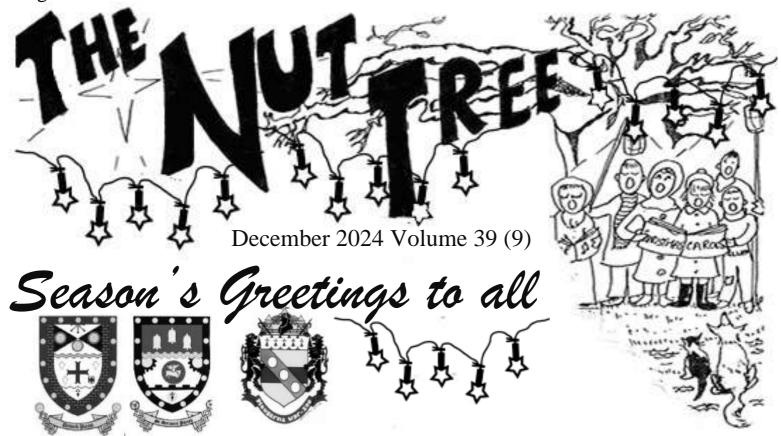
Magazine of the St. Germans and Deviock Parishes & Councils



Nature Notes

As I write this it is well into November and the anticyclonic gloom is becoming a little depressing. At least it is not raining. Fortunately, the strong easterly has dissipated and the sea is much calmer. Even better, the cloud is breaking and there is an absolute calm across the ocean just after dawn. A single Kittiwake comes into view, its pointed wings and bullish head coupled with a direct flight helping to identify this gull even at some distance. It sways side to side, occasionally swooping down to the surface of the flattish sea for possible food. This is a true pelagic gull, spending much of the winter far out to sea.

As I continue to scan the ocean, I catch a glimpse of a long, narrow profile just clipping the surface. It raises its head just enough for me to recognize the convex, nasal profile of a Grey Seal. It quickly slides below the surface and is not seen again. Seconds later, just behind where the seal dived, a large fin emerges. It belongs to a dolphin, probably Bottlenosed. There is just the one and that too quickly disappears. Conditions are ideal for scanning a large expanse of the ocean and I manage to see two large species of wintering birds, the Red-throated Diver and its close relative the Great Northern Diver, the latter still in its breeding plumage that will be lost over the next few weeks. The Cornish coast in winter is a stronghold for many of these birds from the far north and numbers will gradually increase into the New Year.

In the afternoon, we take the well-trodden path along the valley. Birdlife is patchy and occasionally there is little to seize our interest. Suddenly, there is a tiny scurrying around our feet and a small rodent is glimpsed running for cover in the adjacent grass. It does not

go far. It seems to hide but not well enough. We stand absolutely still, wait and the animal returns. It is a Wood Mouse, the large ears, strikingly black eyes and very long, hairless tail immediately obvious. Someone approaches from the opposite direction and the mouse scampers into cover.

We continue the walk, rest by the pond and discuss our rare encounter. Maybe twenty minutes later, on our return, we attempt to relocate the encounter with the Wood Mouse. We need not worry, because the mouse seems eager to reacquaint itself and reappears at the same place. Initially nervous, it keeps to the grass but we can still see it. Eventually it ignores us and leaves cover, becoming engrossed in one particular tiny spot in the path. The species is mainly herbivorous, eating a variety of seeds, fruit and grain, but it is impossible to identify what it is nibbling. We do not move and take the opportunity to photograph the mouse and assess its finer details. The fur is yellowish-brown, darker down the centre of the back and very pale behind the ears. It runs between our feet, even once over one's shoes and still comes back. This is a unique encounter. Wood Mice are supposed to be nocturnal and shy but this one has not read the script.

Alan Payne

Deviock Parish Council

There will be one meeting in December and two in January: Thursday 12th December (Full Council, 19:30), Thursday 9th January (Full Council, 19:30) and Thursday 23rd January (Planning Committee, 18:30). All meetings take place at The Zone, Downderry Methodist Church. See Agendas for details prior to each meeting.

<u>Consultations</u>: There are three consultations that close in December. Suggested search strings and consultation end dates are indicated in brackets:

- 1. Remote council meetings ('remote meetings gov.uk', 19th);
- 2. 20mph zones for Liskeard and Looe area ('cornwall council consultation finder', 20th tbc);
- 3. Views on bathing water reforms ('bathing water reforms gov.uk', 23rd)

<u>Assets improvements</u>: Further to the refurbishment of the public toilets in Downderry last May, the Parish Council will be upgrading the external and internal lighting at the toilets in Seaton. We will also be progressing with the procurement and installation of two gates at Tanver Yate in due course: a larger gate where there is current access and a second pedestrian gate.

<u>Saltash Tunnel</u>: For ongoing updates on the upgrade of the A38 Saltash Tunnel, go to https://nationalhighways.co.uk/our-roads/south-west/a38-saltash-tunnel-technology-upgrade/.

