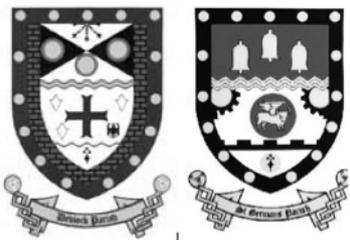


NUT TREE

August 2021 Volume 36 (5)



Nature Notes

A welcome change in the weather in mid-July as high pressure builds and the afternoon feels warm. An opportunity to avoid the beach and explore the narrow, high-hedged lanes where grass grows down the middle of the tarmac. Quiet for birds but plenty of butterflies to entertain. Among the Nymphalid group the Red Admirals are the most common, but I come across the odd Painted Lady, Small Tortoiseshell, Peacock and Comma. They share a common trait; the front legs are brush-like and useless for walking. They also have more than one generation a year, unlike the brown butterflies which fly during June and July and favour grasses. Among the latter, there are many, mobile Meadow Browns and I have to peer carefully to identify a similar, solitary Gatekeeper and a few darker Ringlets. The attractive Marbled White is the exception to the rule among the brown butterflies in that it exhibits a black and white pattern.

Having watched several fluttering butterflies, I quickly recognize the powerful and purposeful flight of a Golden-ringed Dragonfly as it patrols the lane below the top of the hedgerow. This is one of our largest dragonflies, entirely black except for thin, yellow bands across its body and green eyes. It is nowhere near water, but is attracted to other insects that inhabit the lane. It will attack quite large prey such as bees and other dragonflies. This one speeds past me but, seemingly curious, it returns and settles on a grass stem to rest in the sun. I creep slowly forward, close enough to prove that it's a male.

Though the insects provide most of the interest during the walk, there is some bird sound. Skylarks are easy to pick out and, in the distance, I catch the enquiring song of the Yellowhammer.

One particular hedge is alive with scolding Whitethroats feeding their young. Suddenly, I pick up the brief sound of one bird that brings the biggest surprise. I focus on the direction and walk closer to prove that I am not mistaken. It is a song that I have rarely heard in England, and certainly not here in Cornwall. The bird sings again, now closer and unmistakable. Its three notes are usually transcribed as “wet my lips” and immediately identify the source as a Quail. The small bird is singing from the hidden depths of a field of barley and there is next to no chance of seeing it. It has arrived from Africa and is attempting to attract a mate; if it fails in a couple of days, it will move north and try again. Numbers vary from year to year and it is difficult to prove that it is breeding – certainly in Cornwall it is decidedly uncommon.

The next morning at a misty dawn I return to the same spot. Quail often sing at dawn and dusk, but there is nothing. Perhaps it has decided to move on. Eventually I decide to do likewise and as I walk away the sun eventually burns through the low cloud obscuring the fields. As if on cue the bird begins to sing again. Quickly I retrace my steps to the same field and I am greeted by several bursts of song. Well worth the wait.

Alan Payne

Deviocck Parish Council

Forthcoming meetings in August and September (all at the Zone, Dowederry Methodist Church): Planning Committee 19th August 6.30pm (if required), Full Council 9th September 7.30pm, Planning Committee 23rd September 6.30pm (if required). Social distancing and reduced capacity will continue to apply. See Agendas for details prior to each meeting.

Devolution: The Parish Council has been in discussion with Cornwall Council regarding the devolution of various assets in Dowederry and Seaton. A longstanding topic, we hope to be able to provide an update after the summer once more comprehensive information has been received from Cornwall Council.

Mesh on sea wall: At the time of writing, the Parish Council has reported the dangerous mesh to Cornwall Council, with a view to Cormac making it safe as soon as possible.

Memorial garden: The Parish Council is planning a small ‘memorial corner’, where plaques will be mounted on battens in memory of those who have resided in the parish. Any applications should be made to the Clerk. The proposed ramp to the memorial garden has been delayed due to contractor issues; the Parish Council is in the process of looking for alternative reliable suppliers.

Planning: To comment on a planning application, search for ‘cornwall council planning applications’. Any comments posted on the Cornwall Council site are viewed by the Parish Council. See Agendas for applications due for discussion at the next Full Council or Planning Committee meeting.

As the Parish Office is remaining closed until further notice, please contact the Clerk via email if you have an enquiry (clerk.deviockpc@btinternet.com, Mon-Fri). See the website at: www.deviockparish.org.uk (where Agendas and Minutes are available).

