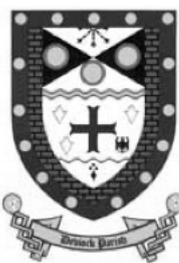


NUT TREE

June 2021 Volume 36 (3)



Nature Notes

A dull, overcast, cool morning in mid-May does not appear too appealing. I make no apologies for being dressed for winter. At least the sea is flat and without the sun there is no glare. Ideal conditions for observing one of my favourite birds, the Great Northern Diver, or Common Loon as it is known in North America. In stormy conditions, you would have little idea of their presence, but today there is a chance to peak into their world. This diver is roughly the size of a Cormorant, but you will not see one perched on a rock with wings spread. In fact, the diver is very ungainly on land with its feet set far back on its body. When landing on water it skims on its belly in order to slow down but one individual misjudges its descent and bounces as if on a trampoline. When feeding the bird dives without a leap unlike the Cormorant and may stay underwater much longer.

At this time of year many congregate off our coast prior to migration. Some of the divers are in breeding plumage, an attractive, abstract mix of black and white, but a close view picks out the chequered upperparts and white patch on the side of the black neck. Some are in small, loose rafts, resting with heads tucked behind. On this occasion I count 37 across the bay, whilst a few others are in flight, mainly single birds. Their direct course will take them north eventually, in fact to Iceland where about 300 pairs breed, or possibly further since the main breeding range is on the large bodies of water in Greenland and Canada. They can fly high in light winds and some will continue across land, as if they want to avoid the extra bother of passing the tip of Cornwall. For divers spring migration is prolonged and, still in moult, some juvenile birds remain in our waters for longer, the odd one even until July.

Whilst scanning the horizon I notice a few splashes – dolphins, but too far to identify the species - certainly not the Orcas that have been seen off Cornish waters recently. With a high tide, this is a good opportunity to pick out Whimbrel, another migrant. Resembling small Curlew, the birds feed amongst the seaweed and there is no shortage of that at present. They are easily disturbed by walkers but they don't fly far and settle further along the beach. This spring I have not seen more than 18 on one occasion, which is concerning since I remember far more in previous years. The main British breeding area is Shetland, so these birds still have far to go, having already wintered in West Africa.

Back at home, I turn my attention to the bird table. Positioned outside the kitchen window it gives close views of the usual garden birds. Attracted by bits of cheese, Blackbirds and Robins have come to expect their daily treat. The problem is that a Magpie and a Jackdaw have noticed and taken advantage. I don't want them to deprive the smaller birds of their food. Should I intervene? That's my dilemma to sort.

Alan Payne

St Germans Parish Council

Lynher House / Station Approach bus shelter has been repainted, to remove unsightly graffiti, the work was previously delayed, applying the paint is weather and temperature dependent.

Treland Play Park, a land drain, a small underground stream that ran beneath the park's surface, had become blocked and could have caused damage to the park. We have arranged to have this cleared through, to a safe distance beyond the park. Now the plan is to drain this into a nearby stream.

The grass at the 'Rec' Playing Field, is now having a regular cut. The cost of this is being covered by the Parish Council.

Bethany Ward, was contested at the recent Council Elections and the two existing councillors were re-elected. It was agreed at the May meeting to create three new vacancies, two at Tideford and one at Polbathic, to be co-opted to the Parish Council.

We should by now have reached the next stage of coming out of the Covid situation. Let's hope we will be able to carry on, enjoying restaurants, pubs and cafes with our friends and family for the summer too.

The next St Germans PC meeting June 28 at 6.30 pm at the Eliot Hall.

Stay Safe

Councillor Graham Mackeen

Deviock Parish Council

Forthcoming meetings: Full Council 10th June 7.30pm, Planning Committee 24th June 6.30pm, both at the Zone, Donderry Methodist Church. Covid restrictions and reduced capacity will apply. See Agendas for details prior to each meeting.

Reporting: A reminder that Cornwall Council's reporting pages can be used by all to report a wide variety of concerns, from fallen trees to damaged road signs, sewage leaks, fly tipping and dog fouling. Simply type 'cornwall council report something' into your browser.

Planning: To comment on a planning application, search for 'cornwall council planning applications'. See Agendas for applications due for discussion at the next Full Council or Planning Committee meeting.

