

After a couple of days with sufficient rain to fulfil the monthly quota for June, gardeners have welcomed the deluge. Now, the next week looks fair. As I scan across the ocean an hour after dawn, the flattish, grey sea is quite benign. The distant flag of a buoy limps sadly as a distant catamaran makes slow progress westward. It turns towards me and I can see clear space under the hull. Aided by a thin cover of cloud, visibility is very good and the impressive, structural details of the lighthouse are quite clear. I imagine the keeper is waving too.

The passage of oceanic birds is scant, just a couple of Shearwaters, the odd Fulmar and a steady but meagre number of Gannets. I am pleased to observe a small movement of Mediterranean Gulls, all heading west to wintering quarters in Cornwall or beyond. These are young birds, non-breeders, that herald a larger migration to follow. Adults tend to come past later and there may be over 4,000 individuals in the county by the end of the year, all the more interesting when one considers that the first one recorded in Cornwall was in 1960.

Behind me from a neighbouring garden, persists the loud, varied song of a Wren, to which I pay more attention when there is a lull over the ocean. It forms the constant and reliable backdrop to my observations here. I never see the bird, but it has been ever-present for months. I also catch the wheezing sound of a Greenfinch and it reminds me of how close to disappearing the species was a few years ago, because of trichomonosis, a disease that has also hit the Chaffinch. Fortunately, the species has recovered well and has bred successfully close to home, but it is still considered endangered within the country as a whole. Meanwhile, my attention is drawn to the familiar, piping sound of an

Oystercatcher and it causes me to look closer inshore as a party of six birds flies over the scarcely breaking waves. There are always a few non-breeding birds on the coast here, but numbers will gradually increase as autumn migration gathers speed.

As the minutes pass, the sky begins to clear and the sun breaks through behind me. There is a sudden rise in temperature and I rapidly feel overdressed. The surface of the sea is beginning to glisten and the image of the lighthouse keeper shimmers in a minor haze. The immensity of the ocean still persists without the high waves and poor weather of previous days. The odd Gannet skims across the surface of the ocean, making quick progress. It leaves behind the catamaran that has had to tack laboriously a couple of times in order to achieve little distance.

Alan Payne

St Germans Parish

The St Germans Oak Tree Fair was held as usual over the second Bank Holiday weekend in May. There was much to enjoy; the mock St Germans Mayor and Mayoress were elected, and a good time was had by all who attended. Many thanks to the organisers for their hard work.

Parish councillors learned that Cormac proposes to create three new footway areas to form bus stops on both sides of the A374 Polbathic Road, near to Trerulefoot roundabout. Councillors were asked to comment. The bus stop areas would be by Kernow Mill and Dave's Sheds. The plan is to allow pedestrians easier access to buses and also to cross the road more easily to catch a bus on the other side. Councillors felt that while it is helpful to have clearly defined bus stops, it is not safe to cross the busy road at those points without any safety measures in place. The proposals can be viewed at New County Hall, Truro, reference Infra 24-001. SNTRF 001.

We are delighted to say that we have a new Parish Councillor for Tideford ward. There are still two vacancies. Contact our Clerk if you are interested.

Next parish meeting is Monday 28th July, Royal British Legion, Tideford at 18:30. Members of the public are welcome to attend. The agenda along with other documents relating to the Parish Council can be found on the Parish Council website. See you there!

Cllr Patricia Pipe Ward Councillor for Bethany, St Germans Parish Councillor

St Germans Parish Council

Following the uncontested election on the 1st May 2025, the Parish Council have now filled a vacancy on the Tideford ward. This still leaves us with one vacancy on the Tideford ward and one on the St Germans ward. If you are interested in carrying out some work to ensure the Parish is maintained and its future is managed, please get in touch.

The Burial Committee are now preparing to remove items that should not be placed on burial plots to adhere with the burial ground regulations. This includes ornaments, solar lights and artificial floral tributes. We understand this is a sensitive subject and very personal to families and friends of those buried in the cemetery. However, to enable the Parish Council to manage the cemetery in the correct way these rules have to be followed. Any items removed will be stored for families to collect. We have also found glass beer bottles left in the burial ground, and although we have no objections to anyone wishing to take them there to maybe celebrate an occasion, please take them home. Glass bottles can be dangerous especially when they are pushed neck down into the grass.

Please make use of our play parks at Tideford and St Germans and enjoy some summer recreation.