Deviock Parish Council Loan Fund

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

Karen Pugh – Parish Clerk

St Germans Parish Council

It was good to see several members of the public at one of our recent meetings. Everyone is always welcome, either to speak in the public participation slot at the beginning of our monthly meetings, or just to listen to what goes on. It's always nice for us to feel the public are aware of what we are discussing and voting on. We now have two new co-opted members. There is still one councillor vacancy. If anyone feels they would like to consider joining us, please speak to one of our councillors for further information, or contact our clerk, Emily.

The Council has passed a resolution supporting the Safe A38 campaign in declaring a road safety emergency, and we are writing to MPs to express our support. This is such a worthwhile campaign, as there have been so many accidents on our stretch of the A38, some fatal.

Apparently, dog-walkers are failing to pick up dog poo as they walk through Bethany. This may look like a country lane, but please remember that several houses directly front on to the road, so the occupiers are directly affected by the dog litter. There is a bin, please use it!

Next meeting is at Polbathic Hall, Monday 6th September, 6.30 pm. See you there!

Cllr Patricia Pipe

Nut Tree Summer Schedule

As usual, Nut Tree takes a late summer break in September. The break gives us a chance also to consider how best to sustain Rita's Rota now that Chris Wiseman is no longer able to help. Anyone with the time to assist is requested to contact the Editor. Our next Nut Tree edition will be with you at the beginning of October. Content for inclusion to the Editor, please, by our monthly submission deadline of midnight on the 17th of the preceding month. Have a great summer.

Ed

News from County Hall – Cllr Armand Toms



Can I firstly thank the residents of the area for the warm welcome I have received wherever I have been in my new division. The number of issues I have already been tasked with by residents is vast; from Sea Defences, Hedges, Fences, Waste, Noise and a number of road issues across the parish. My first issue was the sinkhole on the beach and this was repaired by Cormac as it was a serious safety issue. The Sea Defences have issues with maintenance of the wire mesh on the walkway, this is being looked at and the tripping hazard needs repairing urgently. Having walked through Seaton Country Park with Councillor John Croft we have made a record of the works necessary to the seats and notice boards. From my interaction with the Parish Council, the need for a 20mph speed limit on the main road through Donderry seems a priority with them and the local residents.

I attended the Donderry Residents Association AGM with the Chairman of the Parish Council Mark Gibbons. It was good to hear the concerns of residents and show that items such as devolution of areas such as the play park, MUGA and a car park are on the cards and moving forward working with the Parish Council. It is good to see that the Parish Council are being very forward thinking and active across the area especially with Affordable Housing high on the agenda.

With a number of meetings with residents already under my belt I am beginning to see the issues important to the area. Once a month I will walk through each part of the Parish to keep a check on items raised and always willing to meet with residents on any matter. In time will set up a formal day per month for a councillor surgery when the summer is over.

Two items on the agenda at Cornwall Council are the issue of Climate Change and Affordable Housing. My positions on the Council are Chairman of the Audit Committee, Health Adult Social Care Overview and Scrutiny Committee. Also, the Tamar Bridge and Torpoint Ferry Committee and always willing to discuss any matter on any Council agenda as your views are important.

Please contact me when you wish to raise a concern or ask about an issue, my contact details are;

Armand Toms, 36 Trenant Road, East Looe Cornwall, PL131EP Tel 01503 264823 or 07565529565 email cllr.armand.toms@cornwall.gov.uk

*Councillor Armand Toms
Looe East and Devoick Ward
Cornwall Council*

News from the Churches

Messy Church is a form of church for adults and children that involves creativity, celebration and hospitality. It is not a children's church, and it is not a way of attracting more people to our regular services. It is a church for people at all stages of their faith journey and of any age. The sessions are basically the same beginning with a welcome followed by craft activities based on a theme then celebration and finally a meal together. Our team of helpers come from both the Anglican and the Methodist churches.

During the lockdowns Messy Church activity packs for Easter, Christmas and Harvest have been given out to our families and also to any other families we know who might appreciate them.

We are aiming to restart Messy Church at St Germans Priory during the summer with the first session being Saturday 24th July and then Saturday 4th September. Sessions will be from 10.00 am until 12 noon. St Germans Priory is large enough to hold several families depending on the COVID restrictions at the time. We will make good use of the outside space (weather permitting) and ask families to bring their own picnic. The aim is not only to learn about Jesus but to have FUN! Why not bookend your child/children's school holiday by joining in with our Messy Church activities.

