



August 2025 Volume 40 (5)

Nature Notes

I have a quick look along the river, close to the bridge. Despite the lack of rain, there is still a lot of energy in its flow as it tumbles over rocks and boulders. A slim Grey Wagtail perches expectantly on one emerging rock, looking out for insects, its long tail constantly raised and lowered. The main prize for the patient watcher here is the Dipper, the only bird that walks underwater, but no luck today. I take a path away from the river and head uphill.

Since my last visit to this well-wooded nature reserve on the edge of the moor two weeks ago, birdsong has noticeably diminished. Now in early July there is very little sound. I pick out a scolding Jay, the odd burst from a Wren, the faint repetitive song of a Song Thrush and far overhead the croak of a Raven, but they seem odd distractions to the overall quietness. I halt at an old stone wall, the granite moss-encrusted, and it strikes me that it is oddly out of place. It no longer separates fields, but hints at the relative youth of the woodland. Tall, crooked and spindly trees compete for the light, where there was once pasture, but the largest trees are found within the wall itself - massive, spreading beech that point to an earlier age.

This reserve is also the site of mining activity. Occasionally, I come across sudden depressions in the forest that signal an old shaft, the entrance now encased in a square metal structure to keep people away. How quickly nature takes over this abandoned, once despoiled landscape. It now attracts many visitors but they tend to keep to the lower path

alongside the river and avoid the more testing upper slopes. So, in my spot I have the woodland to myself and only a distant barking dog reminds me that others are not too far away.

The canopy of trees adds to the eeriness and seclusion of the forest. In places the trees rise like cathedral walls, enclosing a verdant, green nave. Elsewhere, the darkness helps to leave an open forest-floor devoid of much vegetation. Therefore, it is a complete surprise as I emerge into a sunlit clearing that is a hive of insect activity. The attraction here is a wealth of brambles. Butterflies are everywhere. Having seen none so far during my walk, I wonder how they have found this haven. Meadow Browns are the most common butterflies, over a dozen, some tatty round the edges, competing for the irresistible nectar and almost pushing one another away from the most attractive flowers. There are also a couple of Ringlets, also brown and annoyingly loath to settle when they can be identified more closely. However, the stars of the show are two Silver-washed Fritillaries, large butterflies, hugely attractive in their complex black and fulvous markings. The silvery streaks on the underside are difficult to see.

It is sad to move on from this unexpected delight and I make my way through the forest back to the carpark. A rough count suggests about twenty cars, but I have scarcely noticed the occupants. I decide to take a last visit to the bridge above the tumbling water, hoping to see a Grey Wagtail or Dipper, but instead a large dog bounds along, against the flow. It is happy, so is the owner, but the birds are conspicuously absent.

Alan Payne

Looe East and Deviock Council News

It has been a busy second month for me - both locally and at New County Hall. I have volunteered to sit on several Committees and Panels, all of which provide influence and a voice on the issues I campaigned on - from housing and public transport, to planning and cleaner waters.

The Sustainable Growth and Place Overview and Scrutiny Committee held its first meeting earlier this month, setting out a work plan that includes a review of the current Go Cornwall Bus contract, which runs until 2028. This will be a key opportunity to re-examine subsidies for services that are vital to rural residents.

I have also been elected Vice Chair of the East Planning Committee, which covers the whole of East Cornwall. In June, we held the first meeting of the Cornwall Inshore Fisheries and Conservation Authority (CIFCA). I also sit on the Cornwall and Isles of Scilly Prosperity Advisory Panel, which provides scrutiny and input into major grant funding decisions. Its first meeting is scheduled for August.

Roadworks: Surface dressing work has been completed on the B3254 (Duloe to Sandplace) and the B3253 (Nomansland to St Martin's). The latter caused problems in Looe due to poor signage – I am addressing this directly with the contractors. Sandplace Road: Highways have now completed ground investigations. Unfortunately, the cracking is deep and will require a piled solution. A medium-pressure gas main may also need to be diverted, which will further extend the timeline. There is no schedule yet, but I will update residents as soon as I know more. Meanwhile, traffic management has been adjusted to reduce delays.

Cormac Volunteer Scheme – Supporting Local Action: The Cormac Volunteer Scheme supports individuals and community groups who want to improve their local area. It offers practical help – including insurance, PPE, and guidance – for most kinds of voluntary work on Cornwall Council owned land. This could be anything from maintaining flower beds and public parks to looking after woodland or carrying out repairs on public rights of way. Whether you are working alone or as part of a group, this is a great way to get involved and make a real impact. For more information, contact your Parish Council or email: volunteers@cormacltd.co.uk.

Seaton Beach Access: A reminder to residents; there is no vehicular access or launching permitted on Seaton Beach. It is a popular family beach with RNLI lifeguard cover throughout the summer and not safe for the launching of leisure craft. It has no slipway - access is for emergency vehicles only. An incident this month involving a quad bike driving dangerously across the beach and ignoring lifeguard warnings underlines the need for proper enforcement.

However, the current chain and lock setup is causing issues for some users. Seaton is an accessible beach, and families with pushchairs or those with mobility aids must be able to get through. I am working with the beach management team on a more suitable solution - one that keeps the beach safe while maintaining proper pedestrian and wheelchair access.

Doorstep Selling: There have been reports of aggressive doorstep selling in our area - from Looe to Torpoint. I understand arrests have been made.

I will be meeting with the police in Looe shortly to raise this and other ongoing issues. Please remember, if you witness or are affected by crime or anti-social behaviour, it is vital to report it. If it is not in the system, it won't be investigated – and police rely on community reports to identify patterns and allocate resources.

Report crime: www.devon-cornwall.police.uk/reportcrime

Report anti-social behaviour: www.devon-cornwall.police.uk/asb

*Mark Gibbons
Cornwall Councillor for Looe East & Deviock*

St Germans Parish Council

The Burial Ground: We are aware of the complaints, and the depth of feeling, as evidenced by the comments on the St Germans Community Group Facebook page, about the regulation that asks people not to bring artificial flowers to the cemetery.

We know that leaving flowers and tributes for loved ones is an important and meaningful act. It helps us honour their memory, express our love, and maintain a personal connection.

After careful consideration, and in-line with environmental standards, the Diocese of Truro and supported by Tamar Valley Area of Outstanding Natural Beauty we decided to move away from the use of plastic flowers in our cemetery. This is not a recent decision and we would like to explain why:

Protecting our environment and wildlife: Plastic flowers are typically made from non-biodegradable materials such as polyester, polyethylene, or PVC. They often blow away in wind, creating scattered litter around the cemetery and adjacent land. When grass is mowed, plastic gets shredded, spreading small pieces that are very difficult to clean up. When they break down (through sun exposure, mowing, or weather), they fragment into microplastics, which contaminate soil and water systems. These microplastics can be ingested by insects, birds, and other wildlife, entering and disrupting food chains while small plastic pieces can be ingested by local wildlife, causing harm or death.