<u>Planning applications</u>: To comment on a planning application on the Cornwall Council Planning site, search online for 'cornwall council planning applications'. You will need to log in to use the Planning site. Any comments posted on the site are viewed by the

Parish Council's Planning Committee and Cornwall Council Planning Officers. See Agendas for applications due for discussion at the next Planning Committee meeting.

Forthcoming road closures around the parish: These can be found at https://one.network/. For any other Parish Council business and news, go to our website at www.deviockparish.org.uk/.

Until the next Nut Tree in February, very best wishes to you all for Christmas and New Year from Deviock Parish Council.

The Parish Clerk can be contacted Monday - Friday by email at <u>clerk.deviockpc@btinternet.com</u>. The Parish Office at the Vestry in Downderry is open to the public on the first and third Wednesday of the month (non-meeting weeks), 14:00 – 17:00 (tel: 01503 250052).

Karen Pugh, Parish Clerk

Deviock Parish Council Loan Fund

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

From the Parishes – St Germans

It is that time again to wish you all a Merry Christmas and a Happy New Year. There are a few changes afoot for next year apart from elections. Firstly, the current plans for the Tamar Tunnel disruptions; from early 2025 to late 2025 the tunnel will be closed in both directions on weeknights with local diversions. From Summer 2025 for five months both the tunnel and bridge will operate on fixed lanes only with one in each direction and narrower. This may be subject to change as work progresses. Search nationalhighways.co.uk/saltashtunnel for updates.

Wildanet based in Liskeard have been approved and finance is in place to start the Government project to bring full fibre to most driveways in the St Germans parish with a small box in the ground to access fibre optic connection up to 900Mbs. They will be using existing poles and underground conduits where possible. The first step will be a letter to "the occupier" to establish demand followed by public meetings before work starts.

The Phone Box book exchange has a broken door, however, the new frame has just arrived so it should be fixed soon.

The Council meets on the last Monday in the month 23rd December and then 27th January 2025 at 18:30 in the Eliot Hall in December and TBA for January.

Hessenford News

Well before we get into all the news for December we have got a few things to round up from November mainly in relation to the Service at the War Memorial for Armistice Day. It was lovely to see many residents of the village plus others from the surrounding area join together in remembrance and hear the poem written by our own James Parkinson reminding us that 'It is our duty to never forget'. Not only was the War Memorial itself and the surrounding garden area looking particularly spanky but thanks to Andy Wayte, Alison Pengelly and Angela Thorpe, the area in front of the Institute was also looking very smart and tidy. So, thanks to everyone who played their part in this, it is much appreciated by us all. Going forward, if there is anyone or a few who could spare a little time, whenever it suits you, keeping these areas neat and weed free would be a bonus for the whole community.

Probably not so many of you will have met them, unless you are dog walkers heading off down the valley road, but we would also like to welcome Paul and Debbie to our community, we hope they enjoy living in the village and their first Christmas here.

Now thoughts turn to the events of December and there are a few things that come to mind, one being the Christmas Tree that is erected outside Alison's house. If you are willing to give a monetary donation towards the tree and the lights, please put it in an envelope and push it through Alison's letterbox (house next door to the Hall) or give it to Dave Moore. Thank you.

The monthly Coffee, Cake & Chat will be on Saturday, 14th December in the Hall as usual between 11:00 - 13:00 hours. Everyone is welcome, including friends, and you never know you could end up chatting to someone you have not interacted with before. On the subject of the Hall, remember it is a village/community resource and you can hire it out for a small fee. So, if you can think of a good use for it please let us know.

Then of course only ten days later, you are all very welcome to the Christingle Service in St Anne's Church, Hessenford on Christmas Eve, Tuesday 24th December at 18:00, whether you live in the village or anywhere in the surrounding areas. It is a lovely joyful service both for children and adults and a great place to pass on Christmas Greetings.

So that just leaves me to wish you a very Merry Christmas. Stay safe and well, particularly if you aare travelling anywhere. Enjoy the Festivities with family and friends and may you enjoy welcoming in the New Year.

As you will be aware, we no longer have a permanent monthly contributor to the Nut Tree so if you feel able to offer your services in the next month or two please let us know.

Lynher Methodist Church at St Germans

A warm welcome is given to you at the chapel at St Germans as we approach the Christmas Season.

We have a number of events throughout December that you might like to join us for:-

- 1st 10:30 Advent Sunday. Service conducted by J. Ware from Callington. This will be followed by a faith lunch.
 - 8th 10:30 Our own minister Rev Stuart Reed will lead worship.
- 10^{th} 10:00-12:30 Advent Reflections on the subject of 'Are You Ready For Christmas?' This is a short morning of reflections to remember the season before we are swept away by preparations. It will be led by Helen Burke from Saltash and Janet Gerrard from St Germans. Everyone is warmly invited and the morning will be followed by a faith lunch. If you want further details please phone $01503\ 230403$ or $01752\ 843704$.
- 15th 16:00 Carols by Candlelight. Our annual service of carols led by Mrs Helen Burke. Please come and enjoy singing some familiar carols and worshipping the Reason for the Season.
- 21st 10:00 12:00 Annual Festive Treats Coffee Morning. Please join us as we continue to celebrate this very special season with coffee, treats, chat and laughter.
- 22nd 10:30 We will be joining our friends at Crafthole for their annual Carol Service led by Mr G. Williams from St Germans.
- 24th 16:00 We will be holding an informal time of worship for all the family on the Eve of Christmas. You are welcome to join us for a short time of celebration.

