

Nature Notes

My attention was drawn to a recent article in a newspaper regarding the emergence of midsummer butterflies. Apparently, the high frequency of sunny days this year has caused the emergence of some insects two or three weeks ahead of the norm. So, during a sunlit afternoon walk in the valley in mid-May, I am on the look-out for any sighting to match this trend. Unfortunately, there is a cool breeze in the air which takes the edge off the feeling of summer. There are a few butterflies to see – Orange Tip, Peacock, Common Blue and Speckled Wood – but nothing unexpected.

I carry on to the edge of a pond and I notice many diminutive Azure Blue Damselflies close to the edge of the water. There are also a couple of Broad-bodied Chasers which obligingly perch at the tip of an overhanging plant to help with identification. The latter are medium-sized dragonflies typical of early summer and exhibit distinctive flattened bodies and brown patches at the base of the wing.

Moving away from the pond, I walk into a field which was mowed in late winter. Now, it is full of tall, competing plants, in particular umbellifers with their flattish heads of off-white flowers. Although I continue looking for butterflies, my attention is drawn to a small, round, yellowish blob, less than a centimetre in length, partially obscured by the flowers. It is a crab spider; one I remember from my own garden some years ago. Beside her is the body of a Honey Bee and it is possible that I have interrupted the process of consuming the liquid soup from the much larger bee. There are many species of crab spider but the yellow colour makes this one, called misumena vatia, or flower

crab spider, quite attractive. This is a female, given that males are minute, barely two or three millimetres in length.

Crab spiders get their name from their habit of moving sideways and this species possesses long front legs that add to the likeness of a crab. They do not create webs but lie in wait on the flowerhead, with those front legs extended, waiting for an insect to land. They prefer the prey to come to them. Vision is very important so they tend to hunt in the daytime. Unseen by the bee in this case, the spider has grabbed her prey and gone through the process of injecting venom to paralyze her victim. Digestive enzymes are then added. I am a little surprised by the fact that the yellow colour of this species of crab spider stands out slightly against the white flowers, but what I can see is not necessarily what the bee perceives. The spider is also a possible item of prey for a bird, so it pays to be inconspicuous for two reasons. Despite my attention, the crab spider makes no intention to move away, but persists in holding on to her dinner. When she eventually moves and retreats below the flowerhead, the spider and her dead bee are firmly attached.

Alan Payne

St Germans Parish Council

Following the uncontested election on the 1st May 2025, the Parish Council have vacancies that can be filled by co-option. These are two seats on the Tideford ward and one on the St Germans ward. If you are interested in carrying out some work to ensure the Parish is maintained and its future is managed, please get in touch. Closing date for expressions of interest is the 27thJune 2025.

A lot of care and effort is being done to look after the burial ground and work remains ongoing. An improved water supply has been installed, and a summarised version of the regulations is now displayed in the notice board. We have, in previous reports, asked that all artificial tributes and ornaments be removed to allow for better maintenance and compliance with the regulations. Unfortunately, there are many items that remain on some of the plots and these will be removed by the Parish Council if left. We understand this is personal to individual families but we hope our rules are respected and adhered to without the Parish Council having to intervene. Thank you.

The date of the next meeting is Monday, 30th June 2025 at the Eliot Hall, St Germans and starts at 18:30. Members of the public are welcome to attend. The agenda along with other documents relating to the Parish Council can be found on the Parish Council website.

A message from your Cornwall Councillors – Cllr Kate Ewert (Rame & St Germans) and Cllr Mark Gibbons (Looe East & Deviock)

Thank you to every single resident that put their faith in both of us to represent you on Cornwall Council.

Whether you voted for me in Rame and St Germans, or Mark in Looe East and Deviock, or you placed your vote elsewhere, we assure you that we will work tirelessly for each of you regardless.

It was an election of substantial change in Cornwall, where we saw the ruling Conservative administration all but wiped out on the Council – whether this was a vote against them individually, or a protest vote against the establishment now becomes sort of irrelevant because it is on all elected Cornwall Councillors to work together to get the best outcomes for Cornwall as we move forward.