Jenny Hoskin Parish Clerk Telephone 07845 130596, Email <u>clerk@stgermansparishcouncil.gov.uk</u> Website <u>www.stgermansparishcouncil.gov.uk</u>

Lynher Church At St Germans

We are fast approaching our very special anniversary. There has been a Methodist Church building in the village for the last two hundred years. Prior to that the people met in each other's homes and the story of how the chapel was built is a fascinating one. Please feel free to call 01503 230403 to find out more. In order to celebrate we are having a special Anniversary Weekend on the 12th and 13th July. Details are as follows:

Saturday 12th July 14:30 – 16:30. Strawberry Cream Tea and exhibition of the chapel in the past. Sunday 13th July 10:30 Anniversary Celebratory Service with the Rev Stuart Reed. This will be followed by a faith lunch at around 12:30. Sunday 13th July 18:00. Songs of Praise in the community garden outside the chapel. (If wet this will be held indoors)!

We hope that lots of you will join us to help us celebrate. As usual there are no charges for any of these events but any contributions given will be put towards much needed work on the building. Those who regularly enjoy our Coffee and Cake Mornings will realise that this one-off time of using any donations for work on the building is a divergence from always giving any donations to our chosen charity.

Also, during July services are as usual at 10:30 on a Sunday morning except for the 27th when we will join our friends in Crafthole.

Our regular Coffee and Cake Morning will still be taking place on the 19th of the month. Any donations will be given to the Shekinah Mission in Plymouth. We look forward to seeing you at any of these occasions.

Steve Gerrard

Rame Peninsula And St Germans News

It has been a bumper month of community events in and around the Rame Peninsula and St Germans Division, and I have been absolutely delighted to attend a number of events around the area.

A particular highlight was opening the St Germans and District Garden Club Open Gardens event in St Germans Village. Huge thanks to the Committee for putting on this event, and to the homes that opened their gardens. I was blown away by the effort and work put into these gardens, it was a gorgeous afternoon and I can't wait for next year!

I have had a number of residents contact me about streetlights being turned off, this is first and foremost a cost saving issue, but it does have considerable environmental benefits as well – and means folk can actually see the stars from their gardens with light pollution removed. Lights, we are told, will stay on if there is an A or B road, and on junctions, but if you have noticed lights being turned off that you think should have stayed on, please do drop me an email and I will ask for it to be looked at.

Another hot topic at the moment is the long grass on roadside verges, I do get it, some folk love the "au naturel" look, while others prefer a more manicured look – I believe there is a balance to be struck. Cornwall Council have not followed "No Mow May" this year for verges, but there are a lot of verges to get cut and after a long period of warm, dry weather and then a period of rain, it has all had a bit of a growth spurt. Normal cutting schedules are continuing, but if you notice an area you think is a safety concern, you can either report it yourself at <u>https://www.cornwall.gov.uk/transport-parking-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-or-pavement/report-issues-with-hedges-or-verges</u> or feel free to drop me an email, preferably with a photo and a clear location, and I can report it for you. All safety concerns are inspected within 24 hours.

Finally, with the upcoming festival season at Port Eliot due to start, I have been speaking to the Estate Team and we are working together to try and arrange a public meeting with the festival organisers. It has been frustrating trying to get this to happen, but we will continue pushing them. I want to make sure that local residents concerns are heard and potential problems mitigated.

As always, my email is <u>cllr.kate.ewert@cornwall.gov.uk</u>

Cllr Kate Ewert Cornwall Councillor for Rame & St Germans

Deviock Parish Council

There will be two meetings in July: Thursday 10th (Full Council, 19:30) and Thursday 24th (Planning Committee, 18:30). All meetings take place at The Zone, Downderry Methodist Church. See Agendas for details prior to each meeting.

<u>Tanver Yate</u>: Further to the recent installation of the new vehicle and pedestrian gates, it is anticipated that the Cornish stone hedging will be made good shortly.

As reported last month, Phase 2 planting, courtesy of Forest for Cornwall, is planned for later this year. The Parish Council would welcome volunteers to assist with this on the day - further details to follow. We are also interested to hear from any green-fingered residents willing and able to offer longer-term care and attention to both Phase I and Phase 2 plants at Tanver Yate. Please contact the Clerk or your local Councillor if you would like to get involved.

<u>Speed signs</u>: New speed limit signs have appeared around the villages. They are there for the safety of residents and visitors, so please treat them with respect.