Everyone at the chapel here in St Germans would like to wish you a happy and blessed Christmas.

Steve Gerrard

St Germans Gardening Club

On Wednesday 18th December we have our Club Christmas Dinner. Doors will be open early at 18:30, because we have the Reflexions Choir singing for us at 18:30 before dinner is served at 19:30. Don't forget to bring your own drinks and if you can a raffle prize. Tickets for a cup of mulled red wine and an excellent two course buffet are £20 per head. Tickets can be purchased in the village shop or from Liz 01503 230431 or Roger 01503 230629.

On Wednesday 15th January we have our first speaker of the New Year in the Eliot Hall 19:00 for 19:30. The speaker is Claire Woodbine talking about the National Gardens Scheme.

We wish you all a Happy Christmas and best wishes for the New Year.

St Germans Thursday Club

Wishing everyone a very Happy Christmas and New Year.

Open to all - Events coming up for December and January in the Eliot Hall, St Germans and starting at 14:30:

On 12th December - Our annual mince pies afternoon with festive musical entertainment by 'Just Voices'.

Then on 9th January 2025 - Subscriptions and Nominations - New members very welcome.

Finally, on 23rd January2025 - General meeting with further discussions regarding the 2025/26 programme.

If there is something you would really like the Club to do, why not come along and we can discuss it.

All events cost £2 at the door and include a cup of tea and biscuits (or a free mince pie in December) and entry to our fun raffle.

For general enquiries please contact Jenny Putt on 01503 230766.

Anita Jarvis



Downderry and Seaton WI

We have lots happening over the next few weeks with Christmas crafting high on the agenda. Hope to have seen lots of you at our Christmas crafting event in November. There are limited places on the afternoon session of the wreath workshop on 7th December.

December will see us celebrating Christmas at The Zone on the 10th December and at the Smugglers Inn on the 18th. Do come along and say hello.

We have lots of trips in the pipeline for the New Year. Any questions please contact us downderryandseatonwi@gmail.com.

Julie Green, Secretary

Seeking New Trustees - Sir Walter Moyles Almshouses

Sir Walter Moyles Almhouses is a charity which manages a grade 2* listed Almshouse, a historic building in St Germans originally built in 1587. It consists of six one-bedroom flats, providing affordable accommodation for local people in financial need.

They are managed by a board of volunteer trustees which currently comprises five experienced members and a part time paid clerk who deals with day-to-day matters. Due to the retirement of one trustee, we are seeking applications for new trustees to join our board.

We would currently welcome people with practical experience in managing contractors who conduct maintenance activities. This could include liaising with contractors to ensure that the work is completed to the required standard and with residents to address any concerns and minimise inconvenience.

If you don't have the above skills but do have an interest in social housing and listed buildings we would still like to hear from you for other possible vacancies. We are a friendly group and meet four plus times a year.

To find out more, and our application process, please contact our clerk Tel: 07811 397392 or email sirwalterma@gmail.com

Jo Holburn

Whitsand Harmony

Whitsand Harmony supported by The DerryAirs are excited to put on this year's Christmas Concert in aid of the Liskeard, Looe and Torpoint Foodbank.

At the Village Hall on Wednesday 4th December at 19:00 for a 19:30 start.

100% of all the money raised on the night will go towards purchasing food at wholesale value and will be donated to the Foodbank on a monthly basis.

The Foodbank provides a list of urgently needed items every month and £400 from the amount raised at the concert is spent to give continued support.

This support has now been ongoing for two years and many families locally have been grateful to receive such critical help, especially in the current cost of living crisis.

So please come and support us, the alcohol, drinks, and raffle prizes are all donated for the evening to make sure we raise as much as possible. Entry is £6 and donations can be made on the night.

Thank you for your support, we look forward to seeing you.

Melanie Buttall

Quay Lane Surgery

The Patient Participation Group (PPG)

Thank you to everyone who is supporting our Christmas fundraising this year. The raffle draw is being held at Quay Lane Surgery in December and winners will be notified on the day.

We wish everyone a very Happy Christmas and New Year!

Claire Croft, Chair. Email: quaylaneppg@gmail.com

A Message from the Reception and Dispensary Teams

It is with a heavy heart that we address an issue of growing concern within our practice. Over recent months, our dedicated Reception and Dispensary Teams have unfortunately been subjected to instances of verbal abuse, both over the phone and in person.

Such behaviour has had a profound impact on our staff, leading to distress and causing some to question their ability to continue working in this environment. We kindly urge all patients and visitors to remember that our team members are human beings deserving of respect and kindness. They are committed to providing the best possible service, often under challenging circumstances, including staff shortages.

We ask for your understanding and cooperation in treating our staff with the courtesy and respect that you would wish to receive. Your support is invaluable in helping us maintain a positive and productive environment for everyone. Thank you for your attention and understanding. Warm regards.