For us, here in the Rame Peninsula & St Germans division and the Looe East & Deviock Division, we will be focusing on the priorities that we need for this area and that came up as we both spoke to residents during the election – those include (but are not limited too) truly affordable housing to keep our communities together, road improvements that are really needed, better public transport links from the villages to the train station in St Germans so that more residents can utilise the trains without clogging up St Germans village with cars parking and riding, securing investment into our villages, town and businesses and protecting our natural environment.

We are always available to help residents with Council related casework, and I would encourage you to get in touch if you think we can help or even if you are not sure – we could well be able to point you in the right direction.

My email, if you live in the Rame Peninsula & St Germans division is: <u>cllr.kate.ewert@cornwall.gov.uk</u> Mark's email, if you live in the Looe East & Deviock division is: <u>cllr.mark.gibbons@cornwall.gov.uk</u>

Cllr Kate Ewert

Labour & Cooperative Group Leader Rame Peninsula & St Germans Division

June British Legion Coffee Morning

Coffee morning at the British Legion Tideford. June 2nd 10:30 - Midday. Proceeds for the Poppy Appeal. Everyone is made welcome.

Julie Luscombe

Deviock Parish Council

There will be two meetings in June: Thursday 12th (Full Council, 19:30) and Thursday 26th (Planning Committee, 18:30). All meetings take place at The Zone, Downderry Methodist Church. See Agendas for details prior to each meeting.

<u>The Council</u>: Since the Elections in May, we have six Councillors, a new Chair and Vice Chair, and a new Cornwall Councillor. Enormous thanks go to our former Cornwall Cllr Armand Toms for the hard work and invaluable support he provided to the Parish Council and to residents across the Parish and beyond, and we wish him a very happy retirement. We also thank Cllr Mark Gibbons for his energy and dedication as Parish Council Chair over the last four years. We welcome him as our new Cornwall Councillor and wish him all the best in his new role serving the parishes of Looe East & Deviock.

<u>Co-option</u>: The Parish Council will be co-opting new Councillors as soon as possible across the three wards of Downderry (two vacancies), Seaton (one vacancy) and Hessenford (two vacancies). Co-option posters are on noticeboards; please contact the Clerk to receive further information and an application form.

For Hessenford in particular, if anyone living in and around Hessenford (including Narkurs) would like to know more about being a Councillor, the Clerk and a Councillor would be happy to meet you informally in the village to go through any questions you may have – please contact the Clerk to ask about this and she will arrange a time to suit all.

<u>Tanver Yate</u>: Changes continue at Tanver Yate, with the installation of a new bin and, in June, pedestrian and vehicle access gates. Phase 2 planting with the support of Forest for Cornwall will follow later in 2025.

<u>Nudist beach, Downderry</u>: The Parish Council has been made aware of anti-social behaviour relating to the nudist beach in Downderry. Should any of our residents (and indeed visitors) witness or experience any inappropriate sexual behaviour at the beach, <u>please report it to the police</u> as only the police have the power to address it. Reporting will also build up a picture of the frequency and seriousness of the issue. However, once you have reported, please do let the Parish Council know you have done so and we can monitor the situation.

<u>Planning applications</u>: To comment on a planning application on the Cornwall Council Planning site, search online for 'cornwall council planning applications'. You will need to log in to use the Planning site. Any comments posted on the site are viewed by the Parish Council's Planning Committee and Cornwall Council Planning Officers. See Agendas for applications due for discussion at the next Planning Committee meeting. <u>Forthcoming road closures</u> around the parish: These can be found at <u>https://one.network/</u>.

For any other Parish Council business and news, go to our website at <u>www.deviockparish.org.uk/.</u>

The Parish Clerk can be contacted Monday to Friday by email at <u>clerk.deviockpc@btinternet.com</u>. The Parish Office at the Vestry in Downderry is open to the public on the first and third Wednesday of the month (non-meeting weeks), 14:00 -17:00 (tel: 01503-250052).

Karen Pugh, Parish Clerk

Deviock Parish Council Loan Fund

The Council provides interest-free loans (up to $\pounds 1,000$) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

St Germans Thursday Club

On Thursday April 24th we had a great afternoon discussing different authors we enjoyed and sharing our gardening tips for all the excellent plants that were brought along to share at our Book and Plant Swap, we had a lovely selection and I know we all gained a lot from the afternoon.