Honouring nature and tradition: Fresh flowers and natural tributes are a symbol of the natural cycle of life and renewal. By choosing natural alternatives, we help create a more peaceful, respectful, and authentic resting place for everyone.

What can I use instead? We warmly encourage:

- Fresh cut flowers (without plastic wrappings)
- Biodegradable wreaths or natural arrangements

We understand this is a change, and we appreciate your understanding and support as we work together to protect our environment and preserve the natural beauty of this special place.

One person attended the Parish Council meeting on the 30th June at the Eliot Hall to express their concerns and we would invite anyone who would like to discuss this further to contact the Clerk via email clerk@stgermansparishcouncil.gov.uk. We would be happy to arrange to discuss this with more people, either at a future Parish Council meeting, or at a specially convened meeting at the cemetery.

Speed Watch: There was a meeting held in the Eliot Hall on Monday, 23rd June, and one of the agenda items was to discuss the 20mph speed limit through the village and to consider setting up a group to monitor the speed of cars through the village. A Community Speed Watch scheme is a volunteer-led initiative, in partnership with the police, where local residents monitor vehicle speeds in their community. The goal is to raise awareness about the dangers of speeding and encourage drivers to reduce their speed. For those who are

interested there would need to be a minimum of five people, who would follow a short training course on how to use the relevant equipment. The group would then be provided with speed detection devices and could monitor village traffic over a period of time.

Tunes Meeting: Members of the Tunes Festivals team were at the Eliot Hall on Thursday 10th July to answer questions from residents of the village. In the early part of the meeting the main concerns expressed were around ensuring that there was adequate security at the end of Newport Lane, to stop pedestrians and vehicles from trying to access the festival that way. The organisers said that Newport was used for entry to the Hootenanny Festival but that for Wild Gardens and the Tunes in the Park festivals, the only entrance onto the festival site would be via the entrance at Scholars. This should stop the problem of festival goers walking along the road between the church and the Eliot Hall, instead of using the causeway. They assured those present that they would close Newport at the Alms Houses and there would be security in place to prevent any access that way, with car permits for local residents.

There were suggestions to improve the signage and start it from further outside the village so that people were directed to the correct entrance from each different entry road into the village, to try and reduce the amount of traffic driving through. Residents also asked if the road through the village could be coned off to prevent parking and keep access open for emergency vehicles. The Tunes Festivals team said that they could do this but that they were not in a position to enforce parking restrictions on public roads.

This led to questions about traffic management and residents asked if the Tunes team could share the plans that they have to submit to Cornwall Council for future events. It was pointed out that many local residents had emailed asking for information but that the response rate was either extremely slow or non-existent. They need to improve their response rate and general communication to the village.

There were also questions about how Tunes liaise with the local police, medical and fire services to ensure that there are plans in place in the event of an emergency. They assured the residents that they have met with the local services and are in regular contact with them during the festivals, with a full risk management plan in place.

Some people complained that the noise levels had continued until the early hours of the morning. The Tunes team explained that all of the music on the main stage finishes by 22:45 and that anything after that takes place in the quarry so that the noise is contained and the cut off point for this is 01.00, which follows the licensing laws. Residents pointed out that noise from the fun fair had continued well beyond that and the Tunes team said they would ensure that this didn't happen for this and future years.

It was suggested that it would be good if the Tunes festivals could offer some slots for local, up and coming bands and DJs on some of the smaller stages that didn't seem well used in previous years. Tunes said they are working with the Livewire youth group from Saltash this year but will think about how they could facilitate more opportunities for local acts in future. Some residents pointed out that Port Eliot festival had made a financial donation each year

to local community groups, and this was shared among the Youth Club, the school, and other worthy causes. It was suggested that Tunes Festivals could make a similar contribution to support village groups and provide a tangible benefit as a gesture to make up for the disruption caused during the festivals. The Tunes team said they would consider this and reminded everyone that local residents, within the boundary of St Germans, were entitled to a 50% discount on the price of tickets. Anyone who wants to take advantage of this should email tthelp@tunesfestivals.com and send a copy of a utility bill as proof of address.

Pedestrian Crossing at Tideford: Some great news that the village of Tideford is getting a signalised, push button crossing. Cornwall Councillor Kate Ewert has been campaigning for this for a long time, and while she appreciates this isn't the solution that most would like to see, and that there is still a strong voice for a by-pass of the villages, we know that if that were to come about, it would take years to design and build, and a crossing for the village is still needed. This is something that has consistently been raised by residents in Tideford, and it is fantastic that funding has finally been realised to make this happen. This, in conjunction with the speed limit being lowered through the village, and average speed cameras being installed, should make a big difference to the feel of the road and will mean all folk can get across the road without feeling like they are taking their lives in their hands.

Parish Councillor: A reminder that there are still two vacancies for councillors, one in the St Germans ward and one in the Tideford ward, so if you would like to contribute to your local community please contact the Parish Clerk.

The next Parish Council meeting will take place at the Royal British Legion, Tideford on Monday 1st September.

Julian True

Parish Councillor St Germans Ward.

Email: juliantrue@stgermansparishcouncil.gov.uk

Deviack Parish Council

It is our intention to hold one meeting in August (Planning) and two in September (Full Council and Planning). However, given the disappointing news about the Zone, there is no venue booked for these meetings as yet. Please refer to meeting Agendas in due course for further information about meeting dates, times and venue.

Tanver Yate: The Parish Council would like to thank everyone, especially dog owners, for respecting the space at Tanver Yate and using the litter/dog waste bin provided. This has made a big difference to people's enjoyment of this asset.

Forest for Cornwall: The Parish Council has applied for Forest for Cornwall Phase 2 planting grant funding for Tanver Yate and the working group will be meeting soon to progress this. Any volunteers wishing to get involved should contact the Clerk.

Fly tipping: There was a recent fly tipping incident at the entrance of Tanver Yate, with debris containing asbestos roofing sheets. The Parish Council will always report an incident such as this as soon as we become aware of it (we reported this the same day), but professional clearance teams need to follow safety procedures before carrying out the work. We appreciate your patience during this process.

Report it: A reminder that residents can report a variety of issues - from fly tipping to potholes and fallen trees - to Cornwall Council by using the reporting site. Just type 'Cornwall Council report something' into your internet browser and this will direct you to the reporting site and an A-Z list of reporting issues. It is always worth uploading photos of what you are reporting as this helps the reporting teams enormously.

Devolution: The legal aspect of the devolution of Downton assets is proceeding as expected. More information to follow.