Cornish Times request: The Parish Council has been contacted by the *Cornish Times*. The new Editor is keen to bring back local Community News columns, to include contributions about forthcoming events within the parish. If your organisation or group would be interested in sending snippets of information about parish events, clubs, coffee mornings, etc., please email concise submissions to Simon Artymiuk at simon.artymiuk@cornish-times.co.uk by Wed/Thurs of the week.

As the Parish Office is remaining closed until further notice, please contact the Clerk via email if you have an enquiry (clerk.deviockpc@btinternet.com, Mon-Fri).

See the website at: www.deviockparish.org.uk (where Agendas and Minutes are available).

Karen Pugh – Parish Clerk

News from County Hall

We, Cornwall Councillors Kate Ewert and Armand Toms are the newly elected representatives for your area and look forward to working with you over the next four years. We have already spoken about working with the Parish Council and the areas' Organisations for the good of the communities we serve. Our commitment is to make sure that your voice is heard at County Hall in Truro and to achieve the ambitions of our communities in services and devolution. It is by working jointly that we hope to achieve as much for the area as possible and will work for the residents to bring their concerns to the attention of the senior officers in the Council. Our contact details are below and willing to help in any way we can, we will feed back via The Nut Tree magazine in alternative editions news of our work and about the Council. Thank you.

Councillor Kate Ewert

07873 193631

cllr.kate.ewert@cornwall.gov.uk

FB. <https://www.facebook.com/KateForRame/>

Councillor Armand Toms

01503 264823 or 07565 529565

cllr.armand.toms@cornwall.gov.uk

Councillor Armand Toms

Deviocck Parish Council Loan Fund

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

News from the Churches

This morning I have gone around all the churches and have picked up all the large familiar green wedding registers, and “closed them”. That is because government legislation has changed the way we will now register weddings in church, in a registry office or in a wedding venue. Therefore, all the familiar large green wedding certificates that a lot of you will have, either neatly stored with your personal documents, or stuffed in the back of your “special drawer” will no longer be issued.

It is the end of an era, and something that I am quite sad about because those old wedding certificates were very special and unique BUT... time and technology move on and weddings will still be happening in church, with just the registering being a little different, but no less meaningful, I hope.

Please do get in touch if you are thinking about marrying in one of our lovely local churches, especially now as Covid regulations start to ease and you can invite more of your family and friends to the celebration.

Dates for Sunday services in Rita’s Rota on the back page.

Revd Canon Lynn Parker parker30@hotmail.com

The Zone - Dowederry Methodist Church

The Zone is available for Hire. Please let us know of any new activities you would like to see or would like to be involved in eg. a youth club, a dancing group, a computer self-help group, or anything else. If interested please call Viv on 250519, Jenny on 250392, or Elsa on 250118.

We have a Communion Service on the 2nd Sunday of each month at 6 pm, and a coffee morning every Wednesday 10am-11,30am. We would love to see people at these events.

Elsa Guilfoyle

Thank you

A big thank you to you all for the lovely cards, flowers and Pressies on my 90th birthday (23rd April). What a day! So much kindness around.

Mary Pearce

Quay Lane Surgery Patient Participation Group (PPG)

Living in a slightly remote area of Cornwall, we are extremely fortunate that Quay Lane Surgery has its own dispensary. After a consultation we can often pick up prescribed drugs immediately without having to return or make a special trip to a chemist. However, for repeat prescriptions the procedure is quite different. Once we request our monthly medication, the request is passed to our usual GP for authorisation first. The dispensary team then work through the dispensing queue picking requests in date order once they are approved.

Due to limited storage within the dispensary, many items need to be ordered in from the supplier. Deliveries from the suppliers frequently take longer to arrive at the surgery as a result of the pandemic, which causes delays preparing medication for collection. We must bear in mind that medication ordered online during the evening or over the weekend isn't processed until the next working day.

Over the last 6 months the dispensary has dealt with on average 8,000 items per month so 1,848 items per week and in a normal 5 day week an average of 370 items per day! One of the biggest and completely avoidable cause of delays is that many patients leave ordering their vital medication to the last couple of days before they run out. The dispensary then have to stop what they are doing to deal with it urgently, which then causes a delay for other patients. We can help the practice enormously if we all follow their advice and allow 7 working days from the request going in, to the collection from the surgery even though it is unlikely to take that long. It is no different from ordering anything else we need such as logs or heating fuel and being asked to allow a week for delivery.