We were joined by Claire Brewis on Thursday 8th May for 'A trip down memory lane' which just so happened to be VE Day. Some wonderful memories were shared about the music that had been requested, from Frank Sinatra to The Beatles. We also enjoyed discussing the memorabilia that was on display. Thank you, Claire, for joining us and helping to recall such wonderful memories.

Coming up: <u>Thursday June 12th</u> A visit from Lyn and Hazel who will be giving us a much awaited Guide Dog Talk.

Thursday June 26th

We have an outing to Looe and Hannafore, with the option of a wander around Looe or an Afternoon Tea in Hannafore. The bus will leave St Germans at 14:00. Please contact Trish on 01503 230697 for details.

Our regular meetings are held at the Eliot Hall St Germans, doors open at 14:00 for 14:30 start. Entry is £3 at the door which includes a cup of tea or coffee, biscuits and a fun raffle. Please come and join us new members and visitors are always welcome.

For general enquiries please contact Jenny Putt on 01503 230766.

Linda Barnes

Quay Lane Surgery

The Patient Participation Group (PPG)

The PPG are soon going to be helping to fund and organise some improvements to the waiting room at St Germans. We have been asked for our thoughts on what we would like to see in the waiting area as well as any elements as patients, we feel should be avoided. Please share your thoughts and constructive feedback via the PPG email below, bearing in mind budget constraints which may limit the implementation of certain ideas.

Once we have received and collated your feedback we will be able to discuss and make some suggestions on your behalf to the Partners of the practice.

Claire Croft, Chair Email: quaylaneppg@gmail.com

Practice News:

Welcome to our New Team Members: We are delighted to welcome Barbie Thompson and Jane Gregory to the Quay Lane Surgery Practice team.

- Barbie Thompson joins us as a Health Care Assistant. She will be working three days a week across both our main and branch surgeries, providing essential support to our nursing team and patients.
- Jane Gregory is our new Advanced Nurse Practitioner. Jane will be working four days a week, from Monday to Thursday. With her extensive training, she is equipped to independently manage a wide range of patient needs, including acute conditions, chronic diseases, complex needs, and preventative care. Jane will be working alongside our GPs, covering duty clinics.

At the end of May, we will bid farewell to our Social Prescriber, Lisa May. We extend our best wishes to Lisa as she embarks on her new venture.

Understanding Hay Fever. Tips for Managing Symptoms:

As the warmer months approach, many of us look forward to spending more time outdoors. However, for those who suffer from hay fever, this time of year can bring a host of uncomfortable symptoms. Hay fever, also known as allergic rhinitis, is an allergic reaction to pollen, affecting millions of people in the UK each year.

What Causes Hay Fever?

Hay fever is triggered by pollen from trees, grasses, and weeds. When these tiny particles come into contact with the nose, eyes, and throat, they can cause an allergic reaction. Symptoms often include sneezing, a runny or blocked nose, itchy eyes, and a sore throat.

Managing Hay Fever Symptoms:

While hay fever can be bothersome, there are several ways to manage symptoms effectively:

1. Monitor Pollen Levels: Keep an eye on daily pollen forecasts and try to stay indoors when levels are high, especially during early morning and late afternoon.

- 2. Keep Windows Closed: To prevent pollen from entering your home, keep windows and doors shut, particularly on high pollen days.
- 3. Use Over-the-Counter Medications: Antihistamines and nasal sprays can help alleviate symptoms. These are readily available from pharmacies and supermarkets.
- 4. Wear Sunglasses: Protect your eyes from pollen by wearing wraparound sunglasses when outdoors.
- 5. Shower and Change Clothes: After spending time outside, shower and change your clothes to remove pollen from your skin and hair.
- 6. Consider Air Filters: Using an air filter in your home can help reduce pollen levels indoors.

When to Seek Medical Advice:

If your hay fever symptoms are severe or not relieved by over-the-counter treatments, it may be worth consulting one of our pharmacists or your GP. They can provide advice on prescription medications or other treatments that may be more effective.

By taking these steps, you can enjoy the beauty of the season while keeping hay fever symptoms at bay. Remember, managing hay fever is about finding what works best for you and making small adjustments to your daily routine.

