm to 5pm** and **Thursdays 2pm to 4.30pm**. Ends 5th December.. **Coffee Morning** Pop in to the Donderry and Seaton Village Hall for a chat and enjoy tea or coffee and Mince Pies and Cream at our regular Coffee Morning on **Tuesday 3rd December**. Doors open at **10.00am until 12 noon** and it only costs £1 each. There will be a Bric-a-Brac and Book Stall and Raffle Tickets for that mornings draw. All are welcome at this event, including well behaved dogs on leads who will also get a little treat. All proceeds goes to the Village Hall. **Christmas Quiz** It's time to get your thinking caps on and enjoy a fun night with friends at the Village Hall Christmas Quiz on **Friday 6th December**. Teams of up to 6 people only and the price is £5 per person which includes a Mince Pie and Nibbles. Tickets are on sale from our website (www.donderryandseatonvillagehall.co.uk) and Summink Different in Donderry when it reopens on 18th November. Doors open **7pm for 7.30pm** start. There will be a bar and raffle during the evening. **Christmas Bingo** This year's Christmas Bingo is on **Friday 13th December** (please note date change as the Village Hall will be used as a Polling Station for the Parliamentary Election). Doors open at **6.30pm with eyes down at 7.30pm**. There will be a BIG raffle with prizes including Chicken dinners with wine and many more, plus a cash house. This evening is always popular so you should get there early. **Last Bingo of the year** The last normal Bingo of the year is on Thursday 19th December. Doors open **6.30pm with eyes down at 7.30pm**. As a special treat there will be Mince Pies and Cream. Bingo will resume at the end of February 2020. **DAS Drama Group** The DAS Drama Group are in rehearsals for their next Panto - Treasure Island, Oh no it isn't, oh yes it is! Put one of these dates in your diary **Wednesday 12th to Saturday 15th February 2020** and buy your tickets when they go on sale at the beginning of January. Go to the Village Hall website (www.donderryandseatonvillagehall.co.uk) or join our Facebook Group for more details.

Polbathic Hall Christmas Bingo - Friday 6th December at 7.30pm Prizes for lines and houses, raffle and refreshments Fun for all the family! **Christmas Carol Service** - At the Hall at 4.00pm, everyone welcome on the 15th December, with mulled wine, warm apple juice, also mince pies. Merry Christmas

Hessenford WI

President Jackie was pleased to welcome several visitors to our meeting. Our speaker was Andy Bristow, a local resident known to a number of us. His talk was entitled "Sailing to the Arctic" which was illustrated with beautiful slides. A retired army colleague of Andy's had wanted to see how climate change was effecting the region. The voyage to Svalbard in Andy's steel boat "Atlantis" took three months. We shared in both the serious elements of what they saw and in the everyday experiences of sailing in those waters. A fascinating talk in which we were totally engaged. The business elements of the meeting included a report by Rose of the Annual Council Meeting in Redruth which she attended with Marie. Yvonne, Marie, Shirley and Rose had enjoyed the "What's in my Trolley?" Cookery demonstration at Coads Green. Our entry into the Liskeard Prime Stock Show achieved its usual position of last with a Highly Commended certificate, but we had enjoyed doing it! Some of us had also enjoyed a lovely walk in Seaton valley, rounding it off with a hot drink at the cafe on our return. Our next meeting is on Tuesday 3rd December at 7 p.m. then Feb 4th 2020

Downderry and Seaton WI

Our most recent meeting had an excellent presentation by Pat Dollard, husband to our own Ann (Vice-President). The subject of his talk was his trip across Europe on a bicycle. What an intrepid fellow he is. To start the talk, he told us that he likes to have adventures and will frequently take himself off on a person powered trip that means using a bike, kayak, or sail. He eschews going on planes but will take trains and ferries in an effort to reduce his carbon footprint. With slides and very interesting and witty observations he took us from Holland across Europe to the Black Sea. Wonderful stuff. We are also very proud of our two members who put entries into the Cornish Winter Fair at the Royal Cornwall Showground. Rosie Highfield, "A celebration card to mark the Centenary of the Cornwall Federation of Women's Institute and Ann Dollard who entered "A small Christmas Tree decoration in WI colours" for which she won 1st Prize. Both these women are highly skilled in many crafts and we are honoured and grateful to have them in our Group, helping us learn new skills on 3rd Tuesday of the month. Those who attended the Downderry and Seaton Village Bazaar will have seen that we are about to enter the Cornwall Federation of Womens' Institutes Alsop Cup competition which runs throughout 2020. This will involve our WI investigating and surveying the hedgehog population in Downderry and Seaton. "Operation Hedgehog" is coordinated by Cornwall Wildlife trust and aims to raise awareness across the whole community of the decline in hedgehog numbers and to get us all involved to help better understand the status of hedgehogs in Cornwall and encourage us to create better habitats for hedgehogs in our gardens. Our next meeting in December is on 10th December, with "Behind the lines with the Women's Auxiliary Corps" 1.30 p.m. in the Zone. Visitors always welcome. Anyone who is interested to find out more about anything in this article should contact Maura Swabey 01503250322 or maura_swabey@yahoo.co.uk

Soup and Pud lunch - Sat January 11th

Soup Pud lunch and charity stalls 10.30- 1.30 St. Nicholas Church.