<u>Planning applications</u>: To comment on a planning application on the Cornwall Council Planning site, search online for 'cornwall council planning applications'. You will need to log in to use the Planning site. Any comments posted on the site are viewed by the Parish Council's Planning Committee and Cornwall Council Planning Officers. See Agendas for applications due for discussion at the next Planning Committee meeting.

Forthcoming road closures around the Parish: These can be found at https://one.network/.

For any other Parish Council business and news, go to our website at <u>www.deviockparish.org.uk/.</u>

The Parish Clerk can be contacted Monday to Friday by email at <u>clerk.deviockpc@btinternet.com</u>. The Parish Office at the Vestry in Downderry is open to the public on the first and third Wednesday of the month (non-meeting weeks), 14:00 - 17:00 (tel: 01503 250052).

Cllr John Croft

Deviock Parish Council Loan Fund

The Council provides interest-free loans (up to $\pounds 1,000$) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

St Germans And District Gardening Club

First a big "thank you" to everyone who played a part in our Open Gardens Day on the 8th June.

On Sunday 13th July at 13:30 we are visiting the Wildside Garden at Buckland Monachorum. The full address is Wildside Garden, Green Lane, Buckland Monachorum, Devon, PL20 7NP. Allow 45 minutes to drive there. Please meet at the gardens at 13:30. The entrance fee is £5 for Club members or £10 for non-members or guests. I have not been there myself yet but I understand they are spectacular and well worth a visit, I look forward to seeing you there.

Hessenford News

I thought I would start this month with some nature notes, although how many houses in the village it actually relates to I don't know. It is just that this year we have had more House Martins return to the nests we have got under the eaves of our house than ever before, which is great! This year they returned in April but some years it has not been until May and even June. Eight mating couples who will probably each have two to three chicks and even a second brood in some cases. To watch their aerial acrobatics is wonderful. Having waxed lyrical about these birds leads me on to another species seen in the village that I would like to see replaced and that is the Jackdaws in the church steeple. It would be great if we could get Swifts in the steeple instead (an ideal location for them). If anyone is interested and could help with repairing the louvres so the Jackdaws cannot get in there, site some Swift boxes and re-hang the bell ropes at the same time please make yourself known. We would love to get a working party together to get this done.

Talking about the church, it has been lovely to host two weddings so far this year, with another one to come on Saturday, 26th July. We would like to thank you for your patience with regards to the extra traffic this brings to the village and hope you have not been inconvenienced.

Also, for those of you who may be interested, Rev. Jo Northey, who is presently Oversight Minister for the Rame & Rivers Churches (including St Anne's, Hessenford) in South East Cornwall; has been appointed Interim Priest in Charge in the Bickleigh (Roborough) and Shaugh Prior Benefice and will be leaving us in late summer.

Our next Café, Chat and Cake will take place on Saturday, 12th July. We look forward to seeing you there. Quay Sailing Club in St Germans have their Annual Gala the weekend before on Saturday, 5th July, if you find yourself at a loose end.

Then the following month on Saturday, 2nd August we have our Fête and Duck Race. So make sure you have got this date in your diary. We are looking for people who are interested in running a stall or organizing a game of something, for example, Tug of War (Adam Wright?). There will definitely be tea, coffee, cakes and scones available in the afternoon prior to the Duck Race and donations of any tasty treats plus offers of help with the washing up would be gratefully appreciated.

As I write this my weather App tells me that the sun is going to shine on a regular daily basis, so I hope by the time you are reading this you have been enjoying blue skies whatever you have been doing! See you soon, Fran.

Frances Moore

July British Legion Coffee Morning

Our Coffee Morning at the British Legion in Tideford is on July 7th at 10:30 - Midday. Proceeds for the Poppy Appeal. Everyone is welcome. Please note there will be no Coffee Morning in August.

Julie Luscombe



Hessenford WI

East Cornwall's landscape is as varied as its weather and East Cornwall Search and Rescue works with it all. At our meeting in June the Hessenford WI heard about some of the difficult and sometimes dangerous conditions that this charity endures to rescue people. We heard about the range of work they carry out and the specialist teams and equipment they use. We were told about their trained rescue dogs and the illustrated talk by two of their volunteers ended with a picture of an adorable puppy. Awhh!

Next month we have a talk by Milly Bersey about her trip to Kenya with Young Farmers.

We have an interesting series of talks, events and visits planned for the rest of the year. If you are interested, come along. We meet in Widegates Village Hall at 14:00 on the first Tuesday of the month, except for August. We welcome women of all ages and from all walks of life.

