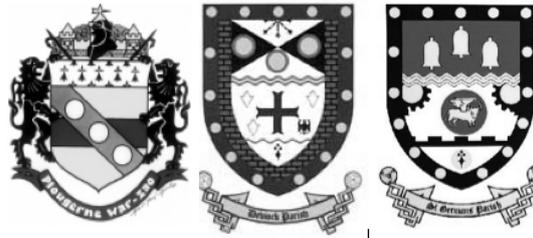


NUT TREE

November 2020 Volume 35 (8)

Nature Notes



Watching migrating seabirds can be immensely rewarding and it did not take me long after moving here to realise that Donderry has much to offer. You can get closer to the birds at headlands such as Rame, but our stretch of coast is not to be outdone. In theory stormy conditions with a south-westerly wind offer the best opportunities, especially in summer and autumn, when birds such as shearwaters are regular and the diminutive petrels a possibility. I have a theory that birds heading west come closer to land than expected because of the width of Whitsand Bay and only veer away as they sight Looe Island. This is long enough to witness large numbers on passage. There is the opportunity to observe dolphins and porpoises as well.

This October the weather has been typically changeable. On one day of light rain, murk and poor visibility, I noted many seabirds offshore including hundreds of Kittiwakes. These small gulls are highly pelagic and some will cross the Atlantic to spend the winter. Occasionally they are accompanied by Arctic Skuas, the pirates of the sea, which are intent on harassing the gulls until any food is regurgitated. Many of the Gannets I observe will be on their way to the Bay of Biscay or beyond, but others remain close to our coastline and on many days recently large numbers have been diving into the sea, attracted by shoals of fish. Another seabird I note is the Common Scoter, a species of duck that spends the winter in the sheltered bays of Cornwall. Its nearest breeding outpost is in northern Scotland. It is important not to ignore inshore activity and suddenly I catch sight of a Merlin, our smallest falcon, as it skims over the shoreline, a rare event here.

Later in the day I return and the rain has stopped. I am pleased to note a few Swallows flying overhead. These are stragglers on their way south. Then just offshore a real surprise, a flock of eight Brent Geese. I usually see these winter visitors from the Arctic on sheltered estuaries such as those at Torpoint, but I cannot remember seeing any before on the open sea. Yet they seem perfectly at home and swim slowly to the west.

Of course, the weather conditions do not always help. On a cloudless morning the later sunrise and low angle of the sun make sea watching difficult as the surface takes on a glassy shimmer and fishing boats appear to tremble. Even the Eddystone Lighthouse hovers above the sea. This is when it is worthwhile to turn inland and focus on a different habitat. Hedgerows offer a little shelter from the wind. There are the usual garden birds, eager to put on weight as winter approaches, but where hedges are south-facing and contain ivy, the vegetation is audibly alive with several insects especially hoverflies. There are still a few butterflies to be seen, especially Red Admiral and Speckled Wood, and in a few favoured spots the Ivy Bee is still to be found. This species is the last solitary bee to emerge in the year and is encountered only in late summer and early autumn. Unsurprisingly, ivy is the main source of pollen and nectar. Considering that the species colonised England only at the beginning of the century, it has increased its range dramatically and provides a welcome success story in contrast to the general decline in numbers of insects. Whatever the weather there is always something of interest.

Alan Payne

News from County Hall

Cornwall Council's Cabinet agreed last month to reinstate the council tax recovery processes. Residents who are in arrears will now be receiving reminder letters, arrangement reminders or final notices. Given the uncertain times, the Council is asking any residents struggling to make payments to get in touch if they need help. Along with the letters, residents will also receive a flyer containing information about support with financial advice and mental health if financial pressure is affecting them. If anybody does require help, please visit the Council Tax page on Cornwall Council's website.

Cornwall Council is asking for young people, families, the voluntary sector and carers for children and young people to share their experiences of Special Educational Needs (SEN) support in Cornwall in its SEN Online Survey 2020. The Council will use the responses to shape its SEN Strategies for 2021 and beyond to ensure it is focusing on the areas people feel need to be improved. I hope residents will complete the survey by the closing date of 30th November.

Cornwall's residents are being urged to get involved and give their views on how to make Cornwall fairer and more inclusive with the launch of new forums on Cornwall Council's Let's Talk Cornwall engagement website. The Council launched The Cornwall we want, its biggest ever listening campaign, in June and has received thousands of responses through an online survey, on line forums, focus groups, live events, emails and post. If you'd like to take part, please share your views on the Let's Talk Cornwall Website.