Another lovely chance to meet friends at this ever popular event. Come and meet friends over hearty home made soup and puds. No fee, donations welcome. Yummy cakes and bakes, Save the Children Charity stall and much more are on offer. No fee, donations welcome

Celebrate Burns Night in style!

with St Germans and District Twinning Association

Blow away your post Christmas Blues and join us for a fun evening. After last year's success the Twinners are holding another Burn's Night dinner and Ceilidh on Burn's night itself, 25th January 2020 in the DOWDERRY and SEATON VILLAGE HALL starting at 7pm. There will be a traditional three course dinner of cock -a- leekie soup, haggis, neaps and tatties followed by cranachan with a shot of whisky and a formal 'Address to the Haggis'. There will be a Bar and a raffle. Vegetarian, Gluten free and non -haggis alternatives will be available but only if pre-ordered. Afterwards there will be a Ceilidh with a caller and a band to dance off any excesses! Tickets are £15 available in advance please from Ann 232932, Hilary 230305, Jeff 250928 or Terry 250687

News from DaSRA - DOWDERRY & SEATON RESIDENTS ASSOCIATION

2019 seems to have been the year for consultations, and as we move towards a New Year, we await the outcome of the surveys held on the Seaton Children's Play Area and on the Seasonal Beach Restrictions for Dogs. We also wait to hear if Cornwall Council will require planning permission for the Number Recognition Cameras (ANRC) installed in the Inn on the Shore Car Park. As soon as we hear the result of these consultations, and any resultant action, we will post details on the DaSRA website www.dasra.co.uk so please do visit to keep up to date. The Homepage of DaSRA's website gives listings of upcoming events happening in DOWDERRY and SEATON. We are happy to publicise details of any activity of interest to residents and we can react quickly to add or change details as necessary, so if you want to publicise your event, please send copy to info@dasra.co.uk. On the subject of the website, do let us know if there are other topics that you would like us to cover. It is designed to be a go-to site for information for residents, so we want it to work for you all. DaSRA's Committee Members wish you and your family a very Happy Christmas and all best wishes for the New Year. We look forward to having contact with you during 2020. Laura Done, Chair, 01503 250911

Save the Children CHRISTMAS JUMPER DAY FRIDAY 13th December

We want to see your Christmas Jumpers again, for lunch at The Seaton Beach Cafe, the usual prizes will be awarded for the best and worst jumpers, and a delicious lunch will be served, dogs welcome in the outer parts only as the kitchen is open plan. To book your places and choose your menu please contact Chris Wiseman 0n 250614 or christinewiseman@rocketmail.com

Thanks I would like to thank the following people for their help to make the church look wonderful for Christmas. Lyn and Alan and Susan and Steve for the Agapanthus. Tina, Tim and Chrissie for the cones. Mark and Scott for drilling the cones. Carol and Frank for the memory labels for the tree and the drama group (panto) for their donations towards the cost of the tree. I look forward to seeing you all over Christmas. J. Bewick.

Downderry and Seaton Community Bus

TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250055 Mon-Fri 9.00am-5.00pm						
No Weekends, and no chasing Bev down at the pub to make a booking - Bev might bite!						
DATE		DESTINATION	DEPART	LENGTH OF STAY	FARES SINGLE	RETURN
Dec						
Monday	2	Looe	11.30am	4 Hours	£1.50	£2.10
Tuesday	3	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Wednesday	4	EXETER	9.30 am	4 Hours	£5.60	£7.20
Thursday	5	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	6	Tavistock Dickensian Evening, Depart 4.00pm			£3.50	£5.15
Monday	9	SHOPPING Saltash/Tesco	9.30 am	back by 3pm	£2 Saltash, £4 Tesco rtn	
Tuesday	10	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Wednesday	11	TRURO Victorian Mkt	4.00pm	3 Hours	£4.60	£6.20
Thursday	12	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Saturday	14	Trago Mills	2.00 pm	2.25 Hours	£3.00	£3.40
Tuesday	17	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Wednesday	18	TRURO	9.30 am	4 Hours	£4.60	£6.20
Thursday	19	Liskeard	9.30 am	2 Hours	£1.90	£2.60
Friday	20	Coffee Morning + 300 club, Village Hall, 10.30-12.00 noon £1.00				
Tuesday	24	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Thursday	26	Bank Holiday - No Service				
Tuesday	31	Plymouth	9.30 am	4 Hours	£2.70	£3.90
Jan						
Liskeard and Plymouth trips Thursdays and Tuesdays						
Monday	6	Looe	11.30am	4 Hours	£1.50	£2.10
Wednesday	15	TRURO	9.30 am	4 Hours	£4.60	£6.20
Friday	24	Exeter plus dropoff at Ikea if wnted		9.30 am	4 Hours	£7.20
Feb						
Liskeard and Plymouth trips Thursdays and Tuesdays						
Monday	3	Looe	11.30am	4 Hours	£1.50	£2.10
Wednesday	19	TRURO	9.30 am	4 Hours	£4.60	£6.20
Friday	28	Tarquins Gin Wadebridge				