Look on our websites for other events. We even think we might be singing again soon!!

*Rev Canon Lynn Parker
St Germans, Donderry, Tideford,
Hessenford, Sheviok & Antony*

September at The Zone

Sunday 12th September at 6pm Holy Communion Service.
Every Wednesday, Coffee Morning 10am-11.30am

New dates for Workshops with Awenek Studio
Friday 17th Canvas bag decoration 10am-12noon
Tuesday 28th Lino printing 1.30pm - 3.30pm £3 per person.

Also:

Monday 13th Yoga 9.30am-10.30am
Tuesday 14th Gentle Exercise 9.30am -10.15am

For more information contact Viv Parker 01503 250519 or parkerviv@aol.com



Viv Parker

News from DaSRA - Downderry and Seaton Residents Association

DaSRA's AGM. (19th July) gave the opportunity for our County Councillor, Armand Toms to update residents on county responses to some of the issues that DaSRA members have highlighted as concerns affecting everyday life in our villages. Nut Tree copy deadline was before the AGM: Minutes will be added to www.dasra.co.uk/AGM . Last month we asked DaSRA members to set out their main issues: Traffic concerns - speeding, car parking, pedestrian walkways - children's play facilities and dog fouling were identified most frequently. County and Parish Councillors are well aware of the problems and Cllr Toms and newly elected Deviock Parish Council Chairman, Mark Gibbons, share our determination to find solutions.

Seaton Play Park. We have revealed in the past the formation of the Seaton Play Park Appeal steering group; a community-led fundraising appeal to invest in the toddlers' area of the Play Park. The launch of the Appeal is on hold at this time as the site is now subject to a potential change of ownership from County to Parish Council. DaSRA sits alongside 4 family residents in this initiative as we await the outcome of devolved negotiations, and I would like to take this opportunity to thank our resident members for their enthusiasm and patience while these long-term negotiations are completed.

Calendar 2022. We published our first DaSRA Calendar celebrating the talent of local artists in 2020 but sadly refrained from doing so for 2021 as last year's Covid lockdown robbed us of necessary sales outlets. Now with venues opening up, and the willingness of local artists to once again donate a piece of their work, a Calendar for 2022 is now printed and available for sale at £7. Copies available from Downderry Store, Summink Different, Blue Plate and Seaton Beach Cafe or email info@dasra.co.uk.

DaSRA Committee members. Changes to our Management Committee; Sandra Pearce has been an active and enthusiastic Secretary serving the Committee for six years and her input on our team will be sorely missed. She will remain involved in the short term as a co-opted member, to complete a specific project that she has undertaken. Committee members going forward for election at the AGM. Laura Done, Chair: Clare Glynn, Treasurer: Victoria Trenerry, Secretary: Caroline Frith, Nigel Jones, Jeanette Langfeld, Maura Swabey.

New skills and interests are always welcome on the Committee - do get in touch anytime if you would like to know more. Email: info@dasra.co.uk. Laura Done, Chair, 01503 250911

Laura Done

Downderry and Seaton Neighbourhood Watch.

The partnership with DaSRA and Neighbourhood Watch is now fully established. With its remit to build safer, stronger and more active communities in which people can thrive, it is clear that NW and DaSRA share a common agenda. As Neighbourhood Watch co-ordinator, I receive all NW Alerts (news reports), and assess those that are relevant to the Downderry and Seaton area before circulating to those residents who have requested email contact. Sharing of information is core to DaSRA's remit so the Committee have decided that, with immediate effect, subscribed members of DaSRA (£5pa single; £10pa per household - details on our website) will receive local Neighbourhood Alerts. Please email info@dasra.co.uk to unsubscribe if you do not want to receive Alerts. If you would like to receive nationwide alerts, visit www.dasra.co.uk/NeighbourhoodWatch.

One significant area of concern has been reports by frustrated residents about dog fouling both on the beach and sadly on the roads and lanes around our area. To that end contact has been established with the Cornwall Council Dog Wardens and the Community Protection Manager. The dog wardens have provided a small stock of warning signs which we can deploy as required. The County has been working with a, *We're Watching You!* campaign, a national initiative, which has had proven success of up to a 75% reduction in target areas. We will be investigating to see if our area can be included in future targeted initiatives however, to date, despite lots of vocal concerns, formal reports of dog fouling are not being sent to Cornwall Council so, on paper, there is no problem in our area.