Planning applications: To comment on a planning application on the Cornwall Council Planning site, search online for 'cornwall council planning applications'. You will need to log in to use the Planning site. Any comments posted on the site are viewed by the Parish Council's Planning Committee and Cornwall Council Planning Officers. See Agendas for applications due for discussion at the next Planning Committee meeting.

Forthcoming road closures around the Parish: These can be found at <https://one.network/>.

For any other Parish Council business and news, go to our website at www.deviockparish.org.uk/.

The Parish Clerk can be contacted Monday - Friday by email at clerk.deviockpc@btinternet.com. The Parish Office at the Vestry in Downton is open to the public on the first and third Wednesday of the month (non-meeting weeks), 14:00 – 17:00 (tel: 01503 250052).

Karen Pugh, Parish Clerk

Deviock Parish Council Loan Fund

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

St Germans and District Garden Club

In July we had an exceptionally good visit to The Wildside Garden at Buckland Monochorum. I would recommend it to everyone.

Our next Club meeting is now on Wednesday 17th September in the Eliot Hall. More details to follow.

Roger Whitehead

Hessenford News

Hello Hessenfordonians / Hessenforders - I have no idea about the correct collective noun for the 170 residents of Hessenford, do any long-term village dwellers have a name for us? So, I am covering August news and events - exciting as it is when we congregate for the legendary Hessenford Annual Duck Race!

This year it is on Saturday 2nd August, so if this month's Nut Tree has been delivered promptly you may be able to nip down to The Copley Arms or Contact Dave Moore to get involved! (information on the Hessenford Village News Facebook page). If you have not previously joined in with this joyous event before, everyone sponsors a numbered yellow plastic duck, volunteers either wade or paddle up the river, deposit the hundreds of ducks and all spectators wait with baited breath to see if their duck will be in the top ten leaders and winners. There is always a range of great prizes and all monies received go towards the upkeep of St Annes Church. In previous years the Village Hall has hosted a variety of stalls and games ranging from hoopla, coconut shy, 'pluck a duck', book and plant stalls and even wet sponge throwing. Many thanks to Dug for enduring endless cold sponges being thrown at his face in the past, popular with the children and always raising helpful funds for the Village Hall. If you want to contribute and run a stall then just set up in the morning and find a space on the grassed area behind the Hall. With regards to the Hessenford Hall did you know that you can book the Hall online at www.hessenford.com - this is our community space and is seriously under-used at the moment, why not host a party, workshop, group activity, charity event, bingo night or silent disco?

If you feel like meeting up for a relaxed social with the lure of coffee and cake the date is Saturday 9th August from 11:00 – 13:00 at the Village Hall - next month it will be Saturday 13th September at the same time. All ages and genders welcome!

Another community space is St Annes Church, if you want to enquire about utilising this lovely old building for a Christening, wedding or funeral please visit the website <https://stgermansparishes.com/hessenford/> for up-to-date information and the correct contact names and numbers. Apparently, we are about to be without a vicar, so for the time being if you are not social media savvy you can contact Rev. Annabel King on 01752 813088.

Living in this part of the world I am sure many of you feel a close connection to nature and enjoying simple pleasures, one of my middle-aged happy moments is when I see a wild bird you don't see regularly (i.e. not a Wood Pigeon), my top favourites being a Nuthatch, Greenfinch or, if one of Nigel and Margaret's flock of long-tailed tits accidentally veers off-course into my garden, it warms my heart :)

Lovely Fran mentioned the Swifts in last month's Nut Tree - here is where you can get a ready-made nest to tempt them: House Martin Nest Box Bowl - Ark Wildlife UK <https://www.arkwildlife.co.uk/products/house-martin-nest-box-bowl>. *(Other ready-made nests may be available!! – Ed.)*

Being a dog owner (of Juno - black and white Pointer/Collie cross) I feel spoilt with the numerous walks on offer, however, the summer warmth brings with it hideous hogweed,

horseflies, ticks and Asian hornets - these are less enjoyable and to be avoided - I recommend encounters with any of these are dealt with swiftly. My other half, Dave, highly rates a product called 'Silky Soft' (Avon)- it is not expensive, deters horseflies and the aroma is far less offensive and toxic than other products I have tried. Please give me feedback on any successful natural repellent remedies that you have discovered. (*Again – other insect repellents may be available!! – Ed*)

I have overlooked the fact that we are situated 4km from the sea - how spoilt are we? The sea is 18.1° degrees apparently, so time to take a dip, paddle, sail, surf or just sit and wave watch or enjoy a sunrise or sunset. All beneficial for both physical and mental well-being. Our lives can be stressful, whatever age you are, as we are constantly bombarded with news, noise, distractions and demands, so my tiny bit of advice this month to you is to take 'time out' for yourself - utilise the nearby ocean air and focus on the good things in your life.

A final note - feel free to jump in and volunteer if you would like to fill this space in future editions. I am sure a more eloquent wordsmith is out there, keen to represent our village - I will await your contact.

Wishing you a fabulous couple of sun-filled months.

Tam Jarvis
tam@skim.co.uk

St Germans Thursday Club

On Thursday June 26th lots of you enjoyed a great afternoon in Looe, with a walk down to the seafront, some shopping and afternoon tea in one of the lovely cafes.

On July 10th everyone had great fun trying to identify which wedding and baby photographs belonged to who, and chatting over how things have changed.

Coming up:

- Thursday 14th August: We look forward to you all joining us for our Annual Cream Tea plus a Village History Display. Please bring along anything you would like to share about St Germans or surrounding villages. Just a reminder we only have one meeting in August.
- Thursday 11th September: We are holding a Knitathon - making toys to raise funds in aid of Guide Dogs for the Blind. As always everyone welcome. If you have any wool to donate that will be very much appreciated.
- Thursday 25th September: We have our Harvest Festival with the Reverend Reed, please bring a donation of food in aid of Saltash Food bank.

Our meetings are held at the Eliot Hall St Germans, doors open at 14:00 for 14:30 start. Entry is £3 at the door which includes a cup of tea or coffee, biscuits and a fun raffle. Please come and join us, new members and visitors are always welcome.

For general enquiries please contact our chairperson Jenny Putt on 01503 230766.

Linda Barnes

Quay Lane Surgery

The Patient Participation Group (PPG)

On behalf of the group, I would like to say a very big thank you to Caroline Frith for donating some beautiful glass pieces for our fundraising event in June! This helps our surgery to purchase medical and ancillary equipment to enhance the care provided. Your contribution to the villages will be greatly missed! We wish you well in your new ventures.