The Reception and Dispensary Team

Practice News:

Opening Hours for Christmas and New Year

Monday	23 rd December	Normal opening hours
Tuesday	24 th December	Normal opening hours
Wednesday	25 th December	Closed
Thursday	26 th December	Closed
Monday	30 th December	Normal opening hours
Tuesday	31st December	Normal opening hours
Wednesday	1 st January	Closed
Thursday	2 nd January	Normal opening hours
Friday	3 rd January	Normal opening hours

<u>Reducing Medicine Wastage</u> – the good news is there is a lot we can do to tackle medicine waste, and everyone can play a part.

- 1. Check your prescription bag before leaving the dispensary to make sure that you only have what you need and that there is nothing extra in there (or nothing missing). Please note: this must only be done by the patient or authorised carer. If you return an item before you leave the dispensary, the medicines can be re-used. If you return an item after it has left the building it has to be destroyed.
- 2. When ordering your repeat prescription, think carefully before ticking all the boxes and only order what you really need. If you have enough, only request the medicines you

open the bag
before you
head home.

Before you leave, check the medicines in
your bag.

If there's something you don't need, we can reissue it to someone else.

Medicines that leave the Dispensary have to be discarded.

need this time. You will still be able to order others again in the future.

- 3. Return unwanted and expired medicines to the dispensary to protect environment. Unused medicines expire and might not work as meaning intended. your care might be compromised. Never dispose of your unused or unwanted medicines in the household bin or down the toilet.
- 4. Stockpiling medicines worsens drug shortages.

Thank you for your help to reduce wastage.

Wishing all our patients a very Happy Christmas and good health in the New Year!





We have new residents in the village. I know this because I see them asking questions about electricians, plumbers and assorted other trades on DaSRA's Facebook pages. I also see the comments that are made by residents who recommend people they have employed.

But how do you really get to know about the place that you are now calling your home? A very good place to start is the DaSRA web site https://www.dasra.co.uk/. Check out "local links" first. Here you will find more organisations than you can shake a stick at.

As a relative newcomer myself, I found the information about the village positively encyclopedic. There is something for everyone.

People will of course have different reasons for having come to settle in Downderry or Seaton but generally knowing a few more people, making friends and joining in with events here and in the villages around can have a good effect on one's mood and help folk settle in.

Going through the DaSRA site I would also like to remind everyone who uses the site to "publicise their activities", that the information does need to be kept up to date. We can only add or amend information that comes from the source, so please do take a look at your section and send some copy into info@dasra.com so that we can make sure everyone is getting the most up to date information. Also, if you would like your own community groups' activities to be included, do let us know.

While I am here, Laura Done has been managing the DaSRA Website since it was set up in 2019. We really need someone to take over from Laura. Ideally the person who runs the website could also administer the Facebook page. Because of the importance of these two main vehicles for information transmission, the person/persons' doing this should be members of the Committee able to make decisions on behalf of DaSRA. Please contact me at info@dasra.com and put a title "Website/Facebook help" and I will be able to give you more information.





Stalking is a pattern of repeated, unwanted behaviour that causes you to feel distressed or scared. It can be perpetrated by men or women. Stalking can happen with or without a fear of violence. This means that if you are receiving persistent unwanted contact that is causing you distress, but the person has never threatened you, this is still stalking and is not acceptable.

What is stalking? 'A pattern of fixated and obsessive behaviour which is repeated, persistent, intrusive and causes fear of violence or engenders alarm and distress in the victim.' Stalking can consist of any type of behaviour such as regularly sending flowers or gifts, making unwanted or malicious communication, damaging property and physical or sexual assault. If the behaviour is persistent and clearly unwanted, causing you fear, distress or anxiety then it is stalking, and you should not have to live with it. Stalking often has a huge emotional impact on those it affects. It can lead to feelings of depression, anxiety and even post-traumatic stress disorder. It can be a psychological as well as a physical crime.

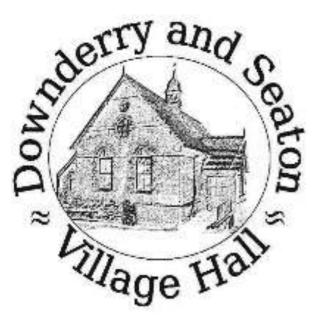
Who stalks? When many people hear the word stalking, they still think of a stranger lurking in the shadows or a delusional fan following a celebrity. Whilst these cover some stalking scenarios, they are by no means the majority. About 45% of people who contact the Suzy Lamplugh Trust Helpline are being stalked by ex-intimates (i.e. ex partners) and a further third have had some sort of prior acquaintance with their stalker; you may have dated, married or been a friend with your stalker. Just because you know/knew the stalker does not mean that the situation is your fault - it is still stalking, and it is wrong.

Reporting stalking; Contact the police if you are being stalked - you have a right to feel safe in your home and workplace. Stalking is illegal and can include being followed or constantly harassed by another person - for example being sent unwanted emails.

If you or someone else is in immediate danger, call 999.