How to report. "You should contact Cornwall Waste and Recycling Team if possible on line at https://secure.cornwall.gov.uk/form/auto/cservlet_contact_us?Service=Waste or by phone to the Animal Welfare and Enforcement Team on 300 1234 212. The information required: *Date:Time:Location / What you witnessed/Description of the dog /owner and as much information as possible about the incident, plus any information regarding the offender - which could include name/address (if known), vehicle registration number or any other identifying feature.* It would also be helpful if you could contact DaSRA and let us know of your formal report so that we can keep track of reporting which will add to our ability to pursue the matter. It is also worth highlighting that the fine for dog fouling with a fixed penalty from a dog warden is £100 or £1000 if brought before a magistrate. For those strange dog owners who believe that leaving a package of dog waste in a bag for later collection is OK, they can be fined an additional £150 for littering or up to £2500 if brought before a magistrate.

Nigel Jones , NW Co-ordinator: info@dasra.co.uk

Cornwall Hospice Care

Cream Tea at Downderry Village Hall 2pm - 4.30pm Thursday 12th August £5 includes a free raffle ticket. It would be lovely to see old faces again!

Viv Parker

Quay Lane Surgery - Patient Participation Group

Looking back at our earlier articles in the Nut Tree particularly the December 2020 issue, I remember how fearful we felt going into winter last year with Covid infections rising alarmingly but having hope of vaccines on the horizon. On 14th January 2021 the 9 GP practices in East Cornwall joined forces at Pensilva Millennium Centre to start the first Pfizer vaccinations in the region. The China Fleet Club in Saltash soon opened its doors too and everyone at Quay Lane Surgery went the extra mile; working long days and over weekends, whilst ensuring urgent and emergency care was maintained at both surgeries. Along with the pop-up clinics at some practice sites, 105,000 vaccinations were given in East Cornwall by the end of May.

A small country practice with a dispensary is rare these days as many have become part of larger Health Centres. So, it is a huge help if we can continue to allow 5 to 7 working days for our repeat prescriptions. Ordering items together in one monthly request also makes a huge difference to the workflow of around 400 prescriptions being processed daily.

We are all volunteers in the PPG and since the beginning of the pandemic we have recruited many other patients who came forward to help when the crisis started in March 2020. We have members ranging from 26 - 84 years of age. If you are interested in supporting the practice and having a voice in the shaping of our future care, then please get in touch with me by email or write to the Practice Manager, Quay Lane Surgery, St Germans, PL12 5LH for more details about our virtual (online) and full membership options.

Claire Croft, Chair quaylanesurgeryppg@gmail.com

Quay Lane Surgery Practice restrictions after 19th July 2021:

‘NHS Patients, Staff and Visitors Must Continue To Wear Face Coverings in Healthcare Settings’.

‘Public Health England’s infection prevention control guidelines and hospital visiting guidance are set to remain in place for all staff and visitors. That means NHS visitor guidance will stay in place across all health services including hospitals, GP practices, dental practices, optometrists and pharmacies to ensure patients and staff are protected. Staff, patients and visitors will also be expected to continue to follow social distancing rules when visiting any care setting as well as using face coverings, mask and other personal protection equipment’.

Chief Nursing Officer for England, Ruth May (15/07/2021).

Quay Lane Surgery will continue to support staff in ensuring that the guidance is followed in all healthcare settings. For the time being there will be no changes here at the practice. Patients coming to the surgery will still need to wear a mask, use the hand sanitiser and socially distance. Our staff will continue to wear appropriate PPE. Many patients attending the surgery are sick, vulnerable and maybe unvaccinated due to medical reasons, so these precautions will help to protect everyone. We also need to minimise the number of our staff catching Covid so we can keep a functioning service, so these measures are vital. Our doors are open but we will continue to limit the number of patients in the surgery at any one time.

Our consultations will continue, these might be offered as a telephone, face to face or video. It is worth noting that we are consulting with much higher numbers of patients than we ever did before the pandemic so you may have to wait longer for your routine appointment. For this reason, we are encouraging patients to download the LIVI app so that they can consult a GP online (see practice website or enquire at reception for details).

We hope you will understand why we need to continue with these measures and keep the surgery as safe for everyone as we can. We have all come so far in trying to minimise the impact of Covid, let's continue to stay safe together. Thank you for your understanding and co-operation.

