

### **Winter Wellbeing Guides for 2019**

Cornwall Council have issued their update Winter Wellbeing Guide.

There is 1 copy to read in the noticeboard in St Germans.

Other copies can be obtained by emailing: [phdesk@cornwall.gov.uk](mailto:phdesk@cornwall.gov.uk)

To help identify if your home is cold please freephone 0800 954 1956 or email [advice@cep.org.uk](mailto:advice@cep.org.uk)

**St Germans Parish Council**  
**December 2019**