Jackie Holland. President

Downderry & Seaton WI

What a fabulous start to the summer, we were thrilled to learn that our group had won first prize in the main WI competition at the Royal Cornwall Showground, with our treasurer Caroline Stephen receiving the main prize for her floral arrangements. A real joint effort by our craft group, thank you to all the contributors to the competition.

Thank you to the Smugglers Inn and the local community for supporting us in our annual plant sale. Hopefully your plants are enjoying the rain and sunshine!

At our June meeting we welcomed Annie Page and her search dog Lyla from Cornwall Search Dogs, together with guests from our local villages. An enlightened talk by a wonderful charity organisation run totally by volunteers.

July will see us out and about the area sampling local hostelries, welcome Cornwall Wildlife Trust to our monthly group meeting and hopefully weather willing we will be able to host our annual group summer garden party.

If you would like further details regarding our Group please email us downderryandseatonwi@gmail.com

Julie Green, Secretary

Quay Lane Surgery

The Patient Participation Group (PPG)

The PPG fundraising team will have a table at the Producers Market in Downderry Village Hall on Sunday 20^{th} July between 10:00 - 13:00! We hope to see you there, and thank you for the tremendous support at these events which enables us to continue providing medical and ancillary equipment to enhance care services at Quay Lane and Downderry Surgery.

If you would like to find out more about the PPG - do get in touch, or you can pick up a leaflet at either surgery.

Claire Croft, Chair Email: quaylaneppg@gmail.com

Practice News:

IUCD Services are Returning to Our Surgery!

We are thrilled to announce that our surgery will soon be offering regular IUCD (Intrauterine Contraceptive Device) clinics once again. Dr Chris Moore is currently undergoing the necessary training to provide this valuable service. As part of the training programme, Dr Moore will be conducting joint clinics with an experienced trainer to ensure the highest standard of care.

For those who need their IUCD replaced, checked, fitted or removed, you will no longer need to visit the Sexual Health Information Point (SHIP) as previously required. We are pleased to offer these services directly at our surgery for your convenience.

To arrange an appointment, please contact our surgery. If you have not had an IUCD fitted before, we kindly ask that you discuss your options with a GP prior to booking into the clinic. Our team is here to support you with any questions or concerns you may have. We look forward to providing these essential services to our community once again!

Important Notice from Our Dispensary Team:

With the recent back-to-back bank holidays and the holiday season quickly approaching, our dispensary team is working diligently to provide you with the best service possible. To ensure a smooth process, we kindly ask that you order your medication early, allowing a minimum of five to seven working days (excluding weekends and bank holidays) before collecting it from the surgery. If you collect from the branch surgery, please allow a little extra time.

While we will do our best to accommodate patients who need their medication urgently, please be aware that this can affect waiting times for those who have planned ahead. We greatly appreciate your patience and understanding as our team strives to meet your needs efficiently.

Debbie Todd, Practice Manager

Deviock Activities Group (DAG) At The Zone (PL11 3JZ)

July Programme:

Craft Café & Art Group: Mondays 14:00 - 16:00. Suggested donation £3 Bring your own projects, try one of ours or just come for a chat and a drink. Special activities each week this month:

Create a beautiful resin plate for your table or a wall decoration. £10. Please book your session as places are limited.

Also this month:

14th July Sketchbook Social Workshop run by Awenek Studio 14:00 – 16:00 ± 5 To book and for further information contact <u>webstersue62@gmail.com</u>

"SCALLYWAGS"

Our summer school holiday programme for Primary School pupils and their parents: Eight Tuesday and Thursday morning sessions of exciting activities starting on Tuesday 22nd July.

For more information see the DAG and Scallywags Facebook pages or contact <u>leanneronk@yahoo.com</u>

Music Club: Wednesdays 14:00 - 15:30. Suggested donation £3

Refreshments provided. Join us for singing, playing an instrument or just listening and enjoying. Support available for beginners learning to play the ukulele and guitar. We have a ukulele for you to try. No musical ability or experience required, this is just for fun! For more information contact <u>parkerviv@aol.com</u>

Table Tennis: Wednesdays 18:00 £2. A friendly group, no experience needed, all abilities welcome and all equipment provided.