Claire Croft, Chair Email: quaylaneppg@gmail.com

Practice News:

Protecting Local Care: Why We Can't Support Online Pharmacy Requests

At Quay Lane Surgery, we are proud to care for the people of St Germans, Downton and the surrounding rural communities. As a small dispensing GP practice, we not only provide medical care but also supply essential medications directly to many of our patients — a lifeline in an area with limited pharmacy access.

Recently, online pharmacies like Pharmacy2U, Simply Meds, Pharmacy Online and others have been contacting patients, offering home delivery of prescriptions. While this may seem convenient, we want to explain why we cannot support these services and why your choice matters.

Dispensing Supports Local Care: Dispensing prescriptions is a vital part of how we fund our services. The income helps us provide:

- GP and nurse appointments
- Chronic disease monitoring
- Home visits for housebound patients
- Emergency medication supply
- A full range of NHS services locally

Without this income, our ability to offer these services and even remain open is at risk.

Why We Don't Use EPS (Electronic Prescription Service): We have chosen not to enable EPS, which allows prescriptions to be sent electronically to a nominated pharmacy. In rural areas, this system can lead to prescriptions being diverted without patients fully understanding the impact. Once a prescription is nominated elsewhere, we lose the ability to dispense it and the funding that supports your care.

No Partnership with Online Pharmacies: We are aware that some online pharmacies suggest they are working with us. To be clear:

- Quay Lane Surgery does not have any working relationship or agreement with any online pharmacy.
- We have not authorised the use of our name in any of their communications.
- We have not provided any patient information to these companies and do not know how they have obtained patient email addresses without proper consent.

If you receive a message suggesting otherwise, please treat it with caution and contact us if unsure.

Your Choice — But Make It An Informed One: We fully respect your right to choose where your prescriptions are sent. However, we ask that you make this decision with full awareness of the consequences:

- We cannot dispense your medication if it is sent elsewhere
- We lose vital funding that supports your care
- The sustainability of our rural practice is put at risk
- You will need to manage prescription requests and collection with your chosen pharmacy directly

What may seem like a small personal convenience can, when repeated across the community, lead to the loss of a vital local service.

How You Can Help

- Continue collecting prescriptions from Quay Lane Surgery
- Ignore messages from online pharmacies if you are happy with our service

By staying with us, you are helping to protect the future of rural healthcare in East Cornwall.

Flu Vaccinations: Another Way to Support Your Surgery

Each year, we order and pay for flu vaccines well in advance for all eligible patients. When vaccinations are given elsewhere, those doses go unused and the practice loses valuable income.

Over the past two years, reduced uptake at the surgery has led to both financial loss and wasted stock. This lost income affects our ability to invest in essential equipment and expand the services we provide to meet the needs of our community.

If you are eligible, we kindly ask that you consider having your flu vaccination with us. It is a simple way to support your local practice and help us continue offering this vital service.

Thank you for supporting your local surgery.

Debbie Todd, Practice Manager

Memorial Concert at St Germans Priory Church

Norma Harwood nee Coombe, Memorial Concert by Mevagissey Male Choir at St Germans Priory Church on Saturday 13th September. The concert will start at 19:30 and entry will be £7.50 per ticket. Tickets will be available at the main entrance or in advance (date to be confirmed).

Norma died on Friday 18th April, just five weeks after her 94th birthday. Many in St Germans and the surrounding area will remember her as the local hairdresser, who cut hair for over 50 years at Colgare. All profits are to be split equally between St Germans Priory Church and St Germans Bell Tower Fund. Please contact Jenny by email jenny.sherwood541@btinternet.com or Mobile 07714 106079 for more information.

Jenny Sherwood

News From The Zone Steering Committee

We share with great sadness that we have been advised that the Methodists have decided not to sell the former Methodist Church to the community.

We received notification of this on the afternoon of 10th July after a long negotiation process throughout which we had understood that their preference was for the building to continue to serve the community.

They notified the groups that currently run from the premises that they must cease from August 12th 2025 and have since confirmed that the building will be closed and put on the open market at a time unspecified. This can happen despite the building having been designated an asset of Community Value as they have considered our offer and allowed us time to raise funds for purchase. We have raised sufficient funds to generously exceed an independent valuation, however, they are still able to decline our offer and now have.

We are all deeply disappointed by this outcome as we have worked hard to try and secure a long term provision to support health and wellbeing. It was going from strength to strength and we had the busiest summer on record ahead of us.

We would like to thank both County Councillors, Cornwall Council, the Parish Council and DaSRA who have helped and supported us throughout.

Thank you to you all for your support over the years. The building has been part of our community for over 100 years and has been lovingly cared for by community volunteers throughout its history. It is iconic in the village and we really hope that eventually it will be saved.

A number of our activities have relocated to St Nics Church and others to the Village Hall. A summary of known changes is listed below, however, times and days may have changed so please check posters, local Facebook pages or with the organiser if unsure.

The Zone Steering Group

Save The Zone

PLEASE SIGN THIS PETITION TO ASK THE METHODIST CHURCH TO:

NOT TAKE THE BUILDING (THE ZONE) AWAY FROM THE COMMUNITY

NOT TO SELL TO THE HIGHEST PRIVATE BIDDER

TO ACT FAIRLY & SUPPORT OUR COMMUNITY

TO FOLLOW DUE PROCESS & ACT IN GOOD FAITH

TO ACCEPT THE ZONE'S PURCHASE OFFER BASED ON VALUATION

TO KEEP THE ZONE AS A REGISTERED COMMUNITY ASSET IN DOWNDERRY



Details of the petition launched by the Zone Action Group (ZAG) can be found here: <https://chng.it/8MtGsBds2q> or by clicking the adjacent QR code. Paper copies of the petition are also available around the village.

The Zone Action Group (ZAG)

In view of the closure of The Zone on Tuesday 12th August we are working closely with St Nics Church, to whom we are most grateful for their support, to relocate some of the Health & Wellbeing activities to provide a continuity of service to our community.

Activities in The Zone in August

Friday 1st 10:30 Emma's Dance Fitness

Monday 4th 11:15 Pilates with Gocha; 12:15 Free Pilates with Gocha; 18:45 Yoga with Jackie

Tuesday 5th 10:00 Scallywags - Storytelling with Andy

Thursday 7th 10:00 Scallywags - Plymouth Scrap Store

Friday 8th 10:30 Dance Fitness with Emma

Monday 11th 11:15am and 12:15 Pilates with Gocha; 14:00 – 16:00 DAG Craft Cafe Awenek Studio for those already booked; 18:45 Yoga with Jackie

Tuesday 12th 10:00 Scallywags Seaweed Workshop with Este.