If you would like a text message from the dispensary when your medication is ready for collection, simply email your mobile number to quaylane.surgery@nhs.net I personally find this so helpful and it will undoubtedly avoid lots of phone calls and wasted journeys!

Mrs Claire Croft - PPG Chair

Practice News COVID Vaccination Update

General Practice and primary care teams have made a significant contribution to delivering the COVID vaccination programme to date, whilst also caring for patients' routine, urgent and COVID care. When the East Cornwall Primary Care Network were asked to help deliver the COVID-19 vaccination programme, it was to vaccinate people in cohorts 1 – 9 only. This is all people aged 50 years old and older and those who fit into the other eligible groups. We are currently offering second vaccinations to patients in order from the date they had the first vaccination. It is important that you contact the surgery if you are aged 50 and over and have not yet received your first vaccination.

As the vaccination programme moves into its next phase patients aged 18 – 49 will be invited to book their vaccine as they become eligible. Patients in Priority Groups 10 - 12 will be

contacted by the NHS when it is their turn and will be able to choose from a range of local vaccination services including community pharmacies and vaccination centres. Once you receive your invitation to have the COVID-19 vaccine you can book your appointment at www.nhs.uk/covid-vaccination or by phoning 119. Please do not contact us to get an appointment. Information on the vaccine is available on the NHS.UK website.

How to access your COVID-19 Vaccination Status - You can access your COVID-19 vaccination status through the free NHS App from 17th May. You can access the app through mobile devices such as a smartphone or tablet. Proof of your COVID-19 vaccination status will be shown within the NHS App. We recommend that you register with the app before booking international travel.

If you do not have access to a smartphone and know that the country you are travelling to requires COVID-19 vaccination status, you can call the NHS helpline on 119 (from 17th May) and ask for a letter to be posted to you. This must be at least 5 days after you've completed your course of the vaccine. We expect the letter to take up to 5 days to reach you.

Please do not contact your GP surgery about your COVID-19 vaccination status. GPs cannot provide letters showing your COVID-19 status.

Mrs Debbie Todd - Practice Manager

Cornwall Hospice Care

There will be a Cream Tea in St Nicolas' Church in aid of Cornwall Hospice Care on Thursday 24th June between 3 and 5pm. Entry £5.

Clare Glynn

Cocktails for Casey – Fundraiser 25th June @ Summink Different

Local yoga teacher and all-round lovely person, Casey Gemma, was involved in a life changing mountain bike accident in April. Currently in Salisbury spinal unit, she is undergoing intense physiotherapy to enable her to walk again. We are holding a fundraiser to help with reaching the target set out on a GoFundMe page established by their close friend Danielle Chester.

We are quite sure Casey would love you to join us for a night of wild cocktails, inspired by the talented Lottie Muir. Accompany your drinks with a tapas box and imagine yourselves living the life of the rich and famous whilst strolling the sands of Donderry beach!

Don't know Casey? Check out the go fund me page <https://gofund.me/69a029f1> for the full story and progress reports.

FRIDAY 25TH JUNE- PUT IT IN YOUR DIARY! FROM 5PM AT SUMMINK DIFFERENT, DONDERRY.

Heidi Johns

News from DaSRA - Donderry and Seaton Residents Association

Community priorities: We have introduced DaSRA to our new representative at County Hall, Cllr Armand Toms, and we look forward to meeting him in the coming weeks. Donderry & Seaton are now part of a new electoral ward - East Looe and Deviock, and Cllr Toms is keen to hear about our local community priorities for the next months and years. We will be working on this agenda over the coming months and are in touch with our newly subscribed members inviting them to share their views on key issues.

Membership: Thanks to all of you who have signed on the dotted line to register your commitment to your local residents association by becoming subscribed members of DaSRA. In the first month of its launch, some 10% of households in Donderry and Seaton have registered but we know that representation could and should be higher. As we have said, the greater the support, the louder the voice. Membership forms are available on line, www.dasra.co.uk or printed leaflets are next to the DaSRA Post Box in Donderry Stores so please do think about joining us: £5 per annum for individuals: £10 per annum for households.