For more information contact <u>magiluvs2sing@gmail.com</u>

Viv Parker

Summer Bingo



Fancy a fun night out? Then come and join us at the Summer Bingo being held at the Polbathic Village Hall on Friday 18th July, doors open at 19:00 for eyes down at 19:30. Fun for all the family. Prizes for winning lines and houses plus a money game, raffle and free refreshments. We look forward to seeing you there.

Jenny Warr



Downderry and Seaton Village Hall (Registered Charity 1210090)

"Thank you" - The Trustees would like to thank the DaSRA Committee for their amazing grant of £10,000 towards the structural integrity of the Village Hall. Their support shows how important the D&S Village Hall is to our community.

Together we have raised £90,000 for the 'Save our Village Hall' appeal as of 24th May. The Village Hall Trustees would like to thank everyone who has given a donation to our appeal, renewed or become a Member and attended our Fundraising Events. We are thrilled to have your support. We need you now, more than ever, to come together and help save our Village Hall by making a monetary donation or donating your expertise or time. Your help will secure the future of this vital community owned building. More details are on our website or please speak to a Trustee at any of our Fundraising Events. It is a gift that will always be remembered as your name will be added to our 'Wall of Thanks', listing all those who have helped save the D&S Village Hall.

<u>Coffee Morning, Tuesday 8th July 10:00 to 12:00</u> - Come along for a chat and enjoy a hot or cold drink with a scone, jam and cream. It only costs £3.50 per person and there will be a Book Stall and Raffle Tickets for that morning's draw.

<u>Games Afternoon, Thursday 10th July 14:00 to 17:00</u> - Enjoy a fun afternoon with family and friends or make new ones. Games available include; Crib, Whist, Canasta, Kitchen Bridge, Rummy, Chess, Scrabble, Draughts, Backgammon, or if you have a favourite bring it along! Entry fee £1 each. Hot and cold drinks are available, including a reasonably priced bar.

Summer Quiz, Friday 11th July 18:30 for 19:30 start - Have a fun night with family and friends at our Quiz Night on the BIG screen. Prize for winning team. Register your team of up to six people now and book a table for this fun-filled night! Tickets £5 each, see contact details below.

Little & Bigger Breakfast, Saturday 19th July 10:00 to 13:00 - Enjoy a Breakfast Bap of sausage, bacon and egg or the veggie option of egg and hash browns with a hot or cold drink for just £5.00. Or a bigger breakfast of sausage, bacon, egg, tomatoes, beans, hash brown and toast with a hot or cold drink for £6.50, veggie option also available.

<u>Producers Market, Sunday 20th July 10:00 to 13:00</u> - Shop local and support our local producers. See our website for a list of the producers who will be attending this event. Hot and cold refreshments available. Entry is free.

<u>Summer Craft Fair, Friday 25th July to Sunday 3rd August</u> (Fridays and Saturdays 10:00 to 18:00, all other days 10:00 to 16:00) - Support our many talented local crafters and buy some unique handmade pieces which you, your family and friends will love. There will be some of your favourites as well as new ones. Entry is free and payment can be made by cash or card.

<u>Groups (Members only)</u> - Tuesdays 14:00 to 16:00 Short Mat Bowls, Tuesdays 19:00 to 21:30 - Drama Group, Wednesdays 14:00 to 16:00 Badminton, most days 09:00 to 23:30 Snooker Room.

Date for your diary - Saturday 23rd August, Caribbean Night.

All are welcome at our Fundraising Events, unless otherwise stated, including dogs on leads. Reasonably priced bar at evening events. For more information about the above events see posters around the area, go to our website www.downderryandseatonvillagehall.co.uk or Facebook Group, email downderryandseatonvillagehall@gmail.com or telephone 01503 250412.

Mandy Smith Trustee and Secretary, Downderry & Seaton Village Hall

Seeking New Trustees

Sir Walter Moyles Almhouses (SWMA) is a charity which manages a grade 2* listed almshouse, a historic building in St Germans originally built in 1587. It consists of six one-bedroom flats, providing affordable accommodation for local people who meet the qualifying criteria. They are managed by a board of volunteer trustees which currently comprises five experienced members and a part time paid clerk who runs things on a day-to-day basis, and acts as the residents first point of contact.

We would particularly welcome people with an accountancy/financial background, to support the trustee board in ensuring SWMA is run in accordance with the Charity Commission Rules and The Almshouse Association Standards. Please note - this is not a Treasurer role, as we already have an excellent one!

However, if you have an interest in social housing and listed buildings, we would still like to hear from you for other possible vacancies.