Community Activities at St Nicolas Church (St Nics)

-with grateful thanks to St Germans Group Parish

Wednesday 13th 09:30 Tap with Jill; 11:00 – 15:00 Dance Summer School with Jill

Thursday 14th 10:00 Scallywags Pop-up Play Village

Friday 15th 10:30 Dance Fitness with Emma

Thursday 21st 10:00 Free Qigong & Bagua; 11:15 Free Somatics with Ninja Granny; 14:00 Laughter Yoga with the Merrykookaburra

Friday 22nd 10:30 Dance Fitness with Emma

Tuesday 26th 10:30 Free Sound Bath with Teresa

Wednesday 27th 09:30 Tap with Jill; 11:30 Free Dance for 7-12 year olds with Jill

Friday 29th 10:30 Dance Fitness with Emma

From 1st September (correct at time of printing, subject to change!)

Proposed weekly programme of Community Activities at St Nics

Monday: 10:00 – 12:00 DAG Craft Café; 17:00 Children's Dance with Jill; 18:45 Yoga with Jackie

Tuesday: 09:15 – 10:15 Dance Fitness with Emma: 2nd and 3rd 14:00 – 16:00 W.I; 16:00 Ballet with Jill

Wednesday: either 09:30 – 10:30 or 10:00 – 11:00 Tap with Jill; 15:15 – 16:45 DAG Music Club; 18:00 DAG Table Tennis

Thursday: 10:00 (school holidays) Scallywags; 09:00 – 11:00 Bread & Babes (Term Time)

Please check posters and Facebook pages for up-to-date information or contact parkerviv@aol.com

The Zone Steering Committee



Join the DaSRA Team – Help Shape Our Community!

At DaSRA (Downderry and Seaton Residents Association), every Committee member plays an active role in helping move our agenda forward. By sharing the workload, no one is overwhelmed, and we all still have plenty of time to enjoy life by the sea!

Have you ever found yourself saying, *“You know, someone should really...”*? Well — maybe *you* are that someone! If you are passionate about your community and have a bit of time and energy to spare, we would love to hear from you. Whether it is a specific skill or just a willingness to pitch in, we welcome your involvement.

Exciting changes in the Team

We want to extend our heartfelt thanks to Diana Twist, who has served as our Secretary for the past year and a half. Her support has been invaluable, and she will be greatly missed.

We are also delighted to welcome Roseann Povey, a professional secretary, who has kindly agreed to take over the role. We are looking forward to working with her.

A warm welcome as well to Pat Wotherspoon, who brings a wealth of experience in governance and has generously offered her time and expertise to support our work.

Could You help us to manage our current website?

We really need someone to help us with the Interim day to day updating / administrative oversight of the DaSRA website and updating information that is sent to us for inclusion on the site. This is urgent now as the person currently doing this has actually retired from DaSRA and it is not fair to keep them doing this work. If there is someone who has the ability to help, please would you reach out to us. Thank you.

Also.... Our Facebook page continues to be one of the best ways to discover what is happening around the area in ‘real time’, as well as a great way to communicate with friends and neighbours. We have improved the value of the page recently by introducing a directory of businesses that service the local area, which we hope you find useful. This directory (found under “Files” on our Facebook page) will be updated once or twice a year.

We respectfully ask people to refresh themselves on the “Facebook” page rules periodically, so that everyone can continue to enjoy it and keep it a helpful and safe place to communicate.

Finally, from the **“Neighbourhood Watch” part of DaSRA**, we have recently had a spate of cold callers reported on our Facebook page. We advise you to read the on-line guidance which was shared on DaSRA’s Facebook page and the Police advise "No Cold Calling" signs be clearly displayed at your front door. We will be obtaining some of these signs shortly and will let you know from where you can pick one up.

Going forward, the more we report unwelcome callers, to the police, this will attract the attention of the police and enable them to target said callers and reduce the nuisance to residents.

If you are interested in joining our friendly, community-focused team — even just to have a chat about what is involved — please get in touch:

☎ **Maura Swabey**, Chair of DaSRA – 07720 289829

✉ **Email:** info@dasra.co.uk

Wishing you a safe and sunny summer.

Maura Swabey - Chair, DaSRA



Downderry Community Shop Update

The Management Team of Downderry Community Shop Ltd would like to thank all those who attended the public meeting on 30th June in Downderry and Seaton Village Hall. We had a full house and the Steering Group presented the business case for moving forward with a proposed lease on the former Downderry Stores site. The meeting was fully supportive of the proposal and after a good discussion it was agreed that the final negotiation of a five year lease should proceed. We also had several messages of support from people who were unable to attend the meeting.

We were particularly encouraged in the number of individuals who offered to donate time with specialist skills and designer support going forward. On the 14th July the former Steering Group held an AGM meeting at which a Management Group was established. We are still seeking volunteers to support the shop and emails have been sent out to those on our list who previously offered support. If anybody does not receive an email or would like to volunteer for the first time please check your junk folder or get in touch. It is never too late to donate funds (or donate more if you can) as our budget is tight and a lot of work is required, again, please get in touch.

The aim is to open a "Pop-up Shop" in early September with the full shop, cafe area and a meeting room being delivered in subsequent phases. We are looking for a manager to run the shop as a part-time paid employee as well as volunteers to serve in the shop and cafe. We hope to have a mobile Post Office operating as soon as possible after the opening of the shop plus extras such as parcel drop-off etc.

The project is a huge effort which requires support from the whole community. Above all else we are keen to hear from those who would like to support by joining the Management Team and believe they could add value to the project and assist in the future success of this vital hub of our community.

To respond as a volunteer please email info.theshopdownderry@gmail.com or to contact the Management Team info@downderrycommunityshop.co.uk

Nigel Jones, Downderry Community Shop



Downderry and Seaton Village Hall (Registered Charity 1210090)

Together we have raised £115,000 for the 'Save our Village Hall' appeal - The Trustees are delighted to announce that we have received a pledge of £20,000 from the Bernard Sunley Foundation which we will receive when we are ready to start the building work. Your help is crucial to ensure the vital building work needed for the Village Hall can be completed.

Your support will secure the future of this essential community owned building, allowing events and activities important for people's health and well-being to continue. More details are on our website or please speak to a Trustee at any of our Fundraising Events. As a lasting thank you, your name will be added to our 'Wall of Thanks', listing everyone who has helped to save the Downderry & Seaton Village Hall. This special recognition will be unveiled when the Village Hall reopens after the work is completed.

Summer Craft Fair, Friday 1st August to Sunday 3rd August (Fridays and Saturdays 10:00 to 18:00, all other days 10:00 to 16:00) - Support our many talented local crafters and buy some unique handmade pieces which you, your family and friends will love. There will be some of your favourites as well as new ones. Entry is free and payment can be made by cash or card.

Coffee Mornings, Tuesday 5th August and 2nd September 10:00 - noon - Come along for a chat and enjoy a hot or cold drink with a treat. It only costs £2.50 per person and there will be a Book Stall and Raffle Tickets for that morning's draw.