If I can help anybody with Cornwall Council related issues please contact me on richard.pugh@cornwallcouncillors.org.uk or 01503 220768. Please everybody keep well and stay safe. Thank you.

Councillor Richard Pugh

Deviock Parish Council

Forthcoming virtual meetings: Full Council (12th November and 17th December, 7.30pm); Planning Committee (if needed) and Finance & General Purposes* (26th November, 6.30pm onwards). (*F&GP meeting moved from October.) See Agendas for details prior to each meeting.

Allotments - The Parish Council is updating its list of residents who may be interested in having an allotment, should land become available. Please contact the Clerk to express an interest (even if you have done so previously).

New website - A new website is being developed in order to comply with the Accessibility Regulations. The uploading of content will be phased, starting with statutory documentation and followed by parish and community information.

As the Parish Office is remaining closed until further notice, please contact the Clerk via email if you have an enquiry (clerk.deviockpc@btinternet.com, Mon-Fri).

See the website at: www.deviockparish.org.uk (where Agendas and Minutes are available).

Deviock Parish Council Loan Fund

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

St Germans Parish Council

Congratulations to Donna Liddelow Orphan, she has been recognised for her work for the community, has been awarded the British Empire Medal (BEM). Donna founded the St Germans Youth Project the youth club. Donna is a leader with both the Rainbows and Brownies and has given a lot of her time during this pandemic.

Ash Tree Dieback - quite a few areas around the villages are being tackled and there are some sites where trees will have to be felled. At the Burial Ground, traffic management may be used, as the trees in question border the Tideford to St Germans road (3249), at cricket club corner. Signs will be used to divert traffic.

The build-out pavement, at the Old White House (the old shop) the top of Fore Street work is scheduled to begin in November and which should make the area safer for pedestrians and residents on that side of the road to access their homes and visitors to access the Eliot Hall.

Would it be possible for gardeners to light their autumn bonfires a bit later in the day, or when the weather prevents people from using their clotheslines, whichever way the wind blows it usually affects someone.

Councillor Graham MacKeen

Editorial

The act of Remembrance this month will be all the more poignant this year for many families whose life have been so tragically affected by the ravages of Covid. In common with the bereaved of conflicts and warfare, they alone will know their own thoughts and memories. Ours will be with them, but we might also choose to ponder the celebration of life in contrast. However hard and challenging those of us who have not suffered bereavement and loss might think things to be, the families of those bereaved may choose to differ.

Remembrance Services

Due to Covid restrictions we may not be able to do all that we usually do to mark this important date in our calendars. But mark it we must, whilst complying with the regulations of no parading, no singing and no gatherings of more than 6. (This is how the regulations are as I write on 17/10/20 – so everything is subject to change).

I propose holding a service of Remembrance at 10.45am on Sunday 8th in **St Lukes Church Tideford**, where we can accommodate 30-40 people safely distancing. Crosses and wreaths can be placed at the memorial before or after the service.

Also a service at **St Mary's Sheviock** on Sunday 8th at 10.45am; this service will be by ticket only.

On the 11th there will be a Remembrance service at **St Nicolas Downterry** at 10.45am, and after the service people can take their wreaths and crosses to the memorial without exceeding the “rule of 6”.

There will also be a small gathering at the memorial at **Hessenford** at 10.50am

There will be a lot of people who cannot attend, and for them it will be good just to stand in their homes, or at their front door, or in the garden, at 11.00am on the 11th; knowing that others in all parts of the country will be doing the same. Whilst we are at war with Covid, we must not forget those who have given their lives in previous wars to give us the lives that we lead now.

WE WILL REMEMBER THEM.

Revd Canon Lynn Parker

New Nursery opening at St Germans School

Come and join our learning adventure! At St Germans School we are very excited to announce that we are opening our new nursery on 3rd November 2020. Our friendly village Nursery will offer an exciting and vibrant learning environment for children aged 3-4 years. We are proud of our nurturing setting that enables all children to feel valued by promoting their self-esteem, individual learning styles and independence. We believe that every child should be given the opportunity to develop a love of learning and we promote this through a wide range of engaging learning opportunities that enhance a child's curiosity and creativity.