The second "2 minute Beach Clean Stations" is now sited in Broads Yard. DaSRA Committee Member, Caroline Frith, has successfully raised funds for two Beach Clean stations from The 2 Minute Foundation. The two fully equipped start up boards will raise awareness of the dangers of litter and other rubbish discarded on our beaches, both to marine life and beach users, and to encourage both locals and visitors to 'do their bit' for the environment in a safe manner. The first station is in place on the St Nicolas School fence at the top of the steps to the beach and the second '2 minute beach clean board' is now sited in Broads Yard. All residents are urged to use it to do their bit to keep our beach litter-free and to help protect marine and seabird life. Thanks to Heidi at Summink Different who has volunteered to be a Guardian and take responsibility for the Broads Yard station. For more info contact Caroline Frith, The Glass Shack on 07747 602820.

Donderry and Seaton Neighbourhood Watch has been contacted following a cold calling event in Donderry where two men called on several houses in the Camps Bay area looking for roof cleaning, tarmacking and brick paving work. The resident who reported concerns stated that the men were very insistent and difficult to get rid of and, without invitation, made their way round to the rear of the property. If you have had similar experience, please inform Nigel Jones, our acting Neighbourhood Watch Co-ordinator via email: info@dasra.co.uk

Keep in touch: With possibilities opening up for communal activities to begin again, and our local venues welcoming residents back, this is a reminder to community organisations to use DaSRA's Facebook pages and our website www.dasra.co.uk to promote your activities. Keep residents up to date by emailing information about community activities to info@dasra.co.uk. Thank you.

Laura Done, Chair, 01503 250911

Recycling for Charity – St Germans

I will be collecting packaging from various items such as 1) crisps, 2) snacks, 3) chocolate, 4) biscuits & cakes, 5) toothpaste and toothbrushes, 6) pet food pouches and many more (see online) at the Eliot Arms Pub Car Park, St Germans on Sunday 13th June between 10:30-11:30. Please can these be sorted by category to save a lot of work later.

Items will then be sent to Terracycle who save them from incineration/landfill and convert them into many things, with just some examples being outdoor furniture, watering cans and flooring tiles. Proceeds then go to charity.

Any questions about this feel free to contact Freddie Brasher (Freddiebrasher@outlook.com). You can also find information on the website (<https://south-hill.co.uk/charity-recycling/>) or join our Facebook group “Recycling For Charity” (<https://m.facebook.com/groups/832979876753455>).

I look forward to seeing you and your sorted items on the 13th. Future monthly dates will be advertised.

Freddie Brasher

Downderry and Seaton Village Hall

Downderry and Seaton Village Hall membership renewal and new members are welcome - Please support the Village Hall by becoming a member or renewing your membership. Adult subscription is £7.50 and junior subscription £3.50 for 2021/22. Membership of the Village Hall entitles you to vote at the AGM, join a Village Hall Group (Badminton, Drama, Short Mat Bowls) and use the Snooker Room. You can pay online and more details are available on our website (see below).

June Events - Pop into the Downderry and Seaton Village Hall for a chat and enjoy tea or coffee and a little treat at our Coffee Mornings on Tuesday 1st and 15th June. Doors open at 10am until 12 noon and it only costs £1.50 each. BIG Breakfast is back! It's great to be announcing the first BIG Breakfast in several months on Saturday 26th June between 10am and 1pm. Bacon, sausage, egg, tomatoes, beans and toast with tea or coffee and all for only £4.95. All are welcome at these events, including well behaved dogs on leads who will also get a little treat.

Celebration Weekend - Our Celebration Weekend will be a perfect opportunity to come and celebrate with your family and friends, all the missed occasions you couldn't arrange or attend during lockdown. Information about each event will be published once the details have been finalised, but for now, here's some details about the main events:

- Quiz night with nibbles Friday 9th July - Teams can have up to 6 people. Tickets will be £5 each and go on sale early June.

- Music night (adults only) Saturday 10th July - Tickets will be £8 each and go on sale early June.
- Celebration day Sunday 11th July - This event will be on the St Nics playing field from 12 noon. There will be a Fancy Dress Competition, Bar, BBQ, Face Painting, Bouncy Castle, Large Garden Games, Tombola, Lucky Dip, Morris Dancers and much more!

Please could the winners of the Carnival Parade 2019 return your trophies to the Village Hall by mid June as these will be needed for the winners of the Fancy Dress Competition on Celebration Day.