Games Afternoon, Thursday 14th August and 11th September 14:00 – 17:00 - Enjoy a fun afternoon with family and friends and make new ones. Games available include Crib, Whist, Canasta, Kitchen Bridge, Rummy, Chess, Scrabble, Draughts, Backgammon, or if you have a favourite bring it along! Entry fee £1 each. Hot and cold drinks available, including a reasonably priced bar.

Little & Bigger Breakfast, Saturday 16th August and 20th September 10:00 – 13:00 - Enjoy a Breakfast Bap of sausage, bacon and egg or the veggie option of egg and hash browns with a hot or cold drink for just £5.00. Or a bigger breakfast of sausage, bacon, egg, tomatoes, beans, hash brown and toast with a hot or cold drink for £6.50, veggie option also available.

Producers Market, Sunday 17th August and 21st September 10:00 – 13:00 - Shop local and support our local producers. See our website for a list of the producers who will be attending these events. Hot and cold refreshments available. Entry is free.

Bingo, Friday 29th August and 26th September 18:30 for 19:30 start - Eyes down it's Bingo Time - this fun game is open to all with many cash prizes. This is a non-commercial Fundraising Event with all proceeds going to the Village Hall.

VH Drama Group Summer Play, Friday 5th and Saturday 6th September 18:30 for 19:30 start – “Hello, Is There Any Body There?” written by Ian Hornby and directed by Marian Candy. This hilarious farce, set in Squire Grange, steadfastly refuses to take itself (or anything else) seriously. Tickets are now on sale £10 each.

WellFest South East Cornwall 2025, Saturday 13th and Sunday 14th September, all day and both evenings - The WellFest team have put together some amazing sessions for you to try in Donderry and Looe. And don't miss the chance to experience a beautiful Kirtan concert, with the renowned Premanjali Music in the Village Hall on Saturday night.

Table Top Sale, Sunday 28th September - Book your table now; large table £10 or small table £5. Everyone is welcome so come along and grab a bargain. We have everything under one roof - your very own Bargain Hunt starts right here. Doors open 10:00 to 14:00, sellers from 08:30. Hot and Cold refreshments will also be on sale.

Groups (members only) - Short Mat Bowls Tuesdays 14:00 to 16:00 - Drama Group Tuesdays 19:15 to 21:30 - Badminton Wednesdays 14:00 to 16:00, most days 09:00 to 23:30 Snooker Room.

Upcoming Dates for your diary - Saturday 11th October Wine Tasting with Music; - Sunday 26th October Charities Event & Craft Stalls.

All are welcome at our Fundraising Events, unless otherwise stated, including dogs on leads. Reasonably priced bar at most evening events. For more information about the above events see posters around the area, go to our website

www.donderryandseatonvillagehall.co.uk or Facebook Group, email donderryandseatonvillagehall@gmail.com or telephone 01503 250412.

*Mandy Smith
Trustee and Secretary, Donderry and Seaton Village Hall*

St Nics Coffee Mornings

After a short break, our 10:30 Tuesday coffee mornings return in September on 16th, 23rd and 30th September.

Elsa Guilfoyle

Deviack Activities Group (DAG) At The Zone (PL11 3JZ)

August Programme

Craft Café & Art Group: Our volunteers are taking a break in August (apart from those people already booked for the Awenek Sketchbook Social on 11th).

Music Club and Table Tennis: will also be taking a break in August

“SCALLYWAGS”

Our summer school holiday programme for Primary School pupils and their parents:

Tuesday 5th ‘All at Sea’- Storytelling session with Andy Copps

Thursday 7th Scrap creations of the future with Plymouth Scrap Store

Tuesday 12th The Super world of Seaweed with Este

Thursday 14th Pop-up Play Village with Zoe (Please note, this event will be held at St Nics Church) £3.50 per child (£5 per family) Snacks provided. No booking required, just turn up on the day. Children are the responsibility of their parent/carer at all times.

For more information see the DAG and Scallywags Facebook pages or contact parkerviv@aol.com

September Programme

(Activities will resume at St Nics Church)

Week commencing Monday 1st September

Craft Café & Art Group: Please note new time Monday 10:00 – 12:00

Music Club: Please note new time Wednesday 15:15 – 16:45

Table Tennis: Wednesday 18:00

Bread & Babes: Thursday morning 09:00 – 11:00 (Term Time)

Viv Parker

Barefoot Angel – Dance Fitness

With the changes a foot at The Zone I wanted to clarify the dates and locations of our classes:

Fridays 1st and 8th August 10:30 Dance Fitness The Zone.

Future classes move to St Nics Church Donderry and for August are to be held on Fri 15th, 22nd and 29th all starting at 10:30.

Continuing at St Nics our September dates and times change to Tuesdays – 2nd, 9th, 16th, 23rd and 31st but now starting at 09:15.

Emma - emma.barefootangel@gmail.com

St Germans Snooker Club

St Germans Snooker Club is raising money. The main motivations for this project are to make the Club energy efficient and to increase the membership of the Club, especially for young people. While the popularity of snooker has reduced, we still have an active membership with some young players coming through and we participate in our local Liskeard and District league. The Snooker Club is currently sustainable, although we have no contingency left due to the increase in electricity costs over the last two to three years, and, with the likelihood of them continuing to rise, we are concerned that we may not be able to continue into the medium term.

The Club has been neglected for many years due to a lack of funds and we are raising money to refurbish it with a new cloth for the table, a new carpet and seats, new heating and a new ceiling so that it is a warm and welcoming community space. If we can modernise the Club and fit new energy efficient heating and a fully insulated ceiling our costs will be greatly reduced and it will ensure that, moving forward, we are a viable and going concern. It will also mean that our energy and carbon footprint are brought in line with present day best practice.

We have been successful in applying for a grant to Sport England, however, the money will only be given to the Club if we can match fund this, and as part of this process we have set up a Crowdfunder page. Every single contribution, whatever its size, will help towards us meeting our target so if you are able to make a donation to support this important community facility please go to:

<https://www.crowdfunder.co.uk/p/st-germans-snooker-club-refurbishment> or use the QR code below.



We have recently held a prize draw and will be holding other fund-raising events in the coming weeks and months. So far, we have raised in the region of £700 but our target is much bigger so please share this among anyone you know who you think would like to support us.

Nick Avis, Secretary, St Germans Snooker Club.

British Legion Coffee Morning

Due to the school holidays, the next Coffee morning at British Legion Tideford will be Monday 8th September 10:30 - Midday. Coffee and cake only £2.50 proceeds to the Poppy Appeal.

Looking forward to seeing you all. Everyone is welcome.