We are looking forward to welcoming children and their families to our community. Places now available. Please contact us to find out more at secretary@st-germans.cornwall.sch.uk or 01503 230378 *Sarah Marshall (Headteacher)*

The Zone-The Chapel by the Sea

The Zone, The Chapel by the Sea, now has clearance to have the Friday coffee morning weekly and the Communion service monthly. The first coffee morning will be on Friday 6th November 10 am until 11.30 am. Communion Service will be on Sunday evening the 8th November at 5 pm.

For both of these events, attendance will be by prior booking, and will only be able to take place as long as there is no change in the present COV19 rules. At present we can only have 6 for the coffee morning at any one time and 12 for the Communion Service. Hopefully we can increase numbers in the future. Please ring Elsa on 250118 for booking.

Quay Lane Surgery – St Germans and Donderry

- Patient Participation Group (PPG)

The Quay Lane PPG is a group of volunteer patients working closely with the practice to improve communication and understanding between the practice team and patients. We will regularly keep you informed over the winter with news from Debbie Todd the Practice Manager and with more information about the PPG and how we fund medical and ancillary equipment not provided by the NHS. With the help of many volunteers who have recently joined us, we continue to provide support to the practice and the most vulnerable patients, delivering medication on a regular basis. The new flooring at Donderry Surgery has been fitted at last! Thank you so much to Deviock Parish Council for jointly funding this with us and making it possible.

Claire Croft – PPG Chair quaylaneppg@gmail.com

Practice News

We are delighted to announce that our Portacabin is equipped and ready to go, huge thanks to our Patient Participation Group for funding the furniture and equipment.

Our Nursing Team are running our flu campaign from the cabin, utilising it well; their first super Saturday clinic for over 65's was a huge success. We have a variety of flu clinics arranged for patients over 65s and those in an at risk group aged 64 and under. They are staggered to fit in with our vaccine deliveries so please be patient if you have to wait. If you have not done so already, then please ring the surgery to arrange your appointment; we are expecting a larger than normal uptake this year. We are unable to offer vaccinations at present to patients aged 50–64 unless you have an underlying health condition. Information about vaccinating this group will be posted on our website and Facebook page once we have received guidance from NHS England.

As we move into the second wave of COVID-19 it is vital that we manage patients with 'Winter Bugs' and reduce footfall into the surgery to keep it COVID safe for staff and patients. The consulting room in the cabin, as we head into the winter season, will be used to see patients presenting with respiratory symptoms and the admin room will be utilised by our Dispensary team. With this in mind we are changing the way that you collect your medication from the practice.

From Monday 9th November all medication (except for controlled drugs) will be available to collect from the Portacabin between 9.30am and 12.30pm Monday to Friday (times may change depending on staffing levels). Whilst we will encourage you to collect during these times, you will still be able to collect your medication from the main surgery outside these times. However, there may be a wait as we are limited to the number of patients that can safely be in the surgery at any one time. Medication collections from Dowlerry surgery will not be affected. We ask that you allow 5 working days from ordering to collection and slightly longer if you are collecting from Dowlerry. Please bear in mind that the team processes over 8,000 items per month which averages about 370 prescriptions every day. The dispensary will continue to be closed between 1 – 3pm Monday to Friday.

We are experiencing a higher than average number of calls into the practice every day, so please only contact us if it is necessary. You can contact the surgery via other means by using E-Consult, Patient Access or e-mail. If you provide the surgery with your mobile number then we will endeavour to text you when your medication is ready; we will also text you with appointment reminders and for booking routine reviews. Please ensure that your personal details are kept up to date.

The Practice Newsletter and lots more information about the practice and the PPG can be found on our website: www.quaylanesurgery.co.uk or you can choose to follow us on Facebook; alternatively you can contact the surgery via e-mail: quaylane.surgery@nhs.net

Debbie Todd – Practice Manager

Downderry and Seaton WI

Why not try the WI? There has never been a better time to try out the WI. Come along to the next meeting on 10th November 2020 at 2.00 p.m. We are offering members a virtual cookery demonstration, we have worked out the tech and it will be great. Phone Maura on 01503250322 for the Zoom meeting code and you will be most warmly welcomed.

Have you been feeling a bit lonely since lockdown? People have been thinking about what gives value, a sense of belonging and where they can find something dependable. The answer is within your WI. Because we have had a membership extension, the pro-rata payment for a membership from October to December 2020 is actually six months and will cost just £10.75p (Membership will need to be renewed in April for £44). As a full member you will:

- receive a monthly magazine, “WI Life”,
- have access to a member only area “on line” with exclusive recipes, craft projects and more....
- Have the opportunity to involve yourself in local and national campaigns
- Have access to bespoke member only events held virtually and at venues around the country with organisation like the National Gallery and England Netball
- Receive a new member pack including the member’s book of discount offers.