Debbie Todd, Practice Manager

Lynher Church At St Germans

Greetings from everyone at the chapel in St Germans. I write this on a beautifully sunny day anticipating the summer ahead. Our services this month are as normal at 10:30 each Sunday with the exception of the 1st June and the 29th June when we join with our friends at Crafthole Methodist Church for their service, again at 10:30. Everyone is very welcome to worship with us at both the chapels.

Our Coffee and Cake Morning this month is on the 21st and is for WaterAid. Please join us and have a happy morning meeting with friends.

Looking forward to our very special celebration of 200 years of worship at the chapel in St Germans, if anyone has any memories or photographs we would be delighted to receive them and include them in a booklet to celebrate.

Please feel free to join us at any of these events when we look forward to seeing you.

Steve Gerrard

Eliot Hall, St Germans Coffee Morning Saturday 28th June (10:00 – Midday)

Join us for tea, coffee and toasted teacakes as we hold our last coffee morning before a summer break in July and August.

Thanks to all who helped or attended our VE Day celebration on 10th May - the Hall looked amazing with flowers and bunting, and it was lovely to see so many people.





Downderry & Seaton Residents Association

Hello Neighbours. As many of you know, we recently announced a change to advertising on the DaSRA Facebook page. This decision prompted a wide range of responses, and we would like to thank everyone who took the time to share their thoughts - both supportive and critical.

We are a small group of volunteers doing our best to keep this page a friendly, useful space for over 2,500 members. Our aim has always been to ensure that the group stays focused on community matters, without it becoming overwhelmed by promotional content.

Sadly, following the recent update, some comments and direct messages have been hurtful and unnecessarily personal. We understand that not everyone agrees with the changes, but we do ask that discussions remain respectful. This is a community effort, and we are all here for the same reason - to support each other and the place we live. That said, we have listened to the feedback and want to offer a fair compromise.

Rather than allowing ongoing advertising posts, we will be creating a

Local Business Directory - a document hosted under the 'Files' section of the group page, where members can easily find and support local services.

We hope to publish the first edition by the end of June 2025 and update it annually. Details of how to include your business are shown below.

Maura Swabey (info@dasra.co.uk) Chair of Downderry and Seaton Residents Association

If you run a business and would like to be included in the Local Business Directory, please email the following details to

ads-dasra@hotmail.com by the end of June 2025:

- Business name
- Contact number / Email address
- Website

 \cdot Whether you are based in Downderry or Seaton, or just serve people in those areas

• A brief description of your services

Please note: It is up to you to ensure the information you send is complete and accurate. We won't be able to chase missing details, and any incomplete submissions may not be included. As volunteers, we may not respond to emails individually - but rest assured, we will be working behind the scenes to compile the Directory in time.

The listing is offered free of charge and is not an endorsement by DaSRA. As always, we encourage word-of-mouth recommendations and discussions on the group about trusted local services.

Once the Directory is published, we won't be able to make changes until the next update in June 2026. In the meantime, general advertising posts will no longer be approved.

For our local hospitality, charity and wellbeing/fitness businesses, we will gladly post your weekly updates to let the community know 'what's on', however, we suggest that you check the rules for clarity.

Thank you for your understanding and support – it is what helps keep this group going. Warm regards

The DaSRA Facebook Admin Team

Hessenford WI

Our May meeting was our AGM. Members met to elect their committee and president. We also considered the resolution which will form the basis of our National Federation campaign for the next year.

Next month our speaker is from Cornwall Search and Rescue. Why not come along and learn about the work this organisation does. We welcome women of all ages and backgrounds to our friendly meetings and there is always a hot drink and cake or biscuits. We meet in Widegates Village hall on the first Tuesday of the month at 14:00.

Jackie Holland. President

Downderry & Seaton WI

What a lovely start our group has had with this sunny weather joining us when we have been out and about the county. We went along to Talland Bay Hotel to sample their lovely new lunchtime menu. The trip was made a lot easier by our wonderful community bus driving us there. We have also made a trip to the Canteen at Maker Heights sampling their wares. Our craft group has been busy preparing for the WI competition at the Royal Cornwall Showground in June.