Julie Luscombe

Community Bus News

The Community Bus Association continues to support a packed bus schedule with its weekly trips to Plymouth and Liskeard and monthly trips to Totnes, Tavistock, Looe and Truro. A full schedule is attached for August with key excursions and events posted for September and October. The main excursion in August is the **UK Fireworks Competition** – 14th August viewed from Mount Edgecombe leaving Broads Yard at 20:00 - £5 per person. Book early to avoid disappointment! For an up-to-date list of all future events please see our website pages at <https://www.dscombus.com/events>. For those regulars amongst you, please note there have been a few small price increases to some of our journeys.

DRIVERS WANTED. Whilst we currently have sufficient drivers to maintain our current schedule, there are periods, particularly over the holiday periods, where availability of drivers can be a challenge. I would very much like to add to our driver pool and you may have noticed a few adverts popping up around the villages asking for volunteer drivers. If you feel you could help or know of anyone potentially interested, then please do let me know and I will follow up (email - dscombus@gmail.com). If you passed your driving test before 1st January 1997 then you automatically qualify to drive the bus and once you have received our future schedules, you can choose to do as little or as much as you like. More information can be found at <https://www.dscombus.com/volunteers>.

The Bus Association is truly blessed with the spectacular support it receives from a variety of fund-raising sources. Our website is regularly updated to keep everyone up to speed with our fund-raising events with the Smugglers Inn Quiz and Bingo nights increasing in popularity and our morning coffee/afternoon teas at the Village Hall also attracting a sizable attendance (refreshments, raffle, 300 Club draw and quiz). I know it is a bit early but tickets to the Line Dancing at the Smugglers Inn on 20th September are already starting to shift! Thank you so much everyone, organisers and attendees alike, for your continued backing and in ensuring our bus services have a bright future. (All events can be found at: <https://www.dscombus.com/events>).

Rob Gascoigne - Chairman
dscombus@gmail.com

Downderry Bus 300 Club

The lucky winners for the July Club draw are:

1st. No. 44 - Lynne Rees. 2nd. No. 89 - Elsa Guilfoyle. 3rd. No. 131 - Margaret Gray.

Thank you everyone.

Jo Woodley – 01503 250489

August / September and October 2025

DATE		DESTINATION	DEPART	LENGTH OF STAY	FARES SINGLE	FARES RETURN
<u>August</u>						
Friday	1	LOOE	11.30am	3 Hours	£2.00	£4.00
Tuesday	5	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Thursday	7	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Friday	8	TOTNES	9.30 am	4 Hours	£5.00	£10.00
Tuesday	12	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Thursday	14	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Wednesday	13	Tea, Biscuits and mini quiz at <u>VILLAGE HALL</u> , £3.00			10.30 am -12.00	
Thursday	14	Fireworks competition	View from Mt Edgcumbe Leave 8.00pm			£5.00
Tuesday	19	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Wednesday	20	TRURO	9.30 am	4 Hours	£5.00	£10.00
Thursday	21	Liskeard	9.30 am	2 Hours	£2.00	£4.00
Tuesday	26	Plymouth	9.30 am	4 Hours	£3.00	£5.00
Thursday	28	Liskeard	9.30 am	2 Hours	£2.00	£4.00
<u>Excursions/Trips for SEPTEMBER</u>						
Friday	5	LOOE	11.30am	3 Hours	£3.00	£5.00
Friday	12	TAVISTOCK	9.30 am	4 Hours	£5.00	£10.00
Wednesday	17	TRURO	9.30 am	4 Hours	£6.00	£12.00
Friday	26	Trevibban Mill, Vineyard and Orchard	9.30 am	£ Tour and tasting TBA		Bus £12
<u>Excursions/Trips for October</u>						
Wednesday	1	EXETER	9.30 am	4 Hours	£8.00	£15.00
Friday	5	LOOE	11.30am	3 Hours	£3.00	£5.00
Friday	10	TOTNES	9.30 am	4 Hours	£5.00	£10.00
Wednesday	15	TRURO	9.30 am	4 Hours	£6.00	£12.00
Friday	24	Davidstowe Airfield Museum and Cheese	9.30 am	entry TBA		Bus £11

TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250944 [Mon-Fri 9.00am-5.00pm](#)

Disclaimer: the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.

Lynher Church St Germans

After so much planning and preparation, our 200th Anniversary Weekend is over. We were truly blessed, the weather was glorious and we were able to join in events with lots of friends old and new. We look forward to continuing the year in this way.

In August we have our usual Sunday services at 10:30 except for the 31st August when we join our friends at Crafhole. Also on the 31st we are holding a Sankey Afternoon (outdoors weather permitting) at the chapel, here in St Germans. This will be led by Julian Langston at 15:30.

On the 16th August is our Charity Coffee and Cake Morning. This is from 10:00 to 12:00 and the charity is Cornwall Air Ambulance. Please come, have a coffee and chat and support this wonderful charity.

In September our services are as usual. On the 14th September is our Harvest Festival at 10:30 which will be led by Rev Jonathan Budd. All produce in the form of canned or dried foods please for the food bank. After the service we are holding a faith lunch to celebrate God's gifts to us. Everyone is warmly welcome.

Our September Charity Coffee and Cake Morning is on 20th from 10:00 until 12:00 and the proceeds are for the RNLI.

Again, you are warmly welcome to all our events. We have a policy of no charge but donations welcome. We hope you have a wonderful, refreshing summer come rain or shine.

Steve Gerrard

Downderry and Seaton WI

As I write this piece, our members have just spent a lovely, relaxed afternoon (and evening) of Pimms, Prosecco and Pizzas for our annual summer party. Thankfully it was cooler than recent days and rain held off until later in the evening.

Although we do not hold our regular meetings in August, we do have some excursions planned over the summer and will be back in September with our regular programme. Sadly our usual venue The Zone has been taken away from the community, so we will confirm the venue for our September meetings on our Facebook page.

If you would like further details regarding our group please email us downderryandseatonwi@gmail.com

Julie Green, Secretary

Hessenford WI

July was our last meeting before our summer break and we had a young visitor. Milly, the granddaughter of one of our members came to talk to us about her visit to Kenya with Young Farmers. While there Milly took part in various community projects, setting up gardens to grow vegetables for much needed food. One of the gardens enabled a school to provide pupils with a free meal when some would otherwise have had nothing. We were given an

insight into the lives of the women of the area, something of great interest to our members, who are always keen to understand the way women across the world live. There were, of course, tea and biscuits before we rounded off the afternoon with a short meeting to deal with WI business.

We have no meeting in August, but we are looking forward to visiting Looe lifeboat station in September.

Jackie Holland, President.