We are a friendly group and meet four plus times a year.

To find out more, and our application process, please contact our Clerk telephone 07811 397392 or email <u>sirwalterma@gmail.com</u>



Community Spirit Endures: £10,000 Gift to Village Hall from Residents Association

The Downderry and Seaton Residents Association (DaSRA), Community Fund, has made its largest ever single donation of £10,000 to the Downderry

and Seaton Village Hall, underscoring its ongoing commitment to supporting local community assets.

The donation is part of a wider fundraising effort involving many local residents, who have also contributed through private donations. While this collective generosity marks a significant step forward, there is still a long way to go to meet the full funding target for maintaining and improving the Village Hall.

Downderry and Seaton Community Fund was established in the 1970's in response to the threatened closure of the local Post Office — a facility recognised as a vital community asset. Since then, the Association has worked tirelessly to safeguard and promote services and spaces that support local community life.

A "community asset" refers to a building or piece of land or Community run service whose primary use benefits the local community, enhancing social wellbeing and providing shared value beyond just secondary or incidental uses. The Downderry and Seaton Village Hall stands as one such asset — a hub for events, meetings, and activities that help bring people together. With continued support from organisations and individuals, it is hoped the Hall will thrive as a welcoming space for generations to come.

If you are a resident of Downderry or Seaton or someone on holiday who loves the place and would like to become a member of Downderry and Seaton Residents Association, please visit <u>dasra.co.uk</u> and follow the link to membership.

Maura Swabey : Chair of DaSRA contact: <u>info@dasra.co.uk</u>



School Competition: Celebrating Community and Creativity "20 is Plenty"

Yesterday was a truly heartwarming day as I had the pleasure of visiting St Nicolas School alongside Cllr. Mark Gibbons and Nigel Jones our Neighbourhood Watch Co-ordinator to help select the winners of the

"20 is Plenty" competition, which I organised on behalf of DaSRA.

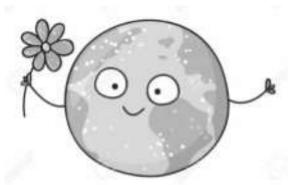
Thanks to the incredible support of Mrs Christine Gardiner, the Headteacher, the competition was a resounding success. The creativity and thoughtfulness of the children's artwork were simply outstanding, so much so that Mark had quite the challenge choosing just three winners and three runners-up.

We gathered all the children together for the big announcement and the excitement was contagious. It was a joyful celebration of imagination, community spirit and road safety awareness.

The three winning designs will soon be transformed into official signs, proudly displayed beneath the new 20mph speed signs in the village. A lasting legacy of the children's voices in making our streets safer.

All in all, it was a fantastic day that truly showcased the power of community collaboration. Together, we are making a difference.

Mark Davies, DaSRA Treasurer



Simple Ways To Save The Planet

Circular Economy - what does it mean?

It has taken me a while to fully understand the term 'circular economy'. I have to confess I thought it was to do with keeping money within the local community.

However, the term circular economy relates to resources. Once a product is made, how can we make the components in that product last for as long as possible? A simple mantra is; reduce, reuse, repair, repurpose, recycle.

At the top of the tree is reduce. Before buying any new product ask "Is this really necessary?"

If the answer is yes, then go for the best quality you can buy; something that is made to last. Once you no longer need the product, then can you pass it on by selling it or giving it away?

If a product is broken, can it be repaired? Local repair cafes are an excellent initiative. Our closest is Saltash on the second Saturday of the month from 10:00 - 13:00 at St Nicholas and Faith church hall and Liskeard Repair Cafe at the Liskerrett Centre on the 3^{rd} Saturday of every month from 13:00 - 16:00. There are also repair cafes in Torpoint and Rame.

If repair is not possible, then it is time to repurpose; for example, arm bands can be made into purses, clothes into bags, bicycle chains into bracelets.

The final link in the chain is recycle, but this must be at the very bottom, after all other avenues have been explored.

We live on a planet with finite resources, but we often behave as though our resources are infinite. A circular economy is an important cog in the tools we need to keep our planet healthy for generations to come.

Community Bus News

Another busy month passes with the take up for our scheduled services continuing to be a clear indicator of the importance our bus has in supporting the 'bespoke' needs of our community. Our excursions also continue to prove popular with trips to the Cornwall Show, cruises up the River Dart and theatre trips (etc.) also adding to the richness of our lives. Make sure you keep an eye out for forthcoming events on our website <u>www.dscombus.com</u> and book early to secure your seat.