We would like to take this opportunity to thank Caroline and Steve Frith from the Glass Shack for their sponsorship of the Seaton boat for the last few years - they will be missed in our community. A big thank you to Debbie and Chris Hartley from the Smugglers Inn who have kindly agreed to sponsor the boat this year.

If you would like to join us for our next monthly meeting on Tuesday 10th June please let us know. We have a speaker who will appeal to the dog lovers in our community. If anyone has any questions about our group please contact us at downderryandseatonwi@gmail.com

Julie Green, Secretary

Downderry & Seaton Village Hall (Registered Charity 1210090)

"Thank you" - The Trustees would like to thank everyone who helped make our VE Day 80th Anniversary events so special and memorable. We received amazing comments from those who attended, one being, 'the afternoon tea was the best event I've ever been to in the Village Hall', high praise indeed from someone who has lived in Downderry for many years.

<u>Hall Hire</u> - Are you organising a family event or considering arranging a regular activity, then please get in touch. To hire the main hall only costs $\pounds 10$ per hour which includes using our tables, chairs, kitchen and possible use of stage, lighting and sound systems, our licences for dance, live and recorded music, TV and supply of alcohol, free WiFi and our Insurance for most hall hires.

Together we have raised £75,000 for the 'Save our Village Hall' appeal as of 24th April - The Village Hall Trustees would like to thank everyone who has given a donation to our appeal, renewed or become a member and attended our Fundraising Events. We are thrilled to have your support. We need you now, more than ever, to come together and help save our Village Hall by making a monetary donation or donating your expertise or time. Your help will secure the future of this vital community owned building. More details are on our website or please speak to a Trustee at any of our Fundraising Events. It is a gift that will always be remembered as your name will be added to our 'Wall of Thanks', listing all those who have helped save the D&S Village Hall. **THE FUTURE OF OUR VILLAGE HALL IS IN YOUR HANDS!**

<u>Coffee Morning, Tuesday 3^{rd} June 10:00 to 12:00</u> - Come along for a chat and enjoy a hot or cold drink with Homemade Cake. It only costs £2.50 per person and there will be a Book Stall and Raffle Tickets for that morning's draw.

<u>Beach BBQ, Saturday 14th June from 17:00</u> - Watch the Seaton to Downderry Raft Race while enjoying a delicious BBQ on Downderry Beach below Inn on the Shore. Please check on the day as the Raft Race and BBQ may be postponed until Saturday 28th due to the weather.

<u>Little & Bigger Breakfast, Saturday 21^{st} June 10:00 to 13:00</u> - Enjoy a Breakfast Bap of sausage, bacon and egg or the veggie option of egg and hash browns with a hot or cold drink for just £5.00. Or a bigger breakfast of sausage, bacon, egg, tomatoes, beans, hash brown and toast with a hot or cold drink for £6.50, veggie option also available.

<u>Producers Market, Sunday 22^{nd} June 10:00 to 13:00</u> - Shop local and support our local producers. See our website for a list of the producers who will be attending this event. Hot and cold refreshments available. Entry is free.

<u>Bingo, Friday 27th June 18:30 for 19:30 start</u> - Eyes down it's Bingo Time - this fun game is open to all with many cash prizes. There will be a reasonably priced bar and snacks on the night. This is a non-commercial Fundraising Event with all proceeds going to the Village Hall.

<u>Groups (members only)</u> - Tuesdays 14:00 to 16:00 Short Mat Bowls, Tuesdays 19:00 to 21:30 - Drama Group, Wednesdays 14:00 to 16:00 Badminton, most days 09:00 to 23:30 Snooker Room.

Date for your calendar - Friday 11th July Summer Quiz, tickets go on sale Monday 23rd June.

All are welcome at our Fundraising Events, unless otherwise stated, including dogs on leads. Reasonably priced bar at evening events. For more information about the above events see posters around the area, go to our website www.downderryandseatonvillagehall.co.uk or Facebook Group, email downderryandseatonvillagehall@gmail.com or telephone 01503 250412.

Mandy Smith Trustee and Secretary, Downderry & Seaton Village Hall

The Zone

We extend our thanks to DaSRA for their generous donation, which has enabled us to install a modern, adaptable lighting system in the main hall. We also greatly appreciate the gift of their old notice board, thoughtfully refurbished by Chris and placed proudly at our gate, enhancing how we share updates on classes, activities, and news.