Simple Ways To Save The Planet



More houses are being built, there is regularly a shortage of rainfall and, as far as I am aware, no additional reservoirs are being constructed to mitigate the situation. It is fairly likely that in the next few years we will see an increasing pressure to reduce our water use. So, I thought it might be handy to give a few tips that we have had positive results from.

1. Plant drought tolerant plants.
2. Put water butts on drainpipes. As many as you can!
3. Don't use a hosepipe and only water when absolutely necessary. I find slogging watering cans about certainly helps me to prioritise. Accept that the lawn will go yellow - when rain returns grass is good at self-recovery.
4. Only flush the toilet when necessary - as the saying goes, "if it's yellow, let it mellow..."
5. Turn off taps when brushing teeth.
6. Only wash clothes when they are actually dirty; sometimes all they need is a spell on the washing line to air them. Synthetic clothes shed microplastics, so there is all the more reason for reducing how often they go in the machine.
7. Take a shower rather than a bath. Turn the water off while washing and shampooing. I usually have my shower cold, which is a great way of making sure I don't stay in too long!
8. Throw waste water over the garden.
9. If putting in a new toilet, consider a compost loo, especially outside. This way you also get free fertiliser in months to come.

Another flipside of drought is that it turns the ground rock-solid. As a result it acts like concrete, and heavy rain runs straight off and into rivers, causing flooding downstream. If you can, put in a pond and rain-garden, and avoid paving.

Finally support Cornwall Wildlife Trust's fundraiser to bring back beavers. They alone are the only ones doing anything about creating reservoirs, improving water quality, building ecology and reducing downstream flooding. If we had them on all our Cornish rivers and streams, then we might just escape the worst effects of increasingly dry and hot summers.

Lizzy Stroud

Rita's Rota – August & September Dates

AUGUST DATES:

1	10:00	Craft Fair (DSVH)
	10:30	Dance Fitness (TZ)
2	10:00	Craft Fair (DSVH)
3	10:00	Craft Fair (DSVH)
	10:30	Church Service (SGMC)
4	11:15	Pilates with Gocha (TZ)
	12:15	Pilates with Gocha (TZ)
	18:45	Yoga (TZ)
5	10:00	Coffee Morning (DSVH)
	10:00	Scallywags (TZ)
6	14:00	Badminton (DSVH)
8	10:30	Dances Fitness (TZ)
9	11:00	Cake & Coffee (HCH)
10	10:30	Church Service (SGMC)
11	11:15	Pilates with Gocha (TZ)
	12:15	Pilates with Gocha (TZ)
	14:00	Craft Café (TZ)
	18:45	Yoga (TZ)
13	09:30	Tap with Jill (SNCh)
	11:00	Dance Summer School (SNCh)
	14:00	Badminton (DSVH)
14	10:00	Scallywaggs (SNCh)
	14:00	Games Afternoon (DSVH)
	14:00	Thursday Club Mtg (EHSG)
15	10:30	Dance Fitness (SNCh)
16	10:00	Little & Bigger Breakfast (DSVH)
17	10:00	Producers Market (DSVH)
	10:30	Church Service (SGMC)
18	-	w/c 18 Deviock Cncl Mtg – details TBC
19	-	MOBILE LIBRARY DAY
20	14:00	Badminton (DSVH)
21	10:00	Qigong & Bagua (SNCh)
	11:15	Somatics (SNCh)
	14:00	Laughter Yoga (SNCh)
22	10:30	Dance Fitness (SNCh)
24	10:30	Church Service (SGMC)
26	10:30	Sound Bath (SNCh)
27	09:30	Tap with Jill (SNCh)
	11:30	7-12 yrs Dance (SNCh)
	14:00	Badminton (DSVH)
29	10:20	Dance Fitness (SNCh)
	18:30	Bingo (DSVH)
31	10:30	Church Service - Crafhole

Mobile Library:

St Germans - Alms Houses	09:45 - 10:05
St Germans - Quay Road.	10:15 - 10:50
Downderry - Inn.	13:55 - 14:35
Seaton - Car Park.	14:45 - 15:05

SEPTEMBER DATES:

1	18:30	St Germans Council mtg (TRBL)
2	09:15	Dance Fitness (SNCh)
	10:00	Coffee Morning (DSVH)
	14:00	Short Mat Bowls (DSVH)
	-	Hessenford Duck Race
3	14:00	Badminton (DSVH)
5	18:30	Drama Group Summer Play (DSVH)
6	18:30	Drama Group Summer Play (DSVH)
7	10:30	Church Service (SGMC)
8	-	w/c 8 Deviock Full Cncl Mtg – details TBC
	10:30	Coffee Morning (TRBL)
9	09:15	Dance Firtness (SNCh)
	14:00	Short Mat Bowls (DSVH)
	19:15	Drama Group (DSVH)
10	14:00	Badminton (DSVH)
11	14:00	Games Afternoon (DSVH)
	14:00	Thursday Club Mtg (EHSG)
13	-	All Day WellFest 2025 (DSVH)
	11:00	Cake & Coffee (HCH)
	19:30	Memorial Concert (SPPC)
14	-	All Day WellFest 2025 (DSVH)
	10:30	Church Service - Harvest Fest (SGMC)
16	-	MOBILE LIBRARY DAY
	09:15	Dance Fitness (SNCh)
	10:30	Coffee Morning (SNCh)
	14:00	Short Mat Bowls (DSVH)
	19:15	Drama Group (DSVH)
17	14:00	Badminton (DSVH)
20	10:00	Little & Bigger Breakfast (DSVH)
	10:00	Cake & Coffee (SGMC)
21	10:00	Producers Market (DSVH)
	10:30	Church Service (SGMC)
23	-	w/c 23 Deviock Planning Mtg—details TBC
	09:15	Dance Fitness (SNCh)
	10:30	Coffee Morning (SNCh)
	14:00	Short Mat Bowls (DSVH)
	19:15	Drama Group (DSVH)
24	14:00	Badminton (DSVH)
25	14:00	Thursday Club Harvest Fest. (EHSG)
26	18:30	Bingo (DSVH)
28	10:30	Church Service (SGMC)
30	10:30	Coffee Morning (SNCh)
31	09:15	Dance Fitness (SNCh)

BBB Bewshea's By The Beach; CB Community Bus; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EA Eliot Arms StG; EHSG Eliot Hall StG; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SNCh St Nicolas' Church; SNS St Nicolas' School; TC Tideford Church; TRBL Tideford RBL Hall; TZ The Zone Downderry; WVH W'gates V Hall

Entries for Rita's Rota should be sent to

nuttree.editor@yahoo.com by 17th of the preceding month. - Rita

(With the forthcoming closure of The Zone – please refer to the main body of text for news about any changes to the times and locations of your favourite DAG Activities.)

There is no Nut Tree in September. Copy is required by 17th September for the October edition.