It goes without saying that safety on our bus is always foremost in my mind, and it is perhaps worth mentioning once in a while, what it is we are doing to ensure that you, your family, and children are safe with us. As well as the standard driver DBS (Disclosure and Barring Service) checks, we have our own induction and assessment programme and rotate all of our drivers through MIDAS (Minibus Driver Awareness Scheme). As timing permits, we all attend Safeguarding presentations and regularly meet as a committee to ensure all safety regulations and concerns are addressed. By all means contact me directly if you have any concerns or questions relating to this area. (dscombus@gmail.com).

One key change to our events schedule occurring in the future is that our coffee mornings in the Village Hall will be moving from Monday mornings to Wednesday mornings (next two are 9th July and 13th August). We do hope you will come along for an update on events from the Chairman as well as our usual prize draw announcements, raffle, quiz, Mary's Bakes and bric-a-brack. Hope to see you there!

Other Excursions/Events in July include:

- Cornwall Gold 18th July. (<u>www.cornwall-gold.com</u>). get ready to make memories! Delightful jewellery steeped in Cornish history, an ancient tin mill to explore, all new interactive exhibition and heart-warming homemade food. More details to follow. Book early!
- As well as our scheduled Liskeard and Plymouth runs, we have trip to Looe on Friday 4th, Tavistock on Friday 11th and Truro on Wednesday 16th – all leaving Broads Yard at 09:30.
- Quiz Night at the Smugglers Inn 12th July. This regular event continues to grow in popularity as a fun night out and great fund raiser for the Bus.

We really do very much appreciate the staunch support we continue to receive from the Smugglers Inn. Thanks Chris, Debbie and the team!

Details of the Community Bus timetable, excursions and fund-raising events can all be found on the website. The timetable is also available in the Nut Tree, on village noticeboards, and the DASRA website (<u>www.dasra.co.uk</u>). For all passenger bookings

please call Bev Brighton on 01503 250944. For 300 Club and details of the monthly draw, please call Jo Woodley on 01503 250489. For any other questions relating to our Bus please feel free to contact me directly on <u>dscombus@gmail.com</u>.

		July	/ August 20)25	C			
DATE		DESTINATION	DEPART	LENGTH OF	FARES	FARES		
				STAY	SINGLE	RETURN		
JULY								
Tuesday	1	Plymouth	9.30 am	4 Hours	£3.00	£5.00		
Thursday	3	Liskeard	9.30 am	2 Hours	£2.00	£4.00		
Friday	4	LOOE	11.30am	3 Hours	£2.00	£4.00		
Tuesday	8	Plymouth	9.30 am	4 Hours	£3.00	£5.00		
Wednesday	9	Tea, Biscuits and mini quiz a	10.30 am -12.00					
Thursday	10	Liskeard	9.30 am	2 Hours	£2.00	£4.00		
Friday	11	TAVISTOCK	9.30 am	4 Hours	£4.00	£8.00		
Tuesday	15	Plymouth	9.30 am	4 Hours	£3.00	£5.00		
Wednesday	16	TRURO	9.30 am	4 Hours	£5.00	£10.00		
Thursday	17	Liskeard	9.30 am	2 Hours	£2.00	£4.00		
Friday	18	Cornwall Gold,	9.30 am	4 Hours	pre-order	£12 bus		
		Porthreath			lunch			
Tuesday	22	Plymouth	9.30 am	4 Hours	£3.00	£5.00		
Thursday	24	Liskeard	9.30 am	2 Hours	£2.00	£4.00		
Tuesday	29	Plymouth	9.30 am	4 Hours	£3.00	£5.00		
Thursday	31	Liskeard	9.30 am	2 Hours	£2.00	£4.00		
Excursions/7	Crips 1	for August						
Friday	1	LOOE	11.30am	3 Hours	£2.00	£4.00		
Friday	8	TOTNES	9.30 am	4 Hours	£5.00	£10.00		
Wednesday	13)Fireworks	Vi	View from Mt Edgcumbe				
Thursday	14)competition	L	£5.00				
Wednesday	20	TRURO	9.30 am	4 Hours	£5.00	£10.00		

Rob Gascoigne - Chairman

TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250944 Mon-Fri 9.00am-5.00pm

Downderry Bus 300 Club

The lucky winners for the June Club draw are:

1st. No. 128 - Sue Langridge. 2nd. No. 146 - Sue Webster. 3rd. No. 24 - Edna Gilding. Thank you everyone.