Hall Hire - We are now taking Hall bookings for one off events/occasions, or, if you want to run a regular event or class and are looking for a suitable venue, please consider the Village Hall. The cost is £10 per hour and includes the use of tables, chairs, kitchen utensils and tea and coffee making facilities, for the serving of light refreshments such as tea, coffee, sandwiches etc. If you wish to use the ovens, hobs and dishwasher there is a further charge of £5 per session and heating is operated by a coin meter. We have the following licences - live music, recorded music, dance performance and for alcohol consumed on the premises. For more details go to our website (www.downderryandseatonvillagehall.co.uk) or telephone me.

Mandy Smith 01503 250412

St Germans Thursday Club

With thoughtfulness, eyes wide open and caution, I attended my first indoor gathering - our Annual Parish Meeting. The first one in many months to be held in the real world and not virtually.

At the start of the meeting our new County Councillor, Kate Ewert, made a brief report. There are 6 parish councils and a town council in her District; so she'll be busy with local and environmental issues in all our parishes.

I was the only member of the public, and listened (a 2 hour meeting!) with interest as play parks, road safety, planning matters and traffic control through St Germans, Tideford, Bethany and Polbathic were discussed. Day to day matters and so vital to our community connections. Any of us who have walked past the St Germans play-park know how joyful this is for children and their families!

Over the last few days, by telephone mostly, the Thursday Club committee have been exploring the future. Having a meeting in the Eliot Hall will be possible - as we continue in informal consultation over the day, time and circumstances.

We will also look at the possibilities for outings. One event that we can all go to, in small groups or with the family, is the Mayflower Quilt Exhibition in St Andrews,

on Royal Parade, from the 3rd to the 9th June, 9am - 4 pm. The buses and trains to and from Plymouth are currently (mid-May as I write this) working smoothly, though they may get busier soon. Community buses also, shared transport makes much more sense than going by car and trying to park in Plymouth Centre! We may be beginning to reach "peak car" on the roads, in towns and in villages.

Members, and potential members, will be notified by letters and emails of the date and time of our next Thursday Club meeting in the Eliot Hall. Looking forward to seeing a good number of you there. Our usual attendance is about 16-20 people - We will be well within the acceptable limit - and following all covid precautions.

So please, keep in touch - phone our Chairperson, Jean Mills (01503-230324), or leave me a note at Merryweather Cottage (just along from St Germans shop).

Sue Cousins 230106

Music at Jopes Mill 2021

Music at Jopes Mill 2021 will take place on 3rd and 4th July and involves an exciting and varied line up of classical and folk music performers. The event is the brainchild of Nick and Sally Beach, who moved to Jopes Mill in 2019. They are both professional musicians and were looking for somewhere where they could establish a holiday business as well as finding an outlet for their musical passion whilst bringing new events to the community.

The line up for what they hope might become an annual event includes the Finn Collinson Band - a folk group that is taking the UK folk festivals by storm and the Equinox Ensemble - a dynamic young wind quintet.

The Music at Jopes Mill 2021 Ensemble has been formed for the occasion and will perform Handel's Water Music by the lake as the finale for the event. More details and information about tickets (in advance only) are available from: www.jopesmill.co.uk/music-at-jopes-mill-2021

Nick Beach

Hessenford News

Well the most important news of the month is that it's my birthday month - you don't have to save the date this year but next year we are both reaching a huge milestone so I will ask you to save the date then as we're planning to have a village 'do'! So who else in the village has a birthday in the month of June - well one person's is exactly the same date as mine - guess who? Apart from that person I've got at least three friends & two family members but I don't know if there's anyone else in the village to say Happy Birthday to on our Hessenford Covid-19 page. Hope those of you who can have joined the page as there's some interesting information posted on a regular basis.

So what else are we celebrating in June? Well hopefully the 21st will see us coming out of the next step of lockdown. I hope so 'cos I've got a weekend booked in London. But before that on Saturday 12th June we will be having our Coffee, Cake & Chat morning from 10am to 12noon inside [& outside] the hall [if the weather's good]. If you're a baker maybe you'd like to donate something - just have a word with Margaret, Nina or Fran. We'll be sticking to all Covid-19 rules, so tables of six being served and no-one wandering around aimlessly. Of course if we've got any volunteers for washing up - I know David is particularly good at this which one do I hear you say? So please come along & meet your neighbours whom you've not had the opportunity to say hello to because of the lockdown rules up to now. [I'm writing this the day before our next steps out of lockdown date of May 17th.]