Debbie Todd, Practice Manager

St Germans Thursday Club

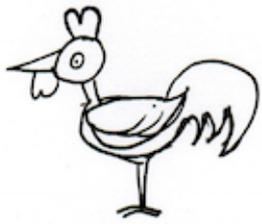
St Germans Thursday Club has a sparkling future. We've now had our second live, and lively, meeting of the year in the Eliot Hall. We always have so much enjoyment in being together and chatting over our cups of tea, even with present cautious measures - sanitizer, masks, and keeping our distance. We plan to have meetings twice a month, as in the past; news to follow. Some facts about the Club:

1. It is not just for ladies - gentlemen, if brave but not too bold, are more than welcome.
2. It is not limited to any particular topic or activity. Mentioned in passing - embroidery, crochet, reminiscences of childhood days (especially if local), of working lives and the village as it has been, and of the natural world and our care and enjoyment of it, and gardening, recycling, and walks about the village.
3. We have had speakers on a variety of topics in the past - and ask all our members for suggestions for the future. What about fashions of the past, or garden design and Victorian plant hunters? Space exploration?
4. Potential and new members and visitors are welcome to any meetings.
5. In February 2023 the club will be 50 years old.

Keep in touch, we are always pleased to hear from members and anyone interested in joining - Our chairperson is Jean Mills 01503-230324.

Sue Cousins 230106

Hessenford News



Well, of course, the main news this month is about the return of Hessenford Fête and Duck Race on Saturday, 4th September from about 2pm over on the hall side of the road with tables of all sorts and games on the grass, then from about 4-4.30pm over the other side of the road waiting for the arrival of the ducks from underneath The Copley Arms' bridge to their car park, causing great excitement amongst the crowd as they eagerly await the winning ducks. There are usually about 20 wonderful prizes. So, please get selling your friends and family in Seaton, Donderry, Widegates, Narkurs, Tideford, St Germans and all-round the country a ticket to this wonderful event. Who knows, there may be 'live' coverage of the finish if you can't actually be there in person, Betsy Bragger!

Books of tickets for sale will be available from Dave Moore prior to the event and on the day; please ask if you'd also like some to sell,. We're really looking forward to this special village event and if you'd like to offer your services in any way by bringing produce from your kitchen and/or garden or helping with some games then your contribution would be much appreciated. David (Cormack) has always been a gem in the kitchen because he continually helps with the washing up. Hopefully all the new residents of the village will be available on the day to come, join in the fun and socialise with others you've not had the opportunity to meet before. There will also be another Café, Chat & Cake morning on the Saturday, 14th August from 10am to 12noon.

Talking of David Cormack have you seen his request for used stamps? There's information on the notice board if you need any more details.

Now if you need to get your heart beating a little faster you could always take a walk up the graveyard (dog walkers do it on a regular basis) to see the work that Peter's been doing - tidying round the memorial stones and planting flowers, and we'd also like to say a thank you to him for staining the bench in the church garden. Hayley & Andy have also been busy planting flowers under the dog bin and clearing nettles from the 'triangle' opposite. We're trying to encourage other plants to naturalise in these areas to make it look more attractive and overcome most of the weeds which seem to be growing strong with the recent weather. Another place in the village that's recently been worked on is the area surrounding the War Memorial so please appreciate what's been done there as you walk by and if you see a weed poking its head up, feel free to pull it out! It was great being able to select the plants from Alison's & Harold's table.

I look forward to seeing you out and about as we gradually come to being more comfortable mixing with each other having been doubly vaccinated. Stay safe & have a great time if you're going away on holiday or having a staycation.

Fran Moore

Hessenford Church Hall

Hessenford Hall is a versatile space available for hire with kitchen, loos, a big open indoor space and outside garden. We have a full-size ping-pong table and indoor skittles. Hire charges are £12 for a morning, an afternoon or an evening session and £36 for 24 hours. Heating is the only additional cost with a £1 coin meter. Special rates are available for charity and repeat events. We keep costs low as we ask users to clear up after themselves - if left in a poor state, we levy a cleaning charge.

We ask all users to attend a 'walk around' to familiarise themselves with safety features for their first booking and to sign a hire agreement. The Hall has been used for exercise classes, hobby groups, meetings and training sessions (we have lots of tables and chairs), for church services, fundraising, parties, band rehearsals, community lunches, interviews and much more.

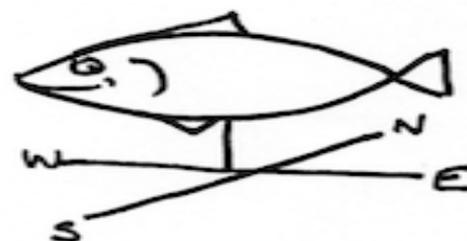
We have an on-line booking system so you can see availability and book easily. Contact details are on the website which is at www.hessenford.com

If you would like to have a look around this little gem of a Hall and garden please visit the website and get in touch.