Buses and Trains - St Germans & Area Public Transport Group

Many of us are, understandably, concerned about a safer A38. An important way forward in road safety is for more people to use bus and train rather than their cars on the road. It is easy by train to get to Plymouth (15 to 18 minutes journey) and to Truro (about an hour), as well as to Saltash, Liskeard etc. The new St Germans train timetable, which you should now have, offers 22 trains a day going towards Plymouth, and 28 down through Cornwall, Mondays to Fridays. Study the times carefully, as there are many changes beginning on 16th December. The “school / college” train into Plymouth will be at 0722, and another that stops all the way into Plymouth is the 0822. This latter one goes on to Bristol and Cardiff: another Cardiff train to look out for is at 1228. Also note that the direct trains to London are at 0743 and 0850. A major piece of bus news is that fares should be coming down soon. Cornwall is the first rural area to be given funding to run a pilot scheme to bring down the cost of bus travel from May 2020. Cornwall Council Cabinet member for transport Geoff Brown said: “One of the issues for our residents is the cost of using buses to get around. If more people use the buses then the plan is that over the four years of the project, the lower cost of fares becomes financially sustainable. More journeys by bus means more fares being paid which means keeping fares down. We know that good public transport is important to our residents to connect

communities for work, education and socialising. Promoting and providing affordable public transport is also important in tackling climate change and getting cars off the road. That's why improving public transport in Cornwall is a priority for this council." People who have bus passes similarly support bus services by using them. If you haven't been on the bus much, have a look at the 75 and 71 timetables. It's easy to get from Donderry to Torpoint and Plymouth, and to Liskeard in the other direction. For St Germans passengers the 71 not only gets you easily to Saltash and Liskeard, but from Liskeard you can get connexions to Looe. Here's another tip - catch the 0944 from St Germans to Landrake, cross over the footbridge and take the 11 to Liskeard, Trago, Bodmin, Wadebridge or Padstow. Later buses at 1144 and 1344 make the same connexion at Landrake... Or you could take the train to Bodmin Parkway and change there for frequent buses to Bodmin, Wadebridge and Padstow. A.C. 230106

Hessenford News I know Bethany would like to say a big Thank You to everyone who supported her last month when she hosted an Art Exhibition to raise funds for Mind mental health charity because over £900 was raised which is a tremendous sum for such a good cause. She should be applauded for all her effort along with everyone who contributed to and helped her with the event. It was a lovely evening which I'm sure will be repeated. Thank you to everyone who came to the War Memorial for our Remembrance Service last month. Thank you also to Mike and Di for providing the refreshments afterwards they are always much appreciated along with the welcoming fire. I expect you're all looking forward to seeing the village lit up with all the Christmas lights and no doubt you'll be attending one or more of the many of the events happening this December that I've mentioned below. We all love looking for that 'something different' gift don't we, but I expect many of you found the perfect present at the Copley Christmas Gift & Craft Fair. There's going to be **Christmas Carols** in the **Copley** on **Wednesday, 18th December** and of course there's an open invitation to everyone to come & join us in **St Anne's** for the **Christingle** on **Tuesday, 24th December at 6pm**. Later in the evening there's festive nibbles and music from Luke Deakin in the Copley Arms. And finally don't forget to contact me as early as possible, if there's anything going on that needs a mention. I understand that Kezia is looking for ideas for fund raising so if you can think of any way you can help her please get in touch for more details. **Gardening tips of the month:** You will have noticed that Alison's table has disappeared 'til the Spring but there's still plenty you can do in your gardens. Check that greenhouse heaters are working. Insulate outdoor taps & prevent ponds from freezing. Prune open-grown apples & pears. Take hardwood cuttings. Keep mice away from stored produce. Reduce watering of houseplants. Prune acers, birches & vines before Christmas to avoid bleeding. Harvest leeks, parsnips, winter cabbage, sprouts & remaining root crops. Keep putting out bird food to encourage winter birds into the garden. Deciduous trees & shrubs can still be planted & transplanted. **Thought for the Month:** No act of kindness, no matter how small, is ever wasted [*Aesop*]. **Dates for your diary/calendar:** **Open Mic Night, Wed 4th Dec, the Copley Arms Hessenford; Padstow Christmas Festival, Thu 5th to Sun 8th Dec; Mount Edgcume Christmas Fayre, Sat 7th Dec; Lantern Procession & Christmas Lights Switch On, Looe, Sat 7th Dec; Polperro Christmas Lights Switch On, Sat 7th Dec; Port Eliot Christmas Festival, Friday 13th & Sat 14th Dec; Christmas Quiz Night, Seaton Beach Cafe, Sat 14th Dec; Mousehole Harbour Lights Switch On, Sat 14th Dec; Christmas Carols, the Copley Arms Hessenford, Weds 18th Dec; Christingle, Tues 24th Dec, St Anne's Hessenford. MERRY CHRISTMAS & HAPPY NEW YEAR TO YOU ALL!**