In our efforts to welcome native wildlife, we have introduced bat boxes and created a hedgehog gateway, fostering a more inclusive natural space. This is complemented by our inclusion in the 'No mow May' programme.

On the development front, we have secured significant funding, £80k from Cornwall Council through the Community Infrastructure Levy and have advanced to the second stage of Shared Prosperity Fund, with a positive outcome very likely within the next month. Thanks again to DaSRA's support, we successfully applied for planning permission to transition from a place of worship to a community building - an application that has now been approved by Cornwall Council, with strong support from the Parish. The Steering Group remains in discussion with the Methodist Circuit regarding the building's purchase for community ownership.

We are confident that these strides will strengthen our Community Wellbeing Hub, enabling essential improvements and ensuring a lasting presence in the Parish.

The Zone Steering Group

Barefoot Angel

Dance Fitness and Meditation classes at The Zone, Downderry - amendment to times, following discussion with class members. Still Tuesdays, but from 3rd June: Dance Fitness will be from 09:45 until 10:45 and Meditation will be from 11:00 until Midday. £5 per person per class.

Emma

Deviock Activities Group (DAG) At The Zone (PL11 3JZ)

June Activities:

Craft Café & Art Group: Mondays 14:00 – 16:00. Suggested donation £3 Bring your own projects or just come for a chat and a drink. 2nd June - Annual General Meeting. All welcome.

Activity on offer each week from 9th is Resin Art Plaques/stones. Also on this month:

Also on this month;

9th June - The second of an exciting new series of eight monthly Sketchbook Social Workshops run by Awenek Studio. 14:00 - 16:00. £5

16th June - Lino Printing Workshop with Louise Nichols 13:30 - 16:30. £12.50 30^{th} June - Bluebell Art Workshop with Jennie Boniface 13:40 - 16:40. £10 For further information contact webstersue62@gmail.com

Music Club: Wednesdays 14:00 – 15:30. Suggested donation £3. Refreshments provided. Join us for singing, playing an instrument or just listening and enjoying. No musical ability or experience required, this is just for fun! For more information contact <u>parkerviv@aol.com</u>

Table Tennis: Wednesdays 18:00. £2. A friendly group, no experience needed, all abilities welcome and all equipment provided. For more information contact <u>magiluvs2sing@gmail.com</u>

"SCALLYWAGS"

For information on school holiday activities for children and their parents contact leanneronk@yahoo.com

Follow us on Facebook.

Viv Parker

Downderry Bus 300 Club

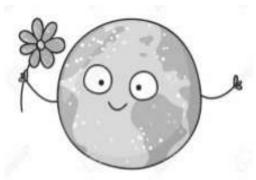
The lucky winners for the May 300 Club draw are: 1st. No. 60 - Dick Berncastle. 2nd. No. 131 - Margaret Gray and 3rd. No. 135 - Sue Davies. Thank you everyone

Jo Woodley (01503 250489)

Simple Ways To Save The Planet

Be a community player.

We are so lucky in our area of Cornwall to have such vibrant communities. For me, being a part of the community is one of the greatest joys of living in a village. But how do we preserve it? Do we too often rely



on the same people doing the work to make things happen? Here is my short guide to being a community player. The first few points are (I hope) mandatory. The final few are ones to work towards.

- 1. Live in your community. Too many second homes kill communities. If you have a second home, do please consider renting it to a local person. If you work away and need two homes, then throw yourself into the community when you can.
- 2. Support your local businesses shops, pubs, restaurants.
- 3. Support local events plays, dances, bands. Without support organisers won't have the resources to put more on.
- 4. Join a local club. There are lots, from gardening, yoga, dancing, art, mother and toddler groups, church groups and many more. Again numbers are important to make them work. If there is something missing that you would like to do, start up your own group!
- 5. Volunteer this could be at a community shop, driving a community bus, delivering Nut Trees, helping in a community garden. This could be a little further afield in places that serve our villages, such as Liskeard Library or Livewire Youth Music. Find something you enjoy and meet likeminded people.
- 6. Become a member of a committee. Every group needs a committee to operate and are always glad of members.
- 7. Join the Parish Council. If you are a young person reading this, I particularly urge you to consider this, as councils are often short of young voices.
- 8. Take a post of chair, secretary or treasurer in a local organisation or council. It might seem daunting, but these posts are often difficult to fill and can be very rewarding.