Fiona Bristow 241008

Downderry and Seaton Village Hall

Our August Celebration Events are the perfect opportunity to have some fun and celebrate with your family and friends. Leaflets available in the Village Hall and Downderry Stores.



- **Art & Craft Show 1st August** - Come and support our talented local Crafters and Artists in the Downderry and Seaton Village Hall 10am to 4pm. There will be a wide range of artwork and crafts for you to buy and certainly something for everyone. Free entry. Proceeds go to the Village Hall.
- **Coffee Morning Tuesday 3rd August** - Come along to the Village Hall and enjoy a tea or coffee with a little treat for £1.50 per person. Doors open at 10am to 12 noon and there will be a book sale and raffle. All are welcome at this event, including well behaved dogs on leads who will also get a little treat.
- **Little Breakfast Saturday 14th August** - Due to popular demand we will be holding another Little Breakfast. Doors open at 10am to 1pm and for £3 per person you can have a tea or coffee with a Bap of egg, sausage & bacon or the veggie option with an egg and hash browns. Take-aways are available.

- **Coffee Morning Tuesday 17th August:** Pop into the Village Hall for a chat and enjoy tea or coffee and a choice of Scones, Jam & Cream or Homemade Cakes for £2 per person. Doors open 10am to 12 noon. There will also be music by The Rockettes, a book sale and raffle. All are welcome at this event, including well behaved dogs on leads who will also get a little treat.
- **Quiz night with nibbles Friday 20th August** - Test your knowledge at our next Quiz Night which will have a new Quiz Master, Keith Smith. Teams can have up to 6 people and tickets are £5 each. The Village Hall doors will open at 6.30pm for 7.30pm start. There will be nibbles on your table, a bar & raffle.
- **Music night (adults only) Saturday 21st August** - A night not to be missed! Dance the night away to Rocksea, a local band. If you haven't seen them perform before, then you are in for a real treat! The DerryAirs are also performing and are known for their shanties, stories and an eclectic mix of popular songs. Tickets are £8 per person (Adults only). The Village Hall doors will open at 7pm for 8pm start. There will be a bar & raffle. Tickets for the Quiz and Music Nights are on sale from our website (www.downderryandseatonvillagehall.co.uk), at VH Fundraising Events and by telephoning Mandy Smith on 01503 250412.
- **Celebration Day Sunday 22nd August** - This event will be on the St Nicolas School playing field, gates open at 12 noon. The event will be officially opened by Cllr Armand Toms at 12.30pm. There will be a Fancy Dress Competition, Judging 1pm & Presentation 1.30pm, Categories: Best Single up to 6 years of age - Best Single 7 to 14 years of age - Best Group up to 14 years of age - Best Single or Group over 14 years of age - Best Family Group - Best Overall Fancy Dress. All children will get a little surprise for entering. There will also be a Bar, BBQ, Face Painting, Bouncy Castle, Garden Games, Craft Stalls, Tombola and Lucky Dip. There will be entertainment provided by Shot in the Dark and his friends, the Common Morris dancers and music throughout the afternoon.

Village Hall Groups - Following the relaxing of COVID-19 restrictions, our Groups are back to meeting every week - **Short Mat Bowls** Tuesdays 1.45pm to 3.45pm, **Drama** Tuesdays 7.30pm to 9.30pm and **Badminton** Wednesdays 2pm to 4pm. To join a Group you must be a member of the Village Hall. The Village Hall has a separate **Snooker Room** to which current members of the Village Hall can pay a £10 charge to obtain a key and use the table when no matches are being played or it is being cleaned on a Monday morning.

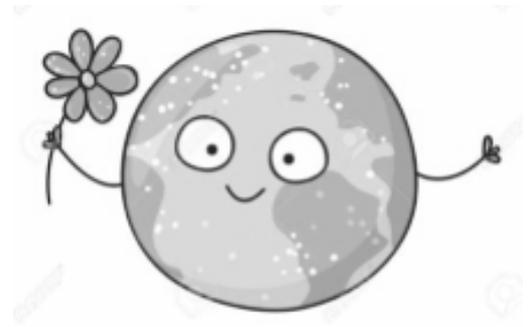
Membership - Please support the Village Hall by becoming a member or renewing your membership. Adult subscription is £7.50 and junior subscription £3.50 for 2021/22. You can pay online and for more details go to our website or see posters around the Village Hall (www.downderryandseatonvillagehall.co.uk).