So, hope to hear from you soon. downderryandseatonwi@gmail.com

Maura Swabey

St Germans Thursday Club

Wait a bit! Don’t throw out that old copy of the Nut Tree, please. Nor even put it for recycling just yet. Especially those copies that are pre-digital.

The Thursday Club has been running (!) since 1973, and by 2023 we will be 50 years old. There are gems in our village newsletters, and if you took part in and remember any club or village events and people from years gone by we’d like to hear about it. Any articles and old photos from local papers as well, will help to put together a history of our Club, and of the Nut Tree area.

Another aspect could involve any of you with magazines / newsletters from other villages, or with contacts in other places. We could swap good news and interesting stories. Any other Thursday Clubs? What of Friendship Clubs? – Or Tuesday or Wednesday Clubs?

How have Clubs such as ours changed over the years? If you would like to get involved in this project, then let us know. It could involve archives now being gathered by local

museums such as Looe or Liskeard, but we can begin with whatever we each have at home, especially those who have been members for some while.

Meanwhile with autumn weather and shortening days, rain and wind, the hearty amongst us may continue with gardening and outdoor work, while some will go for more indoor exercise, like cupboard sorting! And any old Nut Trees, newspapers, photos, village magazines and letters you may find can bring memories. Please share them.

The Club Committee, our Chair, and this reporter send good wishes to all. Do keep in touch – phone our Chairperson, Jean Mills (01503-230324), or leave me a note at Merryweather Cottage (just along from St Germans shop).

Sue Cousins (230106)

Save The Children

Many thanks to everyone who has bought plants from Sunnyside car bay, since the beginning of lockdown, Rame Peninsula STC branch has sent over £500, mainly from plant sales, to our head Office to improve the lives of children

In the UK, Save The Children work with families to narrow the gap between children living in poverty & their better-off classmates. By focusing on early learning, we help children across the UK realise their potential. When COVID-19 hit, UK children's lives turned upside down. To help, we started an Emergency Grant for families worst affected. Already, the grant has helped over 5,000 children. In the last nine years, we have helped more than 72,000 children by making their homes better places to learn. [Building Blocks](#) provides low income families with basic household items, from washing machines and children's beds to learning resources and information that give parents the skills, confidence and means to help their children thrive. The programme works at a local level, linking with key services already in family's lives so they can get the help they need, when they need it.

In schools, Our Families Connect programme has been developed in response to feedback from parents and offers support in three key areas: literacy and language development, numeracy and emotional development. Over eight weeks, parents learn how to support their children's education at home through a series of fun and engaging activities. We've helped children who struggle with their reading – 98% have an increase in confidence and 94% enjoy reading more than before they started reading with a volunteer. Meanwhile our programmes across the world, in Yemen , Syria, Greece, Bangladesh, Somalia, Haiti continue.

So thank you for your help in this vital work , we hope to be back in the community shortly, meanwhile anyone wanting Christmas cards, please ring 250624 to come and see the great range of STC cards from £2.00 for 10.

Chris Wiseman

News from DaSRA – Donderry and Seaton Residents Association

We face the winter months with great uncertainty about how we can return to living our lives, socialising together in our community. There is no doubt that whatever Covid-19 restrictions are in place nationally, or within our South West region, we have many more months ahead with restricted access to the services and venues that makes living in Donderry so special. We owe our thanks to committee members of our local organisations who are having to make difficult decisions about the implications of making their facilities Covid-19 secure and open to residents. Much work has to be completed to meet the necessary guidelines and we know that those with responsibility for offering resources to the public, such as The Village Hall, The Zone and the Community Bus, and many more, are working hard to get back to some sense of normality. Keep an eye on websites, Facebook pages and Notice Boards for news on the latest developments. The **Donderry and Seaton Good Neighbours' Group**, set up in alliance with Volunteer Cornwall at the start of lockdown, has enjoyed a few quiet months, but our kindly local neighbours are ready and willing to resume their befriending role, giving support to nearby residents who continue to be restricted in their own social contacts. If, over the coming weeks, you, or someone you know, need some level of support, do get in touch, email: info@dasra.co.uk. 01503 250911/01503 250332