A big thank you to everyone who already puts in time - you may not always feel it, but you are very much appreciated. To anyone who has yet to put a toe in the water, welcome aboard! Being part of your community is transformative and satisfying.

Lizzy Stroud

Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.

Community Bus News

Well first of all let me say what a privilege it is to have taken over from Kevin Done as Chairman of the Downderry and District Community Bus Association. Kevin can look back with immense pride over the last six years where his leadership and guidance has been pivotal in maintaining this vital community service. Whilst it is not a total goodbye, as Kevin will remain in the fold, I am sure all current committee members, drivers and regular passengers will join me in expressing our heartfelt gratitude for his time at the helm and the dedication and good grace he brought to the task. Thank you Kevin!



Our Mission

is to provide a safe, reliable, and targeted minibus service that meets the needs of communities in Seaton/Downderry and the surrounding area

Key Associated Aims

- Sustainable
- Flexible and adaptable
- Focuses on identified community needs
- Friendly, rerspectful, community focus a 'social enterprise'.
- Value for money
- Adherence to legal and directed requirements

dscombus.com

Whilst he is a hard act to follow, the importance of our bus service in enhancing the lives of those in our community is foremost in my mind and I very much look forward to putting my energy into its continued success. One area I can announce up front is the development of our very own website (www.dscombus.com) which is now live. As well as continuously updating you on our timetables, events and excursions, it also contains our 'Plan' that explains what it is we are trying to do and how we intend to deliver it. So if you get a moment, take a look, pop it in your favourites, and let us know if there is anything else you might like to see on the site. We will continue to contribute to the Nut Tree and the DASRA website as usual.

As the summer approaches, we have some very exciting excursions in the offing:

• **Royal Cornwall Show**. 6th and 7th June, leaving at 09:15 for a four hour visit. Way too much to go into details of the show here but if you fancy the best in entertainment, shopping and competition associated with this showcase event for Cornish agriculture, and indeed everything that is good about Cornwall, then this is an event not to be missed. More details are on the website.

• Dartmouth River Cruise. 18th June, leaving at 09:30 for a four hour visit. Sailing the beautiful River Dart between the delightful and unique towns of Dartmouth and Totnes. This cruise is a lovely relaxing 90 minute trip with the bus dropping you at Totnes and picking you up again at Dartmouth. We continue to run weekly scheduled services to Plymouth and Liskeard on Tuesdays and Thursdays respectively, with a 09:30 departure time from Broads Yard in Downderry. We also schedule in monthly runs to Looe, Tavistock, Truro and Totnes so please check the monthly timetable to see when we have plumbed them in.

Details of the community bus timetable, excursions and fund-raising events can all be found on the website. The timetable is also available in the Nut Tree, on village noticeboards, and the DASRA website (<u>www.dasra.co.uk</u>). For all passenger bookings please call Bev Brighton on 01503 250994. For 300 Club and details of the monthly draw, please call Jo Woodley on 01503 250489. For any other questions relating to our bus please feel free to contact me directly on <u>dscombus@gmail.com</u>.

Rob Gascoigne – Chairman

DATE		DESTINATION	DEPART	LENGTH OF	FARES	FARES
				STAY	SINGLE	RETURN
JUNE						
Tuesday	3	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Thursday	5	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Fri/Sat	6,7	Royal Cornwall Show	9.15am	4 hours	Entry £23.	plus £10 bus
Tuesday	10	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Thursday	12	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Friday	13	TOTNES	9.30 am	4 Hours	£5.00	£10.00
Tuesday	17	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Wednesday	18	Dartmouth River Cruise	9.30 am	4 Hours		cruise £19, plus bus £12
Thursday	19	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Thursday	19	Summer Afternoon Tea	£	10 , 3.00pm-5	.00pm Village	Hall
Tuesday	24	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Wednesday	25	TRURO	9.30 am	4 Hours	£5.00	£10.00
Thursday	26	Liskeard	9.30 am	2 Hours	£2.00	£4.00
JULY						
Tuesday	1	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Thursday	3	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Friday	4	LOOE	11.30am	3 Hours	£2.00	£4.00
Other Excur	sions/	Trips for July				
Friday	11	TAVISTOCK	9.30 am	4 Hours	£4.00	£8.00
Wednesday	16	TRURO	9.30 am	4 Hours	£5.00	£10.00
Friday	18	Cornwall Gold, Porthreath	9.30 am	4 Hours	pre-order lunch	£12 bus