Hall Hire - We are taking Hall bookings for one off events/occasions, or, if you want to run a regular event or class and are looking for a suitable venue, please consider the Village Hall. The cost is £10 per hour and includes the use of tables, chairs, kitchen utensils and tea and coffee making facilities, for the serving of light refreshments such as tea, coffee, sandwiches etc. If you wish to use the ovens, hobs and dishwasher there is a further charge of £5 per session and heating is operated by a coin meter. We have the following licences - live music, recorded music, dance performance and for alcohol consumed on the premises. For more details go to our website or telephone Mandy Smith on 01503 250412. (www.downderryandseatonvillagehall.co.uk)

*Mandy Smith
Secretary, Downderry and Seaton Village Hall*

Simple Ways to Save the Planet

As I write this article fires are raging in America and Canada, and floods are causing catastrophic damage in Germany and Belgium. The high temperatures in the North Pacific states are greater than any of the scientists predicted. However one views the climate emergency, it is becoming increasingly difficult to deny it is happening. Big weather events will become more frequent, as higher temperatures lead to greater evaporation and thus more water in the sky.



So, in this situation, how do we stay calm and sane? How do we keep our own momentum for caring for the environment when our government and others around the world are not acting to make meaningful change? What is the point?

Here is the point. As individuals we are small, but collectively we have strength. If we all chose, for example, to stop buying air-freighted produce, then air-freighted produce would become economically unviable and be replaced by more local options. If we all moved our money to ethical banks, then mainstream banks would be forced to rethink where they made their investments.

There is a lovely story about a boy throwing stranded starfish back in the sea. When asked why he was doing so, when there so many he couldn't possibly save them all, he picks one up and throws it into the sea, making the comment "well I've made a difference for that one." So, remember, no matter how insignificant your part may be in fighting climate heating, it is still essential you do it, for ultimately it will make a difference.

I am a great believer in Leonard Cohen's line from his song Anthem; "There is a crack in everything. That's how the light gets in." When you find the news overwhelming, please don't despair. Take a walk. Revel in the beautiful world we live in. And do whatever you can in your life to make positive changes happen.

Lizzy Stroud

Downderry Community Bus

The Community Bus is making big strides towards getting back to full operations, as the various Covid-19 restrictions have gradually been lifted. We have been determined to open for business as safely as possible especially in the face of the very rapid recent rise in Covid infection rates.

For the safety of our passengers and our drivers we are insisting that all passengers using the bus must have had their two Covid vaccinations and also that all passengers using the bus must wear face masks throughout their journey. The Government has been keen to stress that continuing care should be taken in using public transport in particular by recommending the use of face masks. Given the age range of many of our passengers and drivers we are also insisting on the two vaccinations rule.

With these measures in place we have raised the permitted capacity to 14 passengers. In addition to our weekly services to Plymouth (Tuesdays) and to Liskeard (Thursdays), we have resumed our services to Truro, Tavistock and Totnes (departures normally at 09.30), and we have reinstated our popular excursions schedule. We have already made trips to the Lost Gardens of Heligan and to the Plymouth Gin distillery. This month we are also staging two trips to watch the Plymouth fireworks competition from the great vantage point of Mount Edgcumbe on August 18 and 19, departure at 8pm, fare £2.50.

Please look for our timetable on the village noticeboards and on the DaSRA (Downderry and Seaton Residents Association) website and in Nut Tree.

For reservations, please call Bev Brighton on 01503 250944. For any other questions please contact Kevin Done, chairman on 01503 250911 or by email to kevindone@hotmail.com.

Kevin Done

Downderry Bus 300 Club

Thank you all for your kind donations, however, many have not donated this month! These amounts of £12 add up and help keep OUR bus on the road.

Winners for the month of July 1st. No. 11 Norman Craddick, 2nd. No. 16 Gloria Ryan 3rd. No. 160. Graham Hoskins

Thank you,

Jo Woodley 01503 250489

St Germans and Area Public Transport Users Group

GWR Covid Mask Policy. GWR will be following Government guidance and face coverings are therefore expected to be worn in crowded areas, such as public transport. GWR will continue to make on board announcements to that effect and promote at stations and through sales channels.