As yet I've no news on who's moved into Nos. 3 & 4 St Anne's View but I do know there's a new puppy moved into one of the cottages in the village so you'll have to keep your eyes open to spot her when she's allowed out.

It's lovely to welcome Mary & Mike back to the village and we hope their recovery continues now that they're back with family, friends and everyone who's looking out for them. I know they're very grateful for the help they've received from all sorts of people doing all sorts of things.

When you pop up to the Farm Shop next don't forget to put your head round the door of Chris Hirst's new showroom. Takings help fund Chris' charitable activities overseas. It's great that you can purchase locally made goods, whether they're to eat or use around the house, nearby. And don't forget if you've had any Hessenford Honey to return your empty jars for re-use. Please put the lids in recycling as they can't be re-used so easily.

Hope everyone who's been able to make the climb has seen the beauty of the churchyard & Bake Woods full of bluebells. Does everyone know the difference between the wild and Spanish varieties? Nowhere else in the world is this spectacle repeated, for Bluebells are native only to north-western Europe. Spikes of nodding bells are eagerly sought as cut flowers, although broken leaves may cause irreparable harm to the plant.

Thanks go to the person, I think Gerry from Seaton, who cut the church lawns in May; Steve, who continuously keeps the hall grass looking like a bowling green; & Peter, who's gradually doing a grand job tidying the areas around the memorial plaques at the top of the graveyard. And of course our litter pickers, in particular, Angela, David & Ian. Hope I've not missed anyone out.

Notices about the village Art/Craft auction/sale for Myeloma will be put through letterboxes, on our FaceBook page and on the Notice Boards. If anyone has anything they'd like to donate please have a word with Fran and/or put it in the church.

Look forward to seeing you all in The Copley Arms, which opened on 19th May, sometime. In the meantime, continue looking after one another and stay safe. I'm not removing my mask in public places for a while yet, are you?
Fran Moore

Downderry Bread and Babes Group

We are looking to update our toy collection. We need your support – Please donate toys or storage boxes to the Downderry Bread and Babes group. Downderry Bread and Babes is a local parent, baby and toddler group which is self-funded by people who attend.

Please bring the toys or storage boxes you are happy to donate to The Zone (Methodist Church), Downderry, PL11 3LY on a Thursday between 9.30am and 11.30am (term time only). We can also arrange to collect locally.

Michelle 07817945374 breadandbabes@hotmail.com

Simple ways to save the planet - Cathedral thinking.

“How wonderful it is that nobody need wait a single minute before starting to improve the world.” Ann Frank

I try to practice what I preach (which is not always easy - falling short is an inevitable part of the process), so over the winter I planted over 450 trees and hedge whips, that I hope will provide sustenance and shelter for wildlife for many years to come. Among the trees I planted were some walnuts in Dad’s orchard, organised and ordered by Dad. The more expensive walnut trees were grafted, so should produce fruit in five or ten years, but we also put in a number of two year old whips that are unlikely to fruit for at least twenty years or more, by which time Dad will be well into his nineties. And this is a fine example of what Greta Thunberg calls ‘cathedral thinking’. The building of something big that will be of benefit for generations to come. We all have benefitted from our ancestors’ cathedral thinking. Look at our beautiful priory, or the fabulous parkland around St Germans, designed by Humphrey Repton. His vision was not for his lifetime, but for many lifetimes in the future.

Another example of cathedral thinking is the American-Indian concept of the children’s fire. This advocates decisions based on the seventh generation to come. I am sure that, knowing what we know, if we had followed this concept seven generations ago we would not be facing a climate emergency. However, knowing what we know, we continue to make the same mistakes, and we need now to act. Hindsight is a great thing, but foresight is surely even better.

So, my plea to you this month is to adopt cathedral thinking. Reduce your spend on new things, drive less, waste less, immerse yourself into the community you live in, plant trees and invest in landscapes that you know you will never see grow to maturity. And most of all make your decisions on behalf of the seventh generation we hope will still come.

“Defend them. Protect them. They are helpless, they are in your hands. That is your duty. Your responsibility. You do that, you yourself will have peace.” Chief Oren Lyons quoting the Peacemaker.

Lizzy Stroud

Downderry and Seaton Women's Institute

This is our Centenary year. Yes, there has been a WI in these villages for 100 years. Have you seen the 100 painted stones on the WI garden opposite the doctors in Broads Yard car park? It is an art installation to behold! Everyone is talking about it.