DaSRA Committee Member, Caroline Frith, has successfully raised funds for two “**2 minute Beach Clean Stations**” from The 2 Minute Foundation. Two fully equipped start up boards will raise awareness of the dangers of litter and other rubbish discarded on our beaches, both to marine life and beach users, encouraging both locals and visitors to ‘do their bit’ for the environment in a safe manner. Thanks to residents, friends, local businesses and visitors alike who have donated to the fund, over £1000 has been raised, enough to fund two stations with some money left over to add some additional pickers and keep stocked up with bags. The first station is ordered and will be placed on the slipway at Donderry. Once that is up and running, a decision will be made on the best location for the second one. Part of the success of these litter stations is keeping them fully stocked with bags and ensuring the litter pickers have been returned. To this end, if anybody feels they could volunteer to join a rota and check on the stations now and then, this would be greatly appreciated. Please contact Caroline Frith, The Glass Shack on 07747 602820.

As your Residents Association, DaSRA takes an active role in matters that affect residents living in Donderry and Seaton. If you are actively engaged in community activities which you want to offer to local residents, or indeed there is an issue or a concern that you believe impacts on the quality of life in our villages, do get in touch with DaSRA. We'd also love to hear from residents who are new to the area and perhaps have not been able to take advantage of the many social opportunities that were so much part of our being here. These activities will return, but in the meantime, let's stay in touch as best we can. Take Care and Stay Safe. Laura Done, Chair, DaSRA. 01503 250911 email; info@dasra.co.uk. www.dasra.co.uk

Latest News about Buses and Trains

Train services continue to run effectively, and social distancing is generally straightforward, except perhaps at school travel times. Look out for some changes on the branch lines in the months to come because of engineering work. There will be bus replacements for all services on the Gunnislake line (stations between Bere Ferrers and Gunnislake) Monday 16th November to Thursday 19th November and the Looe line Saturday 7th November, Monday 9th and Tuesday 10th. In early December there will be engineering works in West Cornwall beyond Truro on the main and St Ives lines.

I reported last month on school buses. Transport for Cornwall have agreed that the early morning 75 bus (7.24 Liskeard, 7.45 at Seaton) will carry members of the general public as far as Craffhole (arrival 8 a.m.). At that time the 70 bus connects with the 75 at Craffhole, and will carry passengers on to Torpoint and Plymouth (arrival 9.06).

Back in what seems like another world in some ways, we reported in March about train-bus connections for people in the Rame peninsula, and particularly about the fact that there is no bus service to St Germans station from Craffhole, Downterry, Seaton, Hessenford, Shevioc etc. You probably know that weekdays there are currently over 20 trains a day each way that stop at St Germans station, and almost as many on Saturdays. Early in the year, we had positive discussions with GWR, Transport for Cornwall buses and Cornwall Council about doing a study of the Rame peninsula as a whole to try to find a way of creating better public transport connexions to the station from the various population clusters, so that more people could benefit from the frequent trains. Buses and trains will have a vital role to play in a green recovery and a fair, healthy, sustainable future. We suggested that there might be some normal bus services, some use of community buses perhaps, and the possible introduction of a demand-responsive service between the Rame Peninsula and St. Germans station, using minibuses which could be ordered by phone. Whichever approach was taken there might be a combined bus and train ticket.

Then the Covid epidemic hit us, and everyone's minds became occupied with other priorities. It is clear now that we will be living under these different circumstances for a while, and we should, perhaps, be starting again to look at how local public transport could be organised in a more effective way. If you have thoughts about better public transport networks in the area, get in touch – a.cousins345@btinternet.com, or 01503 230106.

Useful Helplines in general:

Transport for Cornwall 0808 196 2632 (9 a.m. – 5 p.m.)

National Rail Enquiries 03457 48 49 50

GWR trains 03457 000 125

Traveline SW (for help planning journeys in the SW) www.travelinesw.com

Alan Cousins, St Germans & Area Public Transport Group

The grass isn't always greener.....Reflections from distant University Halls

Starting university last year in the capital was a beautifully overwhelming and exciting experience that only really hit me when I arrived back in London this September. When anyone starts university you automatically learn to adjust, learn to mother yourself whether you want to or not. Cooking for yourself becomes tiresome and somewhat wasteful chore that usually ends up tasteless or burnt. The workers at the Tesco's down the road become your best friend, knowing your preferred meal deal combination.