Rita's Rota

December 2019 & Jan '20

1 11.00 Eucharist SNCh; 7.00 Christmas with Whitsand Harmony DSVH 2 11 00 CB Looe
3 9.30 CB Plymouth; 10.00 CM DSVH
4 9.30 CB Exeter; 7.30 9 Lessons & carols SGPC
5 9.30 CB Liskeard; 11.30 Hospice BP lunch; 2.30 Memory Café Party SNCh;
6 10.00 CM CZ; 7.00 Christmas Quiz DSVH;
8 9.30 M Prayer HCH; 11.00 M Prayer SGPC; 4.00 Carols SGMC; 5.00 Holy Communion CZ
9 9.30 CB Saltash; 10ish Butterfly garden SCP
10 9.30 CB Plymouth;
11 4.00 CB Truro Victorian market
12 **GENERAL ELECTION** 9.30 CB Liskeard; 2.30 Thursday Club SGMC;
13 10.00 CM CZ; 12.30 **CHRISTMAS JUMPER DAY** Lunch Seaton Beach Café; 6.30 Cmas Bingo DSVH; Cmas Quiz Seaton Beach Café
14 2.00 CB Trago
15 9.30 Eucharist SNCh; 11 Eucharist SGPC; 3.00 Carol Service CZ
17 9.30 CB Plymouth;
18 9.30 CB Truro; 11.30 Community Cmas lunch SNCh; 7.00 Garden Club Dinner EHS
19 9.30 CB Liskeard; 2.30 Memory Café SNCh; 7.30 9 lessons and carols SNCh; Carols CA
20 10.00 Bus CM DSVH
22 **WINTER SOLSTICE** 9.30 M Prayer SNCh; 11.00 M Prayer TC; 4.30 Village Carols Blue Plate
24 9.30 CB Plymouth; 6.00 Christingle HC; 11.15 Midnight Mass SNCh & SGPC

25 **CHRISTMAS DAY** 9.30 Eucharist SNCh

26 **BOXING DAY**

29 11.00 Eucharist TC 31 9.30 CB

Plymouth

January 2020

2 2.30 Memory Café SNCh 3 CM CZ

5 11.00 Eucharist SNCh 6 11.30 CB Looe; 7.30 Bingo PH

9 11.30 BP lunch; 2.30 Thur Club EHS; 10 CM CZ; 7.30 Deviock PC CZ

11 10.30 Soup pud & Tabletop SNCh

12 9.30 Morning prayer HCH & 11.00 TC; 5.00 Holy Comm CZ

13 10ish Butterfly gang SCP

15 9.30 CB Truro; 4.00 Carols SGMC; 7.30 Garden Club EHS

16 2.30 Memory Café SNCh; 12 mad DSVH;

18 10.00 Big breakfast DSVH 19 9.30

Eucharist SNCh, 11 00 TC

23 2.30 Thursday Club EHS; 24 CB Met Office

24 10.00 CM CZ; 7.30 Aladdin PolH

25 5.00 Aladdin PolH; 7.00 Twinners' Burns Night DSVH

26 10.30 Joint Service SkMH 28 CM DSVH

30 & 31 7.30 Aladdin PolH Feb1 Jumble SNCh

CZ Donderry Coastal Zone; CA Copley Arms; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EHS Eliot Hall St G; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SkMH Sheviock Mem Hall; SCP Seaton Country Park; SNCh St Nicolas' Church; TC Tideford Church; WVH W'gates V Hall

Copy for Rita's Rota should be sent to ritasrota@yahoo.co.uk by 15th of the preceding month. Don't forget the times of events please.

Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.