We are planning some wonderful events for our members and this is a really good time to join us. Come along and find out what you might have been missing. Although our meetings are on Zoom at the moment, we are hoping to get back into The Zone by September, when we can meet in person. Despite only having virtual meetings we have still attracted 4 new members so we must be doing something right!

In addition to our regular monthly meetings, we have a Craft group where we try out a vast array of different crafts and we will be holding a 4 Corner Day for members which will give you the opportunity to try out several crafts during one day (This will be in The Zone as soon as we can).

Our craft events on Zoom are free to members but sometimes materials are extra. For non-members its only £3 with possibly a charge for materials – it really depends on what we are doing. If you think you might like to “come along” contact us.

Our big event day is 9th October and the Village Hall is booked and all villagers are welcome to come. In the morning there will be a coffee morning with delicious bacon/sausage baps and scrummy WI cakes. There will be an exhibition about your WI and craft demonstrations and some crafted products to buy (should make good Christmas presents).

In the evening we are having The Big WI Centenary Party dancing to ROCKSEA so put the date 9th October in your diary now. There will be a Bar and wonderful finger food. Tickets will go on Sale in September.

If you have enquiries about any of these events please contact:

downderryandseatonwi@gmail.com

Maura Swabey, WI President

Downderry Community Bus 300 Club

Thank you everyone - lovely to see OUR bus back on the road!

The lucky winners for the May 300 Club draw-

1st. No. 128 Sue Langridge 2nd. No. 63 Chris Hickley and 3rd. No. 102 Jo Woodley

Jo Woodley (01503 250489)

Community Bus News

The DOWDERRY Community Bus is BACK, and we are carefully planning stage two of the return of our services. Of course, every move has to start with the word “hopefully.” With the growing uncertainty about the spread of the latest Indian variant of the virus, we have to remain very careful. Government thinking and advice on the next stage of removing Covid-19 restrictions from June 21 could change quickly, and our planning will respond accordingly.

But, hopefully, we will move to restore more services after June 21. The current position is that we reintroduced our weekly community bus Plymouth service on Tuesday May 18 with the weekly Liskeard service following from May 20. Both services leave Broads Yard at 09.30 with the usual pickup points starting outside St Nicolas Church.

We have in place the safety measures we have become used to. We have also begun with a reduced capacity of a maximum of seven passengers, in place of the normal 15-seat capacity, in order to allow for social distancing.

The wearing of facemasks, covering nose and mouth, will be obligatory for passengers and driver throughout the journey, as will hand sanitising on entry into the bus. There is a regime in place for rigorous cleaning of common surfaces inside the bus.

Hopefully we will be able to expand services and capacity from late June. Our first excursion is planned for Friday June 25 and will be to The Lost Gardens of Heligan. Entrance to Heligan will cost £12.25, and bus fare will be £5. As currently envisaged we will be continuing with the wearing of facemasks inside the bus and with hand sanitising to minimise risks.

The weekly Plymouth and Liskeard services will continue, and hopefully we will be able to add a service to Tavistock on Friday July 9 and to Truro on Wednesday July 21.

We will come back to you with more information and a proposed timetable for these further steps in the July edition of Nut Tree. Further information and timetables will be available on the normal noticeboards in DOWDERRY, SEATON, HESSENFORD and NARKURS, and of course the most up-to-date information source for any changes is the DOWDERRY and SEATON Residents Association website: www.dasra.co.uk. Please check the website for any late changes.

As before, seat bookings will be taken by Bev Brighton, but PLEASE take note of the NEW bookings telephone number: 01503 250944. We are so looking forward to seeing you onboard again. We need your support to get up and running, and please book seats early, where possible. Any questions to Kevin Done, Chair of the Community Bus on 01503 250911 or by email to kevindone@hotmail.com.

Kevin Done

Buses and Trains - St Germans & Area Public Transport Group

Trains We were just looking forward to warmer weather and the summer rail timetable when what a disappointment.... cool wind again and then the hairline cracks in the Hitachi trains. The better news as I write is that the summer timetable has been in operation since 16th May, and the long distance trains are back. We have not been able to produce a printed timetable yet, but hope to do so in the near future. Meanwhile, we have an e-version of the timetable (which will be adapted if there are any GWR changes). By the time you read this, it will have been published and sent to those on our mailing list. If you haven't seen one, contact sgrug@railholiday.co.uk. If you don't have access to electronic communications, you may know someone who does and can help - maybe they'll print a copy for you. Those of you who use email might know others who don't - perhaps they need assistance in getting information. Why not be a bus/train buddy, and share your expertise by giving information to others? A reminder that in this improved summer timetable our last east-bound train Monday to Friday is the 2100 from Penzance, arriving St Germans at 2241, and the last Saturday train is from Newquay (2120), arriving St Germans at 2250. Other welcome changes are the Saturday train leaving Paddington at 1104, arriving St Germans at 1431 - and 5 Saturday trains going to Paddington.