For more information visit info@dasra.co.uk/neighbourhoodwatch

Downderry & Seaton Village Hall (Registered Charity 1210090)



OUR COMMUNITY NEEDS YOUR HELP, TO SAVE OUR VILLAGE HALL. There are many ways you can help save our Village Hall so you can continue to attend events like those listed below. One way is to give a donation or make a pledge. The Trustees would like to take this opportunity to thank the residents who have already given a donation, this is greatly appreciated and if you haven't done so and are able, please give a donation today. Our target is £300,000 by May 2025! See contact details below. THE FUTURE OF OUR VILLAGE HALL IS IN YOUR HANDS!

<u>Christmas Craft Fair, Sunday 1st December 10:00 to 16:00</u> - We invite you to join us at our Christmas Craft Fair, where creativity and holiday spirit merge. Take a look at a world of unique, handmade treasures for a season that is truly magical! You will find some great Christmas presents and 10% of all sales will go to the 'Save our Village Hall Appeal'. Entry is free and refreshments available.

<u>Coffee Mornings, Tuesday 3rd December and 7th January 10:00 to 12:00</u> - Come along for a chat and enjoy a hot or cold drink with a little treat. It only costs £2.50 per person and there will be a Book Stall and Raffle Tickets for that morning's draw.

Christmas Quiz Night, Friday 6th December 18:30 for 19:30 start - Have a fun night with family and friends full of challenges at our Quiz Night on the big screen. Prizes for the winning team and also prizes for the best Christmas jumper and best Christmas hat. Register your team of up to six people now and book a table for this fun-filled night! Tickets £5 each, see contact details below.

Little & Bigger Breakfasts, Saturday 14th December and 18th January 10:00 to 13:00 -Enjoy a Breakfast Bap of sausage, bacon & egg or the veggie option of egg & hash browns with a hot or cold drink for just £5.00. Or a bigger breakfast of sausage, bacon, egg, tomatoes, beans, hash brown and toast with a hot or cold drink for £6.50, veggie option also available. Filter coffee and hot chocolate made with milk available at an additional cost. There will also be a book/DVD sale.

<u>Producers Markets, Sunday 15th December and 19th January 10:00 to 13:00</u> - At the December's Market, produce on sale includes plants, meat, eggs, bread, cakes, honey, vegetables, 100% natural dog treats and discover a world of spice blends,

preserves and condiments. Also wine, gin, cider and liqueurs, stunning Cornish Calendars and come and support the Community Bus table. Hot and cold refreshments available.

Bingo, Friday 20th December and 31st January 18:30 for 19:30 start - Have a fun evening out with family and friends and you know what they say, you have to be in it to win it! At December's Bingo, winners will get food and drink and the flyer will be £50 and the last house £150.

Children's Christmas Disco, Sunday 22nd December 13:00 to 15:00 - Children under 11 years of age living in Downderry or Seaton are invited to a Christmas Disco. Free entry! Entertainment is by Shot in the Dark and there will be free face painting. Come in your best Christmas outfit and enter the competition to win a prize. There will also be a special guest appearance by a man in a red suit! Children will get refreshments and a gift from Santa. There will be a bar and refreshments on sale. To register your telephone Mandy Keith 01503 250412 or on downderryandseatonvillagehall@gmail.com. Please include your child's name. To avoid disappointment, register early as numbers are limited. Closing date Sunday 15th December.

Race Night, Saturday 11th January 19:00 for 19:30 start - Join us for a fun night of eight recorded races and watch it on our large screen. It is £5 on the door and you can also enjoy a Ploughman's Finger Buffet. Register your interest to reserve your place, see contact details below. Tote tickets are £1 each and money will be paid to the winners.



<u>Panto</u> - Tickets go on sale on 6th January for the annual Village Hall Drama Group Panto. Performance dates are Saturday 15th and Sunday 16th February 13:30 for 14:30 start and Thursday 20th to Saturday 22nd February 18:30 for 19:30 start.

All are welcome at our Fundraising Events, including dogs on leads. There is a reasonably priced bar at the evening events. For more information about the above posters around the events see area, to go our www.downderryandseatonvillagehall.co.uk or website Facebook Group, email downderryandseatonvillagehall@gmail.com or 01503 telephone 250412.

Deviock Activities Group (DAG) At The Zone Downderry (PL11 3JZ)

Craft Café & Art Group (Mondays: 14:00 – 16:00. Suggested Donation £3)

DECEMBER PROGRAMME

Crafts each week: Felt holly leaf hanging and Morsbags

Also; Create a Willow Angel by booking with magiluvs2sing@gmail.com

9th Make a table decoration with Ruth

16th Artswell Community Project with Helen Round creating an indigo dyed wall hanging.

JANUARY PROGRAMME

Crafts 6th and each week: Sunflowers & book covers.

Also; 13th Artswell Community Project - a further session in the creation of an indigo dyed wallhanging

20th Watercolours Workshop with Jennie Boniface - booking required. Contact webstersue62@gmail.com

27th Final Artswell Project session putting the hanging together.

Music Club (Tuesdays to 17th December and from 7th January 10:00 -11:30) Donation based. Refreshments and all equipment provided. Join us for singing, ukulele and listening. No musical ability, instruments or experience required! Walk-ins most welcome.