I've found that being a student and living in London are two contradictory things that simply do not make sense when they're put together. Being a student is about money food and booze. Whereas living in London is about decadence. The desire to shop in the fashion houses, drink beautiful cocktails and sample world cuisines, when the only luxury you can actually afford as a student is a packet of Lidl's own brand chocolate digestives. The day the loan drops into the bank account brings the months of excitement, depression and desperation to an end. A new term to think about saving. Yet another term of saying, "I'll start next time". A cycle that repeats three times a year for three years like clockwork.

Living in London felt like the ultimate dream last year, moving away from the cow filled fields and finger numbing seas felt like the best thing to do. However, since the arrival of 2020 it hasn't quite been the student life I thought it would be.

March was the start of the change. We found ourselves watching the daily press conferences by the prime minister on the screens on walls of the university. Looking out of my bedroom window I would gaze at the streets which would usually be filled of hordes of people hustling to work. Within 12 hours, the streets were bare. Buses empty. Tube journeys feeling like a private taxi. But now, living in a house of 4 with two gaming obsessed boys who seem to only leave their rooms for food and water, and the only other girl self-isolating for what seems to be the longest two weeks ever. I long for the feeling of cold feet and sandy toes, the sound of yelping seagulls.

Emma Fullalove

Community Thanks

Sacha and Sandra Pearce would like to thank everyone for the best wishes, cards, support, anonymous gifts and most importantly the cheers outside the church on the occasion of their wedding at St. Nicolas' Church in September. Thank you one and all.

Downderry Community Bus 300 Club

Almost everyone paid their £12 donation this month! Thank you, this is the only income we have at present to keep our lovely bus ticking over. Winners for the month of October 1st. no. 34 Jen Daniel 2nd. No. 74 Keith Bonham and 3rd. no. 45 Ronnie Capaldi.

Jo Woodley (01503250489)

Rita's Rota – Things may change further so please check before making plans.

November

1 - 10.00 Morning Worship SNCh; 5.00 All Souls Service TC; 7.00 Eve Worship Zoom
2 - 7.00 Eve Prayer Zoom
3 – St Germans Nursery opens; 10.00 Communion TC
4 – 5.00 Prayers SNCh
5 – GUY FAWKES 10.00 Prayers HC
6 – 10.00 CM CZ; 7.30 Watch from home fireworks Donderry
8 – REMEMBRANCE SUNDAY 10.00 St Germans, 10.45 Tideford; 5.00 Holy Communion CZ (please book); 7.00 Eve Worship Zoom
10 – 10.00 Communion TC; 2.00 Donderry WI Zoom
11 – REMEMBRANCE DAY 10.45 D'd, 10.50 H'f; 5.00 Prayers SNCh
12 – 10.00 Prayers HC; 7.30 Deviock PCZoom
13 – 10.00 CM CZ (please book)
15 – 10.00 Communion SNCh; 7.00 Eve Worship Zoom
17 – 9.45 Mobile Library St G Alms Houses, 10.25 Quay Road, 1.55 IOS, 2.45 Seaton – Car Park; 10.00 Communion TC
18 – 5.00 Prayers SNCh
19 – 10.00 Prayers HC
20 – 10.00 CM CZ (please book)
22 – 10.00 Morning Worship TC; 7.00 Eve Worship Zoom
24 – 10.00 Communion TC
25 - 5.00 Prayers SNCh

26 – 10.00 Prayers HC; 6.30 Deviock Planning & F&GP Zoom
27 – 10.00 CM CZ (please book)
29 – 10.00 Service SGPC; 7.00 Eve Worship Zoom

CZ Donderry Coastal Zone; CB Community bus; CM Coffee Morning; DMG Derry Meml gardens; DSVH Derry & Seaton VH; PolH Polbathic Hall; EHSO Eliot Hall St G; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SNCh St Nicolas' Church; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall

THE FOOD BANK You will have read in the press that the need is greater than ever. Shortages: TINNED MEAT – HAM, CORNED BEEF etc. TOILET ROLLS / TISSUES, FRUIT JUICE (LONG LIFE) STEAMED or SPONGE PUDDING, LAUNDRY POWDER, WASHING UP LIQUID', DEODORANTS

PLEASE – no baked beans, pasta, pasta sauce, soup, teabags or cereals – the Foodbank has plenty of these items. A real requirement now is cash for electricity meters to cook the food provided.....

If you can help please contact the Liskeard & Looe Foodbank. Tel: 07512 011452.

nuttree.editor@yahoo.com

Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.