Buses The Department for Transport has just published a *National Strategy: Bus Service Improvement Plans* [BSIP]. Some of the points made fit well with our own concerns: phone me if you want to make any comments we could use in our discussions (01503 230106). Relevant extracts include:

“89. More bus routes and demand-responsive services should serve railway stations and for easy connections between modes, bus services should be timed to connect with trains.

94. In holiday destinations and scenic areas, much more should be done to promote buses to visitors. Popular tourist areas such as the West Country and the national parks are often blighted and congested by too many cars. More must be done to promote buses to visitors, with improved services, easily accessible information, park-and-ride sites and special tickets.

102. In lower-density areas and at less popular times, conventional fixed-route buses can never compete with the attractiveness or flexibility of the car Aided by technology, demand-responsive transport can offer a more personal, on-demand service, taking people from their doors or closer to their doors than a regular bus - and integrated with conventional buses, where they exist.

105. Particular consideration should be given to the provision of transport to facilitate access to social and leisure services. In considering such services, local authorities should consult those with expertise on local needs in relation to loneliness and social isolation, including groups at risk of loneliness and providers of social prescribing schemes.

113. If a BSIP is to be effective, a forum should exist for the free and frank exchange of views, data and ideas from its members on how to improve bus services in the BSIP's geographical area. Its members will of course include all local bus operators and those running cross-boundary services. However, there will be other groups that can contribute, such as bus user groups and representatives of disabled people, and local business groups."

Alan Cousins

Rita's Rota June 2021

1 **Mobile Library:** 9.45 SG Alms Ho,
10.15 SG Quay Rd, 1.55 IOS, 2.45
Seaton Car Pk;
10.00 Communion TC;
10:00 Coffee Morning DSVH;
7.00 Evening Worship zoom
2 10.00 Coffee Morning CZ
8 10.00 Communion TC;
9.30 Bread & Babes CZ
9 10.00 Coffee Morning CZ
10 7.30 Deviock PC SNCh
13 10.00 Communion SGPC,
10:30 Recycling for Charity EACP
6.00 Communion CZ,
7.00 Evening Worship zoom
15 10.00 Coffee Morning DSVH;
10.00 Communion TC;
10.00 Coffee Morning CZ
17 9.30 Bread & Babes CZ
20 10.00 Morning Worship SNCh;
7.00 Eve Worship Zoom
21 **Fingers crossed! End of CV19
restrictions**
22 10.00 Communion TC;
23 10.00 Coffee Morning CZ
24 9.30 Bread & Babes CZ;
3.00 Hospice Cream Tea SNCh;

24 6.30 Deviock Planning Cmte SNCh
25. 5:00 Cocktails for Casey SD
26 10.00 Big Breakfast DSVH
27 10.00 United Service SGPC;
7.00 Eve Worship Zoom
28 6:00 St Germans PC Meeting EHSG
29 **Mobile Library:** 9.45 SG Alms Ho,
10.15 SG Quay Rd, 1.55 IOS, 2.45
Seaton Car Pk;
10.00 Communion TC;
9.30 Bread & Babes CZ
30 10.00 CM CZ

**CZ Donderry Coastal Zone; CB
Community bus; DSVH Dderry &
Seaton VH; PolH Polbathic Hall; EHSG
Eliot Hall St G; HC H'ford Church; HCH
H'ford Church Hall; SGMC St G
Methodist Ch; SGPC St G Priory
Church; EACP Eliot Arms Car Park;
SNCh St Nicolas' Church; TC Tideford
Church; TRBL Tideford RBL Hall; WVH
W'gates V Hall; SD Summink Different**

Copy for Rita's Rota should be sent to ritasrota@yahoo.co.uk by 15th of the preceding month. And please send time and venue!

Nuttree.editor@yahoo.com

Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.