Table Tennis (Wednesdays to 18th December and from 8th January 18:00) £2. All welcome. All equipment provided and no experience needed. Contact magiluvs2sing@gmail.com

Third Thursday Evening Crafts

16th January 19:30 Donation based, refreshments provided. An evening opportunity to engage in the Artswell Community Project with Helen Round creating an indigo dyed wall hanging. To book a place contact parkerviv@aol.com or on 07855 162268

Digital Together Session

Friday 6th December 11:30 – 13:00. Donation based. General support to boost your confidence in using online services in a friendly supportive environment. To book your place contact <u>parkerviv@aol.com</u> or on 07855 162268.

NEW FOR SPRING 2025

Lowcost Saturday Workshops, including:

Quilting, Mono printing, Indigo Dying and Sashiko

For more information contact parkerviv@aol.com or on 07855 162268

FOLLOW US ON FACEBOOK



Viv Parker



Join us for a Festive afternoon on Sunday 22nd December at 14:00 for Carols at The Zone, featuring Whitsand Harmony and soloist Maggie Holden. Enjoy hot drinks and mince pies afterwards. Everyone is welcome!

Michelle Davies

Upcoming Event: Live Music and Film at The Zone, Downderry

On Saturday 18th January local band Wurlitza will be performing a silent film soundtrack to F.W.Murnau's classic film *Sunrise*.

Still considered one of the finest films ever made, *Sunrise* is silent film at its most poetic. Murnau's fast-paced tale of temptation and reconciliation beautifully captures both rural idyll and bustling city with an array of clever cinematic touches. Wurlitza's soundtrack comprises music that will be both familiar and unfamiliar, from Bach and Villa Lobas to Talking Heads, Echo and the Bunnymen, Madness and The Vapors. This is a truly unique and memorable experience, and likely to be very popular.

Lizzy Stroud

Tour De Moor 2024 50 50 50 50 50 50 50 50 50 50 50

Chris and Gail Brett would like to thank you all who sponsored us in aid of St Luke's Hospice. We are pleased to say that we completed the 28km route and have raised £100.00 this year.

More than 1,000 cyclists took part in this annual off-road cycle challenge for St Luke's Hospice. Starting from Harrowbeer Airfield, Yelverton across Dartmoor, alongside Burrator Reservoir and back. The weather was very cold but dry and the views across Dartmoor were absolutely amazing.

We hope to take part again next year.

Chris & Gail Brett

December 2024 / January 2025

December Tuesday 3	DATE		DESTINATION	DEPART	LENGTH	FARES	FARES	
December Tuesday 3	DALL		DESTITUTION,	D LI MAN	Service of service of service	ASSESSED OF PARTIES	SECRETARIST HOS	
Wednesday 4	December							
Thursday 5	Tuesday	3	Plymouth	9.30 am	4 Hours	£3.00	£5.00	
Friday	Wednesday	4	EXETER	9.30 am	4 Hours	£6.00	£12.00	
Tuesday 10 Plymouth 9.30 am 4 Hours £3.00 £5.00 Tuesday 10 Totnes late night shopping + Xmas market 3.30pm 4 Hours £9.00 Thursday 12 Liskeard 9.30 am 2 Hours £2.00 £4.00 Friday 13 Carkeel shopping and Tamar View Nurseries 9.30 am 4 hours £5.00 Monday 16 Tea and Biscuits at VILLAGE HALL, £2.00 10.30 am -12.00 £5.00 Wednesday 18 **NO** TRURO 10.30 am -12.00 £5.00 Thursday 19 Liskeard 9.30 am 2 Hours £2.00 £4.00 Tuesday 24 Plymouth 9.30 am 4 Hours £3.00 £5.00 Thursday 26 Bank Holiday Plymouth 9.30 am 4 Hours £3.00 £5.00 January Thursday 2 Liskeard 9.30 am 2 Hours £2.00 £4.00 Friday 7 Plymouth 9.30 am 4 Hours £5.00	Thursday	5	Liskeard	9.30 am	2 Hours	£2.00	£4.00	
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Triday	Tuesday	10		3.30pm	4 Hours		£9.00	
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possible WADEDRIDGE	Wednesday	20	TRURO	9.30 am	4 Hours	£5.00	£10.00	
Tarquins Distilleryb- tba	Wednesday	28	possible WADEBRIDGE -	9.30 am	4 Hours		tba	
<u> </u>			Tarquins Distilleryb- tba					

TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250944 Mon-Fri 9.00am-5.00pm

Downderry Bus 300 Club

The lucky winners for the November 300 Club draw are:

 $1st.\ No.\ 185$ - Kim James. $2nd.\ No.\ 69$ - Ron Gerdes. $3rd.\ No.\ 41$ - Jeff Rees. Thank you all.

Community Bus News

The Community Bus wishes all its passengers past, present and future a Merry Christmas and a very Happy New Year. Thank you for all your support during a momentous 2024, a year in which we took delivery of our splendid new bus, and thank you to our wonderful 'Friends of the Bus' for all their fundraising efforts.