June / July 2025

Rita's Rota – June Dates

1	10:30	Church Service - Crafthole	17	09:45	Dance Fitness (TZ)
2	10:30	Coffee Morning (TRBL)	1,	10:30	Coffee Morning (SNCh)
-	14:00	Craft Café (TZ)		11:00	Meditation (TZ)
3	09:45	Dance Fitness (TZ)		14:00	Short Mat Bowls (DSVH)
U	10:00	Coffee Morning (DSVH)		19:00	Drama Group (DSVH)
	11:00	Meditation (TZ)	18	14:00	Badminton (DSVH)
	14:00	Hessenford WI (WVH)	-	14:00	Music Club (TZ)
	14:00	Short Mat Bowls (DSVH)		18:00	Table Tennis (TZ)
	19:00	Drama Group (DSVH)	21	10:00	Little & Bigger Breakfast (DSVH)
4	14:00	Badminton (DSVH)	22	10:00	Producers Market (DSVH)
	14:00	Music Club (TZ)		10:30	Church Service (SGMC)
	18:00	Table Tennis (TZ)	23	14:00	Craft Café (TZ)
8	10:30	Church Service (SGMC)	24	-	MOBILE LIBRARY DAY
9	14:00	Craft Café (TZ)		09:45	Dance Fitness (TZ)
10	09:45	Dance Fitness (TZ)		10:30	Coffee Morning (SNCh)
	10:30	Coffee Morning (SNCh)		11:00	Meditation (TZ)
	11:00	Meditation (TZ)		14:00	Short Mat Bowls (DSVH)
	14:00	Short mat Bowls (DSVH)		19:00	Drama Group (DSVH)
	14:00	D&S WI Meeting (TZ)	25	14:00	Badminton (DSVH)
	19:00	Drama Group (DSVH)		14:00	Music Club (TZ)
11	14:00	Badminton (DSVH)		18:00	Table Tennis (TZ)
	14:00	Music Club (TZ)	26	14:00	Thursday Club outing to Looe
	18:00	Table Tennis (TZ)		18:30	Deviock Council Planning Mtg (TZ)
12	14:00	Thursday Club Mtg ((EHSG)	27	18:30	Bingo (DSVH)
	19:30	Deviock Full Council Mtg (TZ)	28	10:00	Coffee Morning (EHSG)
14	17:00	BBQ Downderry Beach	29	10:30	Church Service - Crafthole
15	10:30	Church Service (SGMC)	30	14:00	Craft Café (TZ)
16	14:00	Craft Café (TZ)		18:30	St Germans Council Mtg (EHSG)

Mobile Library:

St Germans - Alms Houses	09:45 - 10:05
St Germans - Quay Road.	10:15 - 10:50
Downderry - Inn.	13:55 - 14:35
Seaton - Car Park.	14:45 - 15:05

BBB Bewshea's By The Beach; CB Community Bus; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EA Eliot Arms StG; EHSG Eliot Hall StG; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SNCh St Nicolas' Church; SNS St Nicolas' School; TC Tideford Church; TRBL Tideford RBL Hall; TZ The Zone Downderry; WVH W'gates V Hall

Entries for Rita's Rota should be sent to <u>nuttree.editor@yahoo.com</u> by 17th of the preceding month.

Rita

Tina Jefferis Notice

Further to last month's announcement Tina Jefferis' family would love to see those who knew her at a service to celebrate her life on Saturday 28th June starting at 11:00 in St Nicolas' Church and / or afterwards in the Village Hall for refreshments and remembering. Her wish was "No mourning, I've had a wonderful life" so wear something bright. If anyone would like to make a donation in her name it will be split between Downderry & Seaton Village Hall and Cornwall Hospice Care in keeping with her attachments to both.

Nic Jefferis