While social distancing will end, GWR will keep social distancing markers in place in stations with a measured, gradual increase in capacity on trains. They will also be maintaining enhanced cleaning regimes including overnight viricidal sprays and will keep extra staff at key stations to offer help and guidance.

Travelling by train is low risk as carriages are well ventilated with air regularly refreshed either by air-conditioning systems, or by doors and windows being opened. It is important therefore that public transport is not treated differently to other indoor settings.

That said, GWR will continue to expect face coverings to be worn and will make that clear to customers.

Timetable Changes. Due to a large number of GWR staff being affected by Track and Trace, they are now running a reduced timetable until further notice, which means two St Germans trains, the 11.33 upbound and the 12.31 downbound, will no longer run. Also please be aware that the previously timetabled down train at 11.46 from Plymouth now leaves at 11.42 (Saltash at 11.51) and waits at St Germans for 5 minutes, so it continues to leave at 12.02. From Monday 26 July 2021 all trains between Liskeard and Looe after 1900 will be replaced by buses

Recycling for Charity August and September dates

I will be collecting packaging from various items *sorted by category* (see previous Nut Trees, online and posters) at the Eliot Arms Pub Car Park, St Germans on Sunday 8th August AND Sunday 12th September between 10:30-11:30.

Any questions about this feel free to contact Freddie Brasher (Freddiebrasher@outlook.com). You can also find information on the website (<https://south-hill.co.uk/charity-recycling/>) or join our Facebook group “Recycling For Charity” (<https://m.facebook.com/groups/832979876753455>). I hope to see you with more sorted items at these next collections.

Freddie Brasher

Liskeard and Looe Foodbank

The Foodbank network exists to try to make sure that no one in our local community has to go hungry. That’s why the Liskeard and Looe Foodbank provides three days nutritionally balanced emergency food and support to local people who are referred to them in crisis. Foodbank needs our support to make sure this happens, and your gift of financial support and food can make a real difference. There are collection points of Foodbank boxes in St Nicolas Church, Dowederry, St Annes Church Hessenford, St Luke’s Church Tideford, and St Germans Parish Church. The boxes are emptied weekly and the gifts taken to Liskeard.

To help you choose what to give, each week the Foodbank provides on their website a list of foods and other essential items which are in short supply in their stores. (There is also a list of those items of which they have more than enough!)

The link to this page is:

<https://liskeardlooe.foodbank.org.uk/give-help/donate-food/>

Thank you for your help – the Foodbank depends on people like you who care about those in our community who are in need.

Margaret Sylvester-Thorne

Rita's Rota

August 2021 Dates

- 1** 10:00am - 4:00 Art & Craft Show DSVH
10:00am Morning Worship SNCh
7:00pm Evening Worship (Zoom)
- 3** 10:00am-12:00 Coffee Morning DSVH
10:00am Communion Service TC
- 8** 10:30am - 11:30 Recycle for Charity EA
10:00am Communion Service SGPC
7:00pm Evening Worship (Zoom)
- 10** 10:00am Communion Service TC
- 12** 2:00pm Hospice Cream Tea DSVH
- 14** 10:00am Café, Chat and Cake HCH
10:00am – 1:00 Little Breakfast DSVH
- 15** 10:00 Communion Service SNCh
7:00pm Evening Worship (Zoom)
- 17** 10:00am - 12:00 Coffee Morning DSVH
10:00am Communion Service TC
- 18** 8:00pm Plymouth Fireworks CB
- 19** 6:30pm Deviock Planning Cte (tbc) CZ
8:00pm Plymouth Fireworks CB
- 20** 7:30pm Quiz Night DSVH
- 21** 8:00pm Music Night DSVH

- 22** 12:00pm DSVH Celebration Day SNS
10:00am Morning Prayer SGPC
7:00pm Evening Worship (Zoom)
- 24** 10.00am Communion Service TC
- 29** 10:00am United Comm'n Service tbc
7:00pm Evening Worship (Zoom)

CZ Donderry Coastal Zone; CB Community Bus; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EA Eliot Arms StG; EHSG Eliot Hall StG; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church;; SNCh St Nicolas' Church; SNS St Nicolas' School; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall

Copy for Rita's Rota should be sent to nuttree.editor@yahoo.com by 15th of the preceding month. (Note change to email address)

Rita

nuttree.editor@yahoo.com

Disclaimer : The Editorial Group accepts no responsibility for views expressed in any edition of Nut Tree. Nevertheless, we will try to be as accurate as possible and request similar factual correctness from our correspondents.