A special plea, as we head into a New Year. Please do not remove the bus timetables from the noticeboards. They always go up to the 7th of the following month, so that our very hard-working secretary, Heather Thomas, does not have to rush around at midnight on the last day of the month, replacing them all. The timetable has been made clearer, to show that, it goes up to the 7th. It is a statutory requirement that the bus timetables are on the noticeboards, so your co-operation is very much appreciated.

The Friends of the Bus will be holding their coffee morning on Monday, December 16th from 10:30 to 12:00 (£2.00) in the Village Hall. Do come along for tea/coffee and biscuits and to meet up for a chat. A special draw will be held around New Year with the big prize of a helicopter ride over the Deviock villages and coast.

Details of the community bus timetable are available in Nut Tree, on the village noticeboards and on the DaSRA (Downderry and Seaton Residents Association) website www.dasra.co.uk. Please remember, the community bus is for everyone, for all age groups.

In December the focus will be on a variety of Christmas shopping opportunities, so let the Bus take the strain. We are heading to Exeter on Wednesday December 4th, to Looe on Friday 6th, and to Totnes on Tuesday 10th for late night shopping and the Christmas market. Please note the Totnes departure time will be 15:30 from Broads Yard. On Friday December 13th we will be heading to Carkeel for Waitrose and Lidl and then to Tamar View Nurseries.

Slightly further ahead and into January we will be running to Looe on Friday 3rd, and to Truro on Wednesday January 20th. Look out for news of our first excursions of the New Year on Friday, January 31st and Wednesday February 28th.

The normal departure time from Broads Yard, Downderry is 09:30. Every week we visit Plymouth on a Tuesday and Liskeard on a Thursday, and on these two services you can use your bus freedom passes. No issues with parking. We are there for you.

For all passenger bookings please call Bev Brighton on 01503 250944. For 300 Club and details of the monthly draw call Jo Woodley on 01503 250489. For any other questions, including on driver recruitment, please contact Kevin Done, Chairman on 01752 466313 (I have NOT moved to Plymouth, it's a BT glitch!) or by email at kevindone@hotmail.com.

Polbathic Hall Christmas Bingo

Fancy a fun night out then come and join us at Polbathic Hall's Christmas Bingo, fun for all the family. Prizes for winning lines and houses plus a money game, raffle and free refreshments. This is not just bingo this is 'Christmas Bingo!' We look forward to seeing you there. Friday 6th December doors open at 19:00 for eyes down at 19:30.

Jenny Warr

Eliot Hall Community Centre, St Germans

Christmas Coffee Morning Saturday 7^{th} December 10:00 - 12:00. Come and join us at the Eliot Hall for tea, coffee and mince pies (with clotted cream of course). The heating will be on and the Hall will be decorated as we start the run up to Christmas.

Briony Woods



Thanks and Seasons Greetings!.....

.....to all our readers, distributors and correspondents.

Everyone at Nut Tree wishes to thank our readers for taking the time to read our little magazine each month.

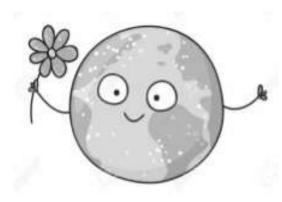
We thank our dedicated band of locals who brave the elements to post your magazines through your letter boxes each month.

And we especially thank those who press finger to keyboard each month to provide the copy you all enjoy reading.

There is no Nut Tree in January, so for our readers your next copy will be with you early February, and for correspondents your copy deadline for the next edition is by 17th January.

We wish you all a holiday season full of peace, joy and happiness.

Simple Ways To Save The Planet



It is that time of year when often we start to think about our next holiday. Here are a few suggestions for making your trip a greener one.

The greenest holidays are going to be close to home. Holidaying in Cornwall or Devon will reduce your carbon miles; you don't have to go far to get away from it all.

If you are set on going abroad, rather than flying, why not look into the option of holidaying by train. Buying an interrail ticket may save you money if you are thinking of doing big journeys. Faster trains require reservations in addition to the pass, which can be bought from Rail Europe (don't use the App for reservations as its fees are extortionate). For holiday planning by rail we highly recommend seat61.com, where you'll find everything you need to know, from train operators, where to buy tickets and which are the most scenic routes.

From personal experience we recommend the Bermina line from Switzerland to Italy. No need to book the tourist train; the local services use the same track and have large opening windows.

Buying tickets well in advance is a good idea if you don't use a pass, as there are often bargains to be had, especially on the Spanish and Italian railways.

It is often possible to incorporate a walking holiday with public transport links to and from your destination.

When looking for accommodation, wherever you go, try and book somewhere that is unlikely to be a holiday home that would otherwise have housed a local family. B&Bs, chalets, shepherd huts, hotels and caravans all fall into this category, as do purposebuilt barn conversions and annexes to the owner's house.

Part of the fun of any holiday should be getting there. If you eschew flying you'll find yourself seeing more of the landscape and meeting more of the people. Don't just take my word for it - do try for yourself.

Lizzy Stoud

Disclaimer: the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.