Jo Woodley – 01503 250489

Rita's Rota – July Dates

1	00.15		17					
1	09:15	Dance Fitness (TZ)	17	10.00	$\mathbf{P}_{\mathbf{r}}$			
	14:00	Short Mat Bowls (DSVH)	18	19:00	Summer Bingo (PolH)			
	14:00	Hessenford WI (WVH)	19 20	10:00	Little & Bigger Breakfast (DSVH)			
2	19:00	Drama Group (DSVH)	20	10:00	Producers Market (DSVH)			
2	14:00	Badminton (DSVH)	21	10:30	Church Service (SGMC)			
	14:00	Music Club (TZ)	21	14:00	Craft Café (TZ)			
~	18:00	Table Tennis (TZ)	22	-	MOBILE LIBRARY DAY			
5	-	Annual Gala Quay Sailing Club		09:15	Dance Fitness (TZ)			
6	10:30	Church Service (SGMC)		10:30	Coffee Morning (SNCh)			
7	10:30	Coffee Morning (TRBL)		14:00	Short Mat Bowls (DSVH)			
0	14:00	Craft Café (TZ)	22	19:00	Drama Group (DSVH)			
8	09:15	Dance Fitness (TZ)	23	14:00	Badminton (DSVH)			
	10:00	Coffee Morning (DSVH)		14:00	Music Club (TZ)			
	10:30	Coffee Morning (SNCh)	24	18:00	Table Tennis (TZ)			
	14:00	Short Mat Bowls (DSVH)	24	18:30	Deviock Council Mtg – Planning (TZ)			
	19:00	Drama Group (DSVH)	25	10:00	Craft Fair (DSVH)			
9	10:00	Comm Bus Coffee Morning (DSVH)	26	10:30	Dance Fitness (TZ)			
	14:00	Badminton (DSVH)	26	10:00	Craft Fair (DSVH)			
	14:00	Music Club (TZ)	27	10:00	Craft Fair (DSVH)			
1.0	18:00	Table Tennis (TZ)	20	10:30	Church Service - Crafthole			
10	14:00	Games Afternoon (DSVH)	28	10:00	Craft Fair (DSVH)			
	19:30	Deviock Full Council Mtg (TZ)		14:00	Craft Café (TZ)			
11	18:30	Quiz Night (DSVH)	20	18:30	St Germans Council Mtg (TRBL)			
12	14:30	Cream Tea (SGMC)	29	10:00	Craft Fair (DSVH)			
13	10:30	Anniversary Service (SGMC)	• •	10:30	Coffee Morning (SNCh)			
	18:00	Songs Of Praise (SGMC)	30	10:00	Craft Fair (DSVH)			
14	14:00	Craft Café (TZ)		14:00	Music Club (TZ)			
15	09:15	Dance Fitness (TZ)		18:00	Table Tennis (TZ)			
	10:30	Coffee Morning (SNCh)	31	10:00	Craft Fair (DSVH)			
	14:00	Short Mat Bowls (DSVH)						
	19:00	Drama Group (DSVH)			's By The Beach; CB Community			
16	14:00	Badminton (DSVH)			derry & Seaton VH; PolH Polbathic			
	14:00	Music Club (TZ)	•		Arms StG; EHSG Eliot Hall StG; HC			
	18:00	Table Tennis (TZ)			; HCH H'ford Church Hall; SGMC St			
					h; SGPC St G Priory Church;			
Moł	oile Libra	arv:			as' Church; SNS St Nicolas'			
		ans - Alms Houses 09:45 - 10:05		School; TC Tideford Church; TRBL Tideford RBL Hall; TZ The Zone Downderry; WVH W'gates V Hall				
		nans - Quay Road. 10:15 - 10:50						
		erry - Inn. 13:55 - 14:35	-					
	Seaton - Car Park. 14:45 - 15:05			Entries for Rita's Rota should be sent to <u>nuttree.editor@yahoo.com</u> by 17 th of the preceding				
			month	1.				
			Rita					

Copy Deadline for the August Nut Tree is <u>by</u> 17th July. As there will not be a September edition of the Nut Tree, any content for August should cover the two months (August and September) – many thanks. Ed.

Disclaimer: The Editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nevertheless, we will try to be as accurate as possible and request similar factual correctness from our correspondents.