Nuttree.editor@yahoo.com

Rita's Rotas

		DECEMBER			JANUARY		
1	10:00	Christmas Craft (DSVH)	6	14:00	Craft Café & Art Group (TZ)		
1	10:30	Advent Sunday Service (SGMC)	7	-	MOBILE LIBRARY DAY		
2	14:00	Craft Café & Art Group (TZ)	,	10:00	Music Club (TZ)		
3	10:00	Music Club (TZ)		14:00	Short Mat Bowls (DSVH)		
3	10:00	Coffee Morning (DSVH)		19:15	Drama Group (DSVH)		
	14:00	Short Mat Bowls (DSVH)	8	14:00	Badminton (DSVH)		
	19:15	Drama Group (DSVH)	O	18:00	Table Tennis (TZ)		
4	14:00	Badminton (DSVH)	9	14:30	Thursday Club (EHSG)		
7	18:00	Table Tennis (TZ)		19:15	Drama Group (DSVH)		
	19:00	Whitsand Harmony ((DSVH)		19:30	Deviock Council Mtg – Full (TZ)		
5	19:00	Badminton (DSVH)	11	18:30	Race Night (DSVH)		
6	11:30	Digital Together (TZ)	13	14:00	Craft Café & Art Group (TZ)		
O	18:30	Christmas Quiz Night (DSVH)	14	10:00	Music Club (TZ)		
	19:00	Polbathic Bingo Night (Pol H)		10:00	Coffee Morning (DSVH)		
7	10:00	Christmas Coffee Morning (EHSG)		14:00	Short Mat Bowls (DSVH)		
8	10:30	Church Service (SGMC)		19:15	Drama Group (DSVH)		
9	14:00	Craft Café & Art Group (TZ)	15	14:00	Badminton (DSVH)		
10	-	MOBILE LIBRARY DAY		18:00	Table Tennis (TZ)		
10	10:00	Music Club (TZ)		19:00	St G Gardening Club speaker (EHSG)		
	10:00	Advent Reflections (SGMC)	16	19:15	Drama Group (DSVH)		
	14:00	Short Mat Bowls (DSVH)		19:30	Evening Crafts (TZ)		
	19:15	Drama Group (DSVH)	18	10:00	Little & Bigger Breakfast (DSVH)		
11	14:00	Badminton (DSVH)	19	10:00	Producers Market (DSVH)		
	18:00	Table Tennis (TZ)	20	14:00	Craft Café & Art Group (TZ)		
12	14:30	Thursday Club (EHSG)	21	10:00	Music Club (TZ)		
	19:00	Badminton (DSVH)		14:00	Short Mat Bowls (DSVH)		
	19:30	Deviock Council Mtg – Full (TZ)		19:15	Drama Group (DSVH)		
14	10:00	Tai Chi (TZ)	22	14:00	Badminton (DSVH)		
	10:00	Little & Bigger Breakfast (DSVH)		18:00	Table Tennis (TZ)		
	11:00	Coffee, Cake, Chat (HCH)	23	14:30	Thursday Club (EHSG)		
15	10:00	Producers Market (DSVH)		18:30	Deviock Council Mtg – Planning (TZ)		
	16:00	Carols By Candlelight (SGMC)		19:15	Drama Group (DSVH)		
16	10:30	Friends of Bus Coffee Morning (DSVH)	27	14:00	Craft Café & Art Group (TZ)		
	14:00	Craft Café & Art Group (TZ)		18:30	St Germans Council Mtg – venue TBC		
17	10:00	Music Club (TZ)	28	10:00	Music Club (TZ)		
	14:00	Short Mat Bowls (DSVH)		14:00	Short Mat Bowls (DSVH)		
	19:15	Drama Group (DSVH)		19:15	Drama Group (DSVH)		
18	14:00	Badminton (DSVH)	29	14:00	Badminton (DSVH)		
	18:00	Table Tennis (TZ)		18:00	Table Tennis (TZ)		
	18:30	St G Gardening Club Dinner (EHSG)	30	19:15	Drama Group (DSVH)		
19	19:00	Badminton (DSVH)	31	18:30	Bingo (DSVH)		
20	18:30	Christmas Bingo (DSVH)			s By The Beach; CB Community		
21	10:00	Festive Treats (SGMC)	Bus; DSVH Dderry & Seaton VH; PolH Polbathic				
22	10:30	Carol Service - Crafthole	•		Arms StG; EHSG Eliot Hall StG; HC		
	13:00	Children's Christmas Disco (DSVH)		•	HCH H'ford Church Hall; SGMC St		
	14:00	Whitsand Harmony Carols (TZ)			h; SGPC St G Priory Church;		
23	14:00	Craft Café & Art Group (TZ)			as' Church; SNS St Nicolas'		
	18:30	St Germans Council Mtg (EHSG)			eford Church; TRBL Tideford RBL		
24	16:00	Church Service (SGMC)	•	The Zo	one Downderry; WVH W'gates V		
	18:00	Christingle Service (HC)	Hall	·	D ()		
					s Rota should be sent to		
				editor@	yahoo.com by 17 th of the preceding		
			month.				
			